



Stop The Stigma 5K Race Going Virtual - Page 6

State Of Emergency For Children - Page 4

YMCA Helps Restaurants Serve Quincy - Page 14



2

*****CAR-RT LOT**C-004
THOMAS CRANE LIBRARY
40 WASHINGTON ST
QUINCY, MA 02169-5304

The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 52 No. 34

Thursday, May 7, 2020

\$1.00



FOOD FOR FRONTLINERS - D'Angelo Grilled Sandwiches recently delivered lunch to employees at Harvard Vanguard Medical Associates in Quincy as part of Papa Gino's and D'Angelo's new Every Day Heroes program benefitting healthcare workers who are fighting the outbreak of COVID-19 in New England communities. Story on Page 4. *Courtesy Photo*

Health Commissioner Update On COVID-19:

'We're Not Out Of The Woods Yet'

By SCOTT JACKSON

Health Commissioner Ruth Jones on Monday said the infection rate of coronavirus in Quincy is decreasing but the city is not yet out of the woods.

Jones also said Walmart voluntarily agreed to close its Falls Boulevard store

Monday afternoon after 11 employees tested positive for COVID-19, the disease caused by the coronavirus, including one who died.

A total of 885 COVID-19 cases had been reported in Quincy as of Monday, Jones said during the City Council

Cont'd On Page 20

\$2 Million Available For Quincy Small Businesses

By SCOTT JACKSON

The city of Quincy is making \$2 million in grants available to small businesses that have been impacted by the COVID-19 pandemic.

Mayor Thomas Koch, U.S. Rep. Stephen Lynch, Quincy Chamber of Com-

merce President Tim Cahill and city planning director Jim Fatseas announced the establishment of the grant program on April 30. Applications were made available online immediately at quincy.gov and will remain open until May 15.

The funding for the pro-

gram will come from the federal government. Koch said \$1 million would come from the Community Development Block Grant (CDBG) program and another \$1 million is from the Coronavirus Aid, Relief and Economic Security (CARES) Act.

The goal of the program, Koch said, is to help ensure the city's small businesses would be able to re-open.

"A mom and pop store with a few employees that just lives on their income, they are hurting right now. This program that we're

Cont'd On Page 11

Virtual Graduations For HS Seniors

By SCOTT JACKSON

The graduation ceremonies for seniors at the city's two high schools will be held virtually next month amid the coronavirus pandemic.

City officials are also looking into other ways to

honor the graduating seniors later on in the summer.

School Supt. Dr. Richard DeCristofaro on April 29 told the School Committee the graduation ceremonies would be moved online this year. The two ceremonies will be held on their origi-

nal dates - Quincy High's graduation is on June 8 and North Quincy High's graduation is on June 9, both starting at 6 p.m.

"We're working very, very hard on it and I think it's going to be something that our parents and our

students will never forget," DeCristofaro said. "I think it's a great thing for our seniors."

Laura Owens, the assistant to the superintendent, said school officials are still working out details on

Cont'd On Page 3

Blood Drive May 19 At Nickerson Post

The American Red Cross will hold a community blood drive Tuesday, May 19 from 2 p.m. to 7 p.m. at the Robert I. Nickerson Post, 20 Moon Island Rd.,

Squantum.

Call 1-800-RED CROSS (1-800-733-2767), 617-909-0207 or 617-642-1089 or visit RedCrossBlood.org to

schedule an appointment.

Save time by visiting RedCrossBlood.org/Rapid-Pass to complete your pre-donation reading and health

history.

The COVID-19 crisis has made the need great for blood so donations are encouraged.



FACE-COVERED fireman's statue outside Quincy Fire Headquarters on Quincy Avenue reminds passersby that masks and face coverings are now mandatory in Massachusetts in public places where social distancing is not possible. The mask and face covering was ordered by Gov. Charlie Baker.

Photo Courtesy Nancy McLaughlin



Board To Name Interim School Supt. - Page 2
\$23M Quincy College Budget Approved - Page 3
BBB: Coronavirus Price Gouging Is Up - Page 13

More Quincy news:

The Quincy Sun.com

South Shore Survival Bags Available For Sale

Three Quincy businesswomen have collaborated to offer "South Shore Survival Bags," a means of addressing local COVID-19 related needs and provide a way to support local small businesses.

Holly Nichols of H. Nichols Illustration donated her time and talent to create an image used on the tote bag and a t-shirt with the message of "together-apart." Jenn Ormond of Coffee Break Café and Caryn Smith of Caryn's Corner worked with 10 local businesses to supply the bags with needed survival essentials.

The bags include coffee from Coffee Break Café, Al's strawberry mojito jam, local honey, Purefections chocolates, a soy bean candle, scented hand sanitizer by Piper Dee Naturals, a cookie from Fratelli's Pastry Shops, a fashionable mask from Caryn's Corner, and a pass to a virtual fitness class at Commit To Be Fit.

"The net proceeds from the bags will go towards local food pantries and to local nursing home employees. It's our way of giving



south shore SURVIVAL BAG

THREE QUINCY BUSINESSWOMEN have collaborated to offer "South Shore Survival Bags," a means of addressing local COVID-19 related needs and provide a way to support local small businesses.

back to our community," the organizers said.

The price of the tote bag, including a t-shirt and all of the above items, is only \$75. You will be helping ten local businesses with your

purchase.

The tote bags can be picked up or delivered locally. Text or call 617-770-0536 or email caryncorn@aol.com to purchase your limited edition bag.

Over \$400,000 Disbursed To Landlords On Behalf Of Tenants For Rent In April

Quincy Hospitality Support Fund: Helping Those in Need

By TIM CAHILL
President
Quincy Chamber
Of Commerce

On April 2nd the Quincy Chamber was given the task of helping employees who worked in the restaurant and hospitality industry and have been impacted by the economic shutdown caused by the COVID-19 pandemic. Restaurants, hotels, caterers, bars, and other sit-in food establishments represented some of the earliest closures. During the first 30 days of the program the Chamber has received

over 500 applications for rental assistance through the Quincy Hospitality Support Fund.

This program was funded through an initiative of Mayor Tom Koch and with the financial support of the Quincy Affordable Housing Trust Fund. Through May 1st the Fund has disbursed over \$400,000 to landlords across the city on behalf of their tenants for rent during the month of April. We are now working through hundreds of applications in order to assist tenants for their rent for the month of May.

Anyone who works in the hospitality industry and been laid-off or furloughed can apply. Applications continue to be available on our website at thequincychamber.com under Quincy Hospitality Support Fund. Mayor Koch also committed a portion of the Affordable Housing Trust Fund to be allocated to Quincy Community Action for those out of work due to COVID-19 in non-hospitality related industries.

QCAP's application can be found at QCAP.org under Quincy Emergency Rental Assistance Fund.

School Board To Name Interim Superintendent

By SCOTT JACKSON

The School Committee was set to choose an interim superintendent when members convene Wednesday night.

Superintendent Richard DeCristofaro will be leaving his position in June to become the president of Quincy College. DeCristofaro has led the Quincy Public Schools since 2001 and began working in the district as a teacher in 1974.

The School Committee, which is responsible for hiring a new superintendent, voted on April 29 to post the interim superintendent's position internally through the end of Tuesday. Board members will then vet those candidates at Wednesday's meeting.

During the April 29

meeting, Mayor Thomas Koch, who is the committee's chairman, recommended the committee select an interim superintendent during its next session. He also suggested the board meet in person, instead of remotely, while still observing social distancing protocols to ensure members could communicate with each other without interruption.

Koch said he would prefer Kevin Mulvey, the school system's deputy superintendent, be named the interim superintendent.

"We are in a very challenging time and I think continuity and consistency is important," the mayor said. "I certainly would be advocating that the deputy superintendent would step up as the interim superin-

tendent, much like [how] in my other departments the deputy fire chief or the deputy whatever steps up in that role when somebody is out."

Committee member Doug Gutro said he would like the interim job posted before the meeting to ensure a fair process.

"We post it. All those that are potentially eligible to be an interim can indicate whether or not they want to be an interim," Gutro said. "If we get one, then we get one...and we can choose that one. But if we get multiple [candidates] who express an interest in being an interim, then that's a fair process."

Anthony Andronico, the vice chairman of the committee, said the public de-

Cont'd On Page 11

THANK YOU

2020:
The Year of the
Nurse and the Midwife

Thank you to all of the nurses and midwives who fight today and every day to keep us healthy and safe.

Join us in sharing your thanks!

Visit facebook.com/NurseImpactAwards and tell us about a nurse who deserves to be thanked.

Use the hashtag #ThankANurse

Labouré College

Educating nurses and healthcare professionals since 1892.
laboure.edu

Eastern
insurance

22 Locations

Auto • Home • Business
Life & Employee Benefits
Workers Compensation • Umbrella
Marine • Bonds • Professional Liability



Donald Uvanitte
Sr. Vice President
CIC, ARM, AAI, AU, AIS, CRIS, LIA

(617) 877-7663

(508) 270-5317

duvanitte@easterninsurance.com

382 Quincy Avenue
Quincy, MA 02169

Eastern Insurance Group LLC is a wholly owned subsidiary of Eastern Bank.
Insurance products: not insured by the FDIC or any federal government agency.
Not deposits of our guaranteed by any bank.
©2016 Eastern Bank. All rights reserved.

M
A
Y

7

2
0
2
0

\$23 Million Quincy College Budget Approved

6 Percent Drop In Enrollment Projected

By SCOTT JACKSON

Quincy College's Board of Governors approved the school's \$23.03 million operating budget for the fiscal year that begins July 1, a number that college officials said could be subject to change amid the COVID-19 pandemic.

The board unanimously approved the budget for the city-owned college on April 30. The \$23.03 million operating budget for upcoming fiscal year, FY21, represents a cut of \$3.46 million compared to the current fiscal year. The board also approved the college's \$581,000 capital expenditures budget for the new fiscal year, which is up from \$171,500 this year.

Daniel Asquino, the college's interim president,

said the budget for the upcoming fiscal year projects a 6 percent drop in enrollment. He noted, however, that the school has stepped up its efforts to recruit new students who may decide against moving on campus at a four-year school in the fall because of the financial uncertainty caused by the pandemic.

Asquino said he expects the board would need to make changes to the budget later this year as the pandemic continues to unfold.

"Things are going to change," he said. "We don't know what will happen."

Martin Ahern, the school's vice president of finance, said the administration projected a deficit of \$4.5 million when planning for the FY21 budget began

in December. The school is now expected to end the new fiscal year with a surplus of \$64,000.

Ahern said the administration made cuts to personnel to help balance the budget. Administrators were able to reduce spending on salaries for adjunct professors by re-organizing class schedules, for example.

The school was also able to negotiate a \$400,000 rent credit in the new fiscal year for the space it leases inside Presidents Place in Quincy Center, Ahern said.

In addition, the college will be increasing technology fees and registration fees next year.

Mary Jo Brogna, who is the chairwoman of the board's finance committee, credited the college administration for presenting a

balanced budget.

"We know we have challenges going into the year," she said. "The administration did a tremendous job trying to balance this budget."

Brogna, like Asquino, said the college's budget is subject to change in the coming months.

"We need to be nimble as we move forward because we don't know what things will look like," she said.

Brogna said two key dates to watch are May 15 and June 1. May 15 is the deadline to apply for admission to the college's nursing program in the fall and June 1 is the start of the school's first summer session.

Asquino said the college's summer programs will all be held online this year. The school plans to have half of its courses online and half in person for

Cont'd On Page 26

Virtual Graduations For HS Seniors

Cont'd From Page 1

how the virtual ceremonies would work.

"They are still discussing how they are going to do it," she said the day after the committee meeting. "The details are still in development."

Committee member Paul Bregoli asked DeCristofaro if he had considered pushing back the graduation ceremonies to a later date. Bregoli said he had spoken to several students who wanted

some sort of ceremony later in the summer.

"I've been asked by several seniors what the status of graduation is. They were hoping for something later on in the summer where they could all be together," Bregoli said.

DeCristofaro left open the possibility of an additional event later in the summer, depending how the coronavirus situation plays out in the coming months.

"If things change, who

knows — maybe there is something we can do — but right now, I would suggest it wouldn't be the safest plan," DeCristofaro said.

Mayor Thomas Koch — who said the city's annual Flag Day parade in June might be cancelled this year — said he would be open to hosting an event in the summer for the graduating class, provided it is safe to do so.

"I'd be open to be involved in something later in the summer, provided that

the world is in much better shape, particularly our world," Koch said. "There are probably some things we could kick around that I would be happy to secure funding for in some way to make some kind of a special day and memory for them in lieu of the graduation ceremony."

One idea Koch suggested during the meeting was a field day for the graduating seniors at Pageant Field.

Fire Destroys Car In P.O. Parking Lot

By SCOTT JACKSON

A car was left totaled after it caught fire in the parking lot outside of the Quincy Center post office on Monday morning.

Capt. Kevin Bythrow of the Quincy Fire Department said firefighters were called to the parking lot shortly before 9 a.m. on Monday. Firefighters were able to limit

the damage to the car that was on fire, Bythrow said, though the car was totaled.

"It pretty much had it — totaled," he said.

Firefighters were able to clear the scene just after 9:30 a.m.

Bythrow said the owner of the vehicle told firefighters there was a squirrel's nest inside the engine compartment.

Dina's Hair & Nail Unisex Salon

5 School St., Quincy
617.479.1797

Adult Cuts	\$9 ⁰⁰
Color	\$30 ⁰⁰
Hair Cut & Blowdry	\$25 ⁰⁰
Matrix Perm	\$40 ⁰⁰
Wax, Lip & Eyebrows	\$6 ⁰⁰

Includes wash, cut & style
WE ALSO DO EXTENSIONS
1st time clients only

Check for Post call Dina for more info.

WE'RE OFFERING

in-store pick up and call ahead ordering

TO BEST SERVE YOU RIGHT NOW.

Order online at www.coffeebreakcafe.net

TRY OUR FLAVOR OF THE MONTH IN MAY

CINNABUN

SEASONALS

White Chocolate Mousse
Red Velvet Cupcake

12 Old Colony Avenue
Quincy: 617-773-9420

24 Central Avenue
Milton: 617-696-2326

680 Truman Parkway
Hyde Park: 617-910-9175

Now Open!
102 Franklin Street
Quincy: 617-481-5257

Coming soon:
479 Washington Street
Quincy



Thank you to all the first responders, healthcare providers and essential personnel for everything you are doing for others in these most difficult days

We are grateful for you and we thank you most sincerely for your courage and dedication. Your heroism during this time will be remembered and honored always.

And thank you to our customers

Your willingness to be flexible and your patience under these extraordinary conditions is deeply appreciated.



COLONIAL FEDERAL SAVINGS BANK
"Your neighborhood bank!"

QUINCY: 15 Beach Street 617-471-0750
1000 Southern Artery (Residents only) 617-479-1430
HOLBROOK: 819 South Franklin Street 781-767-1776
EAST WEYMOUTH: Middle & Washington Streets 781-331-1776
ONLINE: www.colonialfed.com



The Quincy Sun

(USPS 453-060)
Published Weekly on Thursday by
The Quincy Sun Publishing Co., Inc.
1372 Hancock St., Quincy, MA 02169

Robert H. Bosworth
Publisher and Editor

Henry W. Bosworth, Jr.
Founder
1968 - 2009

\$1.00 per copy newstand • \$40 per year in Quincy
\$42 per year by mail outside Quincy • \$50 out-of-state

Telephone: 617-471-3100 Fax: 617-472-3963

online at: www.thequincysun.com

email address: thequincysun@verizon.net

rbosworth@thequincysun.com

Periodicals postage paid at Boston, MA
Postmaster Send address change to:
The Quincy Sun, 1372 Hancock St., Quincy, MA 02169

The Quincy Sun assumes no financial responsibility for typographical errors in advertisements but will reprint that part of an advertisement in which the typographical error occurs.



Moments
in time

THE HISTORY CHANNEL

• On May 20, 1506, Italian explorer Christopher Columbus dies in Spain. Columbus, and most others, underestimated the world's size, calculating that East Asia must lie about where North America sits on the globe.

• On May 23, 1701, at London's Execution Dock, British privateer William Kidd, known as Captain Kidd, is hanged for piracy and murder. In 1695, Kidd was commissioned to defend English ships from pirates in the Red Sea. When arrested with a shipload of treasure, Kidd's Whig sponsors failed to back his claims of legitimacy.

• On May 19, 1715, the colony of New York passes a law making it illegal to "gather, rake, take up, or bring to the market, any oysters whatsoever" between the months of May and September. The regulation was intended to help preserve certain species.

• On May 24, 1844, before members of Congress, American inventor Samuel F.B. Morse dispatches a telegraph message from the U.S. Capitol to a railroad station in Baltimore. The message -- "What Hath God Wrought?" -- was telegraphed back to the Capitol a moment later.

• On May 18, 1917, six weeks after the United States formally entered World War I, Congress passes the Selective Service Act, giving the president the power to draft soldiers. Of the almost 4.8 million Americans who served in the war, some 2.8 million were drafted.

• On May 21, 1901, Connecticut becomes the first state to limit the speed of motor vehicles to 12 mph in cities and 15 mph on country roads. As late as 1930, a dozen states had no speed limit, while 28 states did not even require a driver's license.

• On May 22, 1969, actor Paul Newman makes his on-screen racing debut in the film "Winning." Newman played a struggling race car driver who must turn around his fortunes by winning the Indianapolis 500.

(c) 2020 Hearst Communications, Inc.
All Rights Reserved

Papa Gino's, D'Angelo Salute Hungry Heroes With Free Meal Deliveries For Healthcare Workers

D'Angelo Grilled Sandwiches recently delivered lunch to employees at Harvard Vanguard Medical Associates in Quincy as part of Papa Gino's and D'Angelo's new Every Day Heroes program benefitting healthcare workers who are fighting the outbreak of COVID-19 in New England communities.

Everyday Heroes program donates meals to healthcare facilities who are fighting the outbreak of

COVID-19 in New England communities. This includes hospitals, assisted living facilities, medical offices, urgent care clinics and other healthcare facilities.

The program delivers 16 X-Large Papa Gino's Cheese Pizzas or 3 D'Angelo's Sandwich Boxes that include 10 sandwiches and chips each to dedicated doctors, nurses and other healthcare workers.

The two brands' month-

A State Of Emergency For Children

Protection Leaders Ask Public Help

Child protection leaders are asking the public's help in detecting ongoing child abuse while the COVID-19 shut-downs keep kids away from the adults who normally step in to help.

Reports of child abuse have plummeted, even as family stress factors like job insecurity, food insecurity, and sickness have disproportionately increased in March and April -- which, in a cruel irony, is Child Abuse Prevention Month.

Mandated reporters for child abuse include teachers, medical providers, therapists, and clergy. None of those groups are having in-person interaction with children during the state of emergency.

The heads of the Massachusetts Children's Alliance, Massachusetts Office for Victim Assistance (MOVA) and Children's League of Massachusetts are issuing an unprecedented joint call to the general public for help detecting possible abuse and alerting officials who can intervene to protect those children.

Whether it is neighbors seeing kids outside at play, out in public with adults, or relatives and teachers interacting with them via Zoom or other video exchange, anyone having contact with children is urged to look for these signs:

1. Physical appearance: signs of bruises, marks, injuries, hygiene, or attire
2. Environment: signs of violence, drug and alcohol abuse, or family dysfunction
3. Behavior and affect: change in mood or presentation, distress, or outcries of abuse
4. Engagement: changes in participation, interaction, and communication
5. Supervision: access to a responsible adult and their level of involvement.

A child experiencing abuse may show these signs. You

How Has COVID-19 Changed Us?

By ELLEN CORA

Political Liaison at the
Association of Mature
American Citizens

America weathered the Great Depression, two World Wars, other conflicts and upheavals during the past centuries -- all rife with uncertainties and personal sacrifice. Few lived through these trials unscathed. There were huge losses of life and fortunes. Many people were forever changed as a result, but as a people, Americans survived.

In recent decades, we have experienced organized, well-funded, efforts to destroy American government and culture as we know it and take down our Electoral College and current president. Our governments, media and neighbors are strongly polarized -- from communists and progressive socialists, to moderate liberals and conservatives, to right-wing zealots. Many

aware citizens' daily lives -- belief systems and emotions -- are impacted to one degree or another by these forces of hate.

And now with the worldwide COVID-19 pandemic has virtually shut down America and other nations, except for essential services. Aside from the terrible death toll, widespread illness and economic devastation -- people wonder when, how and if ever it will all end.

Widespread use of face masks and gloves, social distancing and sheltering-in-place are all part of 'the new normal' -- which isn't normal at all. Loved ones are forbidden from visiting relatives in hospitals; large weddings and celebrations, plus live entertainment, just aren't happening and many poor lonely elderly persons are suffering unusually harsh isolation.

Whether COVID-19 was

should notify the Department of Children and Families (DCF) if you suspect abuse by calling the DCF Child-At-Risk Hotline at (800) 792-5200. Reports can be anonymous if necessary.

A report does not automatically trigger a child being removed from a home or a parent being in trouble; few reports result in either of those outcomes. The most common outcome is supplying services and supports to families that need them. Massachusetts has a comprehensive, trauma-informed system of response to child abuse allegations through the state's twelve Children's Advocacy Centers. DCF has a staff of well-trained, well-supervised, and dedicated social workers who screen reports to see what -- if any -- intervention or support services a child and family might need.

We are in a time like no other, with demands being made on everyone for our mutual safety. For more information about recognizing and responding to child abuse, Victim Services, and to make your voice heard, please visit our respective web sites below.

And watch the children around you as if they were your own.

• Thomas King, Executive Director, Massachusetts Children's Alliance

<https://www.machildrensalliance.org>

• Liam Lowney, Executive Director, Massachusetts Office for Victim Assistance

<https://www.mass.gov/orgs/massachusetts-office-for-victim-assistance>

• Tammy Mello, Executive Director, Children's League of Massachusetts <https://www.childrensleague.org/>

a terrible accident or an engineered social experiment -- America is, in large part, re-examining its traditions and culture. It can almost be guaranteed our nation will become less dependent on foreign countries for vital products and services. Less, if any, Rx medicines, will be manufactured overseas. Less of our foods will be processed or packaged in developing countries -- and these industrial shifts will bring more American jobs and new praise for the phrase 'Made in America.'

Even the most avid sports fanatic has learned how to live without arena or televised sports -- while at the same time people have growing awareness and respect for our true American heroes. These heroes include doctors, nurses, and other healthcare providers; law enforcement, fire/rescue squads and all participants in our vital food chain -- from the farmers, to warehouse and retail store workers -- and front-line checkout clerks at the market. Many of us have learned the difference between what we truly need and what we merely want. One wonders if athletes and actors might be paid too much, and the folks who help us survive may be paid too little!

Our at-home dynamics have changed, with those living in small spaces often having a tougher time than those with larger abodes. But working and schooling at home has shown what's possible through technol-

ogy -- saving commuting time, gasoline and inordinately high tuition. 'Too much togetherness' requires new strategies and techniques, but really catching up with family members can be priceless. Cooking at home can mean less wasteful packaging and healthier ingredients.

We are spending and buying less, cleaning and decluttering our homes and enjoying nature more on our fresh-air walks. Life can seem lonelier now for singles and couples whose families have left the nest -- but we can all communicate by phone, e-mail or video, if we wish. We can also offer help to neighbors like never before.

Online purchases and delivery of food and medicine are essential for the ill and frail elderly, with shipping companies thriving. Increasing stress as the pandemic draws on will exacerbate pre-existing emotional instability or mental illness -- leading to destructive behaviors, drug and alcohol. More assistance needs to be available to many.

Lastly, many of us have the time to peruse various news media and discern objective stories from fake news -- and most of all -- with our current abnormal restrictions -- we are no doubt able to appreciate America's freedoms more -- to cherish the small things in life and be grateful for our exceptional American way of life.

Cont'd On Page 11

M

A

Y

7

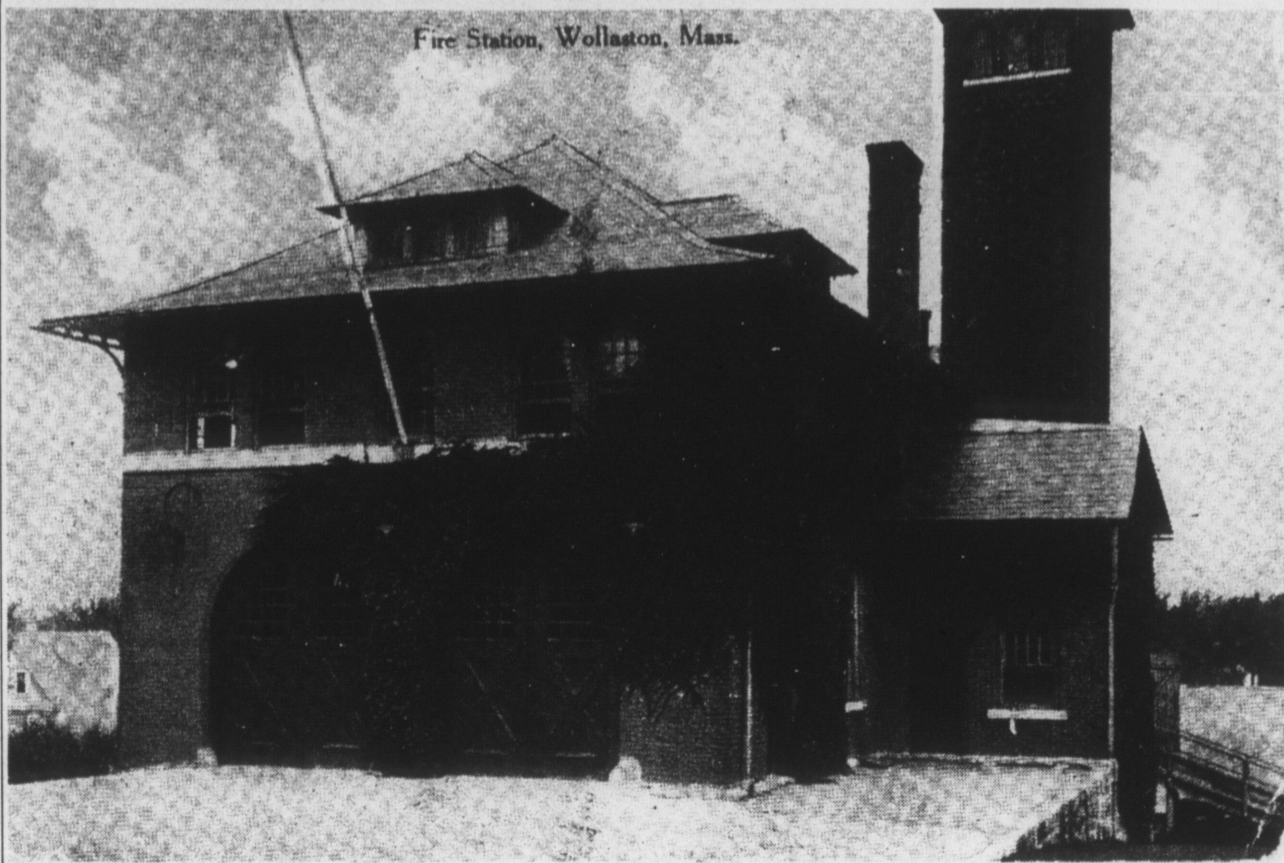
2

0

2

0

Scenes From Yesterday



Fire Station, Wollaston, Mass.

THIS IS A 1911 postcard view of the Wollaston Fire Station, or hose house as they were often called then, located on Beale Street in Wollaston. Built in 1900 of Italianate design this is Quincy's oldest standing fire station. It was built to house horse-drawn fire apparatus. A stable for the horses was in the rear with access via the ramp seen on the right. The lookout tower is a Wollaston landmark visible throughout the neighborhood; it is a reproduction of a 13th century Italian bell tower. The tower has a low-pitch tile roof over a corbelled eave, and an arched arcade. Today, the top of the tower is surrounded with an

array of antennas, and the classic wooden garage doors shown here have been replaced with powered aluminum overheads to accommodate large pieces of equipment. The station is home to two modern fire engines: Engine 4 and Ladder 2. Before this station was built, an early piece of fire apparatus, horse-drawn Hose #2, was kept in a wooden firehouse on the corner of Winthrop Avenue and Marion Street behind the Wollaston Congregational Church. The fire station building was added to the list of National Register of Historic Places in 1989.

From the Postcard Collection of Tom Galvin

South Shore Chamber Keeps Professionals Connected While Working Remotely

The South Shore Chamber of Commerce is offering new and former members a special membership that allows them to join with dues payment deferred to the July 1 through June 30 annual schedule.

During this time the Chamber is offering:

- Virtual networking like Coffee Connections and programming by industry with the Chamber's NPO (Nonprofits) Group; the Human Resource Group; and EAT South Shore
- Special briefings from state and local legislative

representatives and the US Chamber of Commerce as well as our own CEO Chat "40 with Forman"

- Access to small business resources
- Marketing your business through our SEO-rich online member directory
- Shout-outs on social media platforms
- Be In the Know - What's happening in local communities and in your backyard
- Be a contributor to our everyday advocacy and support of growing a stronger regional economy for the

South Shore

In addition the Chamber has a COVID-19 Resources and Protocol Webpage that is available to the public on their website. The webpage includes Member Provided Resources, webinars and online classes, Recovery Grants & Resource information, community support and updates and general COVID-19 information.

The website also runs a webpage for EAT South Shore providing updated information regarding regional restaurants and breweries on hours, options for food,

gift cards and more at www.eastsouthshore.com during COVID-19 Restrictions.

"Now is a great time to focus on your business and the unique ways you can market, connect, and ultimately be ready for the recovery phase," said Peter Forman, president and CEO of the South Shore Chamber. "During this challenging time we are working on ways to offer member-to-member engagement; serve as a business resource; and support you and your business needs now in a virtual manner."

READERS FORUM

Hiring New Superintendent Should Be Transparent

I was surprised to learn that Dr. DeCristofaro is retiring as superintendent of Quincy Public Schools in June. Quincy Public Schools is in the middle of a crisis trying to meet the varied educational, physical, and emotional needs of all the students and families affected by the extended school closure due to COVID-19. Without the stability of Superintendent DeCristofaro's continued educational leadership, dedication, and experience there is additional uncertainty around the re-opening of schools this fall.

I am very disappointed that Superintendent De-

Cristofaro chose to leave his position without guiding Quincy Public Schools through this crisis. This is an incredibly uncertain and challenging time for our City. This is not the time for a transition of educational leadership. I sincerely hope he will reconsider his decision and postpone assuming the Presidency of Quincy College.

The primary role of elected school committee members is to hire and oversee the superintendent. As the Quincy School Committee takes on the great responsibility and challenge of hiring a new superintendent,

I would like the members to remember that Quincy Public School families are significant stakeholders who need to be included in the recruitment process. Parents/guardians have an important perspective on what qualities are needed to fill the role and students are most directly impacted by the final outcome. A strong partnership between the community and the Quincy School Committee is key to finding the best educational leader to improve infrastructure, expand resources, and create policies to better prepare Quincy Public Schools for the next crisis,

and advance our school system through the next nineteen years.

Although these are unprecedented circumstances I urge the Quincy School Committee to ensure that the hiring of the new Quincy Public Schools Superintendent is as transparent, thorough, and fair as it would be at any other time. This is an opportunity for Quincy School Committee members to demonstrate their leadership and commitment to families during a critical transition for our school district.

Jennifer Chen
Quincy

Quincy's Yesterdays

This Week
1991
29 Years Ago

DPW Merger Plan Presented To Council

DPW Commissioner David Colton introduced a reorganization plan for the management of his department at a meeting of the City Council Finance Committee. However, Councillor at-large Michael Cheney called the plan an attempt to give large-scale pay raises to management personnel.

The thrust of Colton's plan would be to merge six management positions into four and create a team approach to the DPW's duties.

Cheney said two of the positions are presently unfilled and that the reorganization would create large pay raises for two men.

Colton would not confirm which of the employees would fill the positions. Colton's realignment would save \$46,000 and eliminate two positions. No vote was taken by the Finance Committee.

PARTNERSHIP SEEKS MEMORIAL FLAGS

The Quincy Partnership is asking families of deceased veterans to loan their Veterans Memorial Flags to the Partnership for use during the year's Flag Day Parade.

A Veterans Memorial Flag is given to the family of a deceased veteran by the Veterans Administration to be displayed on the casket during the funeral. Flags will be displayed prominently along the parade route. Each flag will have a banner attached bearing the name of the veteran.

"We feel this is a special way to honor our flag as well as the veterans who fought to protect it," said Ed Keohane, president of the Quincy Partnership.

QUINCYISMS

Linda Stice, 26 Phillips St., Quincy, announced her candidacy for a seat on the School Committee. Stice was a former coordinator of the Quincy Teen Mothers Program. Since 1970 she had worked as a teacher, social worker and administrator... Prevites, 72 Sumner St., Quincy Point, was advertising "Our Fabulous Party Platters, Starting at 15 People at \$28.50"... The Committee to Re-Elect Tom Nutley Ward Six Councillor was sponsoring an "Announcement Party" for Friday, May 3 at the Knights of Columbus Hall, Hancock St., North Quincy. Donation: \$10... The Quincy Sun Sunbeams Column noted that retired police officer Bill Draicchio had one of the best mustaches in Quincy, "Real thick and bushy"... The price of The Quincy Sun was 30 cents... Quincy Youth Council founders Michael D'Amico and Darren Kerfien were inviting teens 14-18 to join the Quincy Youth Council... The Board of Directors of the William B. Rice Eventide Home elected the following officers: William Jackson, president; Sheila McIntyre, first vice-president; former Mayor Frank McCauley, second vice-president; John Kerivan, treasurer and Joyce Haglund, secretary... The Quincy Lions Club was sponsoring a Glaucoma Screening Clinic, May 9 at the JFK Health Center, 1120 Hancock St. Dr. Domenic Strazzula will conduct the clinic... Quincy native General Gordon R. Sullivan, the newly promoted Commander of the United States Army, was scheduled to be the guest speaker at the 44th annual South Shore Men's Prayer Breakfast, Sunday, May 5 at the Freeport Hall in Dorchester... "For the Sake of Others" was the sermon topic chosen by Rev. Sheldon Bennett for his sermon at the United First Parish Church... The Quincy Republican City Committee was meeting at 7 p.m., May 14, at the conference room at Stop & Shop, Southern Artery, Quincy... Christ Episcopal Church held a dedication of the former rectory in honor of Rev. Chester Porteus and his wife Anna... J.B. Optical, 1361A Hancock St., Quincy Center, was offering "Hearing Aids Complete, 30 Day Trial, Two Year Warranty, For \$499"... Atlas Paint, 40 Hancock St., North Quincy, was advertising, "Paragon Paints, Made for People Who Hate Hard Work"... Burke's Seafood, 61 Billings Rd., North Quincy, was offering, "Two For One Dinner Specials Every Monday and Tuesday, Buy One, the Second Is Free"... The Wollaston Theater, 14 Beale St., was showing "The Grifters." Coming attractions included "Dances With Wolves"... Ed Flavin of Quincy was having an outstanding season for the Bentley College baseball team. In 15 games, the former Quincy High standout, was hitting .433 with 11 runs scored, five stolen bases and three RBI... Bryant Carter, Jr., 100 Faxon Rd., North Quincy, was elected chairman of the Quincy Park and Recreation Board. He succeeded Howard Crowley. Frank Santoro was elected vice-chairman, and Kathleen Mitchell, secretary... Youngsters from the Atherton Hough School raised \$313 to help people with disabilities in a recent Easter Seal HOP-N-ING... The following alumni at Quincy High School were recently inducted into the school's Basketball Hall of Fame: They include Robert Mattson (1930), Andy "Kelly" Pasquale ('47), Larry Doyle ('51), Billy Donovan ('62), Mike Jordan ('66), Jim Rendle ('66), Mike Cullen ('74) and Steve Priscilla ('81).

#StoptheStigma



KATHERINE VALLES, of Hanover, poses for a post-race photo at the Kennedy Center after a previous Stop the Stigma 5K run. The 2020 Stop the Stigma 5K, benefitting Interfaith Social Services' New Direction Counseling Center, will be a virtual race. Participants will run the 5K of their choice on May 24-25 and submit their finish times online.



JOHN SERAFINI, of Hingham, pushes his son in a stroller during a previous Stop the Stigma 5K race. The 2020 Stop the Stigma 5K, benefitting Interfaith Social Services' New Direction Counseling Center, will be a virtual race. Participants will run the 5K of their choice on May 24-25 and submit their finish times online.

Photos by Hurley Event Photography

Support Local Mental Health Care With A Virtual 5K Interfaith Social Services' Annual Stop the Stigma 5K Goes Virtual

With the safety of the community as a top priority, Interfaith Social Services has converted their annual Stop the Stigma 5K into a virtual event.

Participants are invited to run or walk a 5K of their choice any time during Memorial Day weekend, May 24-25 and then submit their finish times online. Register at StopTheStigma5K.org.

The annual Stop the Stigma 5K event, now in its

46th year, is held to erase stigmas surrounding mental illness and addiction and to support family, friends and neighbors affected by these issues. All proceeds benefit Interfaith's New Directions Counseling Center. Each registration entry provides the equivalent of one counseling session to a person in need.

Mental health care is critical, and even more so now as we all face the iso-

lation and anxiety of the coronavirus pandemic. The stresses of the outbreak have brought more people than ever to the New Directions Counseling Center.

"The extraordinary societal impact of the pandemic cannot be denied," said New Directions Counseling Coordinator Claire Hagan. "Many individuals will actually find new strengths. But for some, the response to this extreme situation

is depression and anxiety. Counseling is available during this stressful time. Our goal is to support adults, children, and their families in the optimal way for each unique situation."

New Directions serves anyone seeking counseling but prides itself on being a safety net for the uninsured and underinsured members of the community. The Center makes mental health care accessible to everyone by

offering a sliding scale payment system.

To join the virtual event, register at StopTheStigma5K.org. All registrations include a t-shirt and participants that submit finish times or photos after their run will receive a finisher medal. Prizes will be awarded to top fundraisers, and giveaways will be held for categories such as "Most Creative Running Attire" and "Most Scenic Route."

The Stop the Stigma 5K is supported by many generous local businesses, including top sponsors Arbella Insurance Foundation and The Heritage Companies, as well as gold sponsors Intely-Care and J. Calnan and Associates. Sponsorships are still available.

Find out more about the event at StopTheStigma5K.org. Information on the New Directions Counseling Center can be found at InterfaithSocialServices.org.

Teamsters Local 25 Waste Division Workers Keeping City Clean During Pandemic

Teamsters Local 25 members are working on the front lines in many jobs and industries during the COVID-19 pandemic, including the unsung heroes in the Local 25 Waste Division.

In Quincy, Teamsters Local 25 drivers working for Capitol Waste are working hard to keep the trash moving in neighborhoods and business districts. During the best of times, being a sanitation driver is among the most dangerous jobs in the nation. But during the COVID-19 pandemic, the danger and risk is greatly increased.

Teamster waste division members are putting their health on the line during the pandemic while also encountering dangerous materials on the job, including hospital gowns, needles, biohazard bags, ventilator tubes, discarded gloves and masks. This is all in addition to everyday dangers inherent with their jobs.

Teamsters Local 25 Waste Division members are working throughout the region for Capitol Waste and other companies such as Jet-a-Way, Republic Services, Sunrise Scavenger, Carney Recycling Solutions, Owens Hauling and Waste Support. Teamsters Local 25 of Boston is the largest Teamsters



TEAMSTERS LOCAL 25 members Dave Brennan and Frank Amodio, who both work for Capitol Waste, working in Quincy to keep trash moving and to keep residential and business neighborhoods clean during the COVID-19 pandemic.

Courtesy Photos

union in New England with more than 12,500 members.

For more information about Teamsters Local 25,

visit www.teamsterslocal25.com.

Two Quincy Students On Clark Dean's List

Two Quincy residents have been named to first honors on the Clark Univer-

sity Dean's List for the fall 2019 semester. They are:

Ryan C. Fiasconaro and Jing Yu.



TEAMSTERS LOCAL 25 member Frank Amodio working in Quincy for Capitol Waste.

'Voyage Of Mercy' Online Book Discussion May 12

"Voyage of Mercy", by Stephen Puleo, is Milton Library's selection for Milton Reads 2020. Now in its 10th year, the town-wide reading initiative creates a shared cultural activity by exploring one book together as a community.

This year, the Milton Public Library is excited to partner with the Forbes House Museum to create an even deeper Milton Reads experience.

Virtual programs and events begin in May and will continue throughout the year, starting on Monday, May 12 at 6:30 p.m. with an online book discussion led by Library Director Will Adamczyk, and followed by an online event on Wednesday, May 20 at 7 p.m. with Stephen Puleo, the award-winning historian and author of popular histories, such as *Dark Tide*, about Boston's tragic molasses disaster in 1919.

"Voyage of Mercy: the USS Jamestown, the Irish Famine, and the Remark-

able Story of America's First Humanitarian Mission," is a compelling story of tragedy, initiative, generosity, and hope. And it is a story with a strong connection to the town of Milton.

"This engaging book describes how shipping magnate Robert Bennet Forbes of Milton harnessed his wealth and influence to provide humanitarian support to Ireland during the Great Hunger, the famine in 1847," explains Library Director Will Adamczyk. "In selecting Voyage of Mercy, Milton Reads looks forward to bringing the community together in conversation about the themes of this story, which are still relevant today."

"Voyage of Mercy" tells how the American warship USS Jamestown, stripped of its weapons, sailed from Boston in March 1847 with food, clothing and supplies for the people of Cork, Ireland. The mission became America's first international relief, establishing an ever-

lasting connection between Boston and Ireland and spawning a commitment to national generosity and humanitarian outreach.

"The Milton Reads initiative and Puleo's inspiring story seem particularly suited to the time we find ourselves in right now. We hope that the virtual programs we've planned with the library will help the community connect with one another in a meaningful way despite our physical distancing," says Forbes House Executive Director Heidi Vaughan.

Electronic editions of "Voyage of Mercy" are available now, and hard copies of the book will be available to check out when the Milton Library reopens, or in the interim, through an online bookstore.

Look for further announcements at miltonlibrary.org and forbeshousemuseum.org.

Milton Reads 2020 is sponsored by Friends of the Milton Library.

Fit Factory Donates 1,000 Surgical Masks

Fit Factory has donated 1,000 surgical masks to first responders in Massachusetts and senior living centers in Braintree.

The current Centers for Disease Control (CDC) recommendation on utilizing face masks states that individuals in "public settings where social distancing measures are difficult to maintain" should wear cloth face coverings to avoid any spread of the virus. In light of this recommendation, the demand for masks has surged, especially amongst essential workers such as first responders and seniors.

Fit Factory has taken a special interest in these two

segments in particular. With their business positioned in the health and wellness space, the local health club feels it is their duty to not only support these groups through efforts such as monetary donations, but also through efforts to protect them from contracting coronavirus.

Brandon Bairros, director of operations, said: "No one should ever be afraid to go to work, and we hope that our donation will help those crucial front-line workers and residents feel even just a little more at ease."

Donating the 1,000 masks to these organizations is not the only thing

Fit Factory is doing to help. The health club has donated \$5,000 to the MA COVID-19 Relief Fund, hosted an American Red Cross blood drive, delivered "thinking of you" cards to assisted living centers, purchased staff meals from local restaurants, is providing social media shoutouts to local businesses who are still open, and is actively working with food banks.

Fit Factory Health Clubs was established in 2015 with a vision of giving members a luxury health club experience at an affordable price. It was founded by Boston natives Ryan Gables and Matt Genes.

Online: Weekly Guided Listening With Dr. Case

Weekly on Wednesdays through at least May 20 starting at 7 p.m., join Wheaton College music professor Del Case online via Zoom for a guided listening session exploring what makes wonderful music just so wonderful.

At the end of each weekly session, there will be a

poll to determine what to listen to the following week. Already explored include the best albums of 1970, the Beatles and the Rolling Stones, and singer songwriters. Tune in and help decide what to listen to next.

To join the program at 7 p.m. Wednesday, May 6, download and log in to the

Zoom app and enter 910 7052 5458 as the meeting ID, or call (646) 558-8656 for audio only and use the same meeting ID. You can also watch a live broadcast of the program on our YouTube channel.

This program is sponsored by the Friends of the Thomas Crane Public Library.

WHAT'S COOKING

with
Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



Stacey's Pasta With Black Olives And Cherry Tomatoes

By MARIE

Today's recipe was given to me by my granddaughter Stacey, who loves to cook and experiment with different recipes. She made today's pasta dish and brought me a helping to taste.

It was so delicious and different that I asked her to email the recipe to me and I am now sharing it with all of you.

6 plum tomatoes, cut in half
1 package of cherry tomatoes
1 small onion, diced
2 cloves of garlic, chopped
2 tablespoons of olive oil
1 cup of chicken broth
1 box of Rigatoni (or pasta of your choice)

2 cans of small black olives, pitted
2 cans of Italian tuna fish, drained
Grated Romano or parmesan

In a large skillet, sauté the onion and garlic in the olive oil.

Add both the tomatoes and chicken broth and mix well.

Then add the tuna and olives blending everything together.

Cook on low until well-blended and serve with a pasta of your choice.

While you are making the sauce, boil the pasta, and when pasta is ready add to the skillet and mix well.

You can top with grated Romano or parmesan cheese on top.

Spring Italian Style Potato Salad

By SUSIE

Potatoes have been (and still are!) demonized by "dieters" and the poor spuds have been lumped in with pasta and bread. These red (or purple skinned) potatoes are filling, comforting, contain fiber (mostly found in skin) B vitamins, iron, and potassium.

So, when eating potatoes, always eat the skin (that you have scrubbed well) and always choose organically produced potatoes.

1 pound red potatoes, scrubbed
3 tablespoons good balsamic vinegar
1/2 cup extra virgin olive oil
1/4 cup red chopped pepper
1/4 cup green beans (that have been steamed just until bright green)
1/4 cup chopped red onion
1 clove minced garlic
2 teaspoon raw honey
Sea salt and pepper to taste
3 tablespoons combined chopped fresh Italian parsley and chopped fresh basil

Boil potatoes for about 20 minutes or until tender. Drain and let cool.



Slice in half, then into about 1/2 inch slices. (If you like it chunkier just cut in half again until you are happy with size.) Place in bowl.

Steam green beans, if desired (you can put them in raw if you feel lazy!)

In separate bowl whisk oil, vinegar, garlic, honey, sea salt and pepper. Check for seasonings just by dipping finger in and tasting.

Toss with potatoes and rest of vegetables. Add in fresh herbs and toss again.

Taste a potato, and if you need more salt, sprinkle it over top and toss again.

Serve room temperature or cold. (I like this even better the next day!)

Beef, Sausage Stew Over Polenta

By MARIE

Even though the weather is getting warmer a dish of stew is still very inviting.

And so it was last week when I made a beef and sausage stew and served it over Polenta. Don't worry - I used the instant Polenta and the combo was delicious.

RECIPE

1 pound of stew beef (cut into bit-sized pieces)
1/2 pound of Italian sausage
4 tablespoons of olive oil
2 small onions, finely chopped
1/2 pound fresh mushrooms, sliced
Dash of Rosemary
1 clove of garlic, minced
1 small can of tomatoes
1 cup of frozen peas

Salt and pepper to taste.

Put the oil in a sauce pan and brown the chopped onions in it, add the beef and allow it to brown, stirring constantly.

After 10 minutes add the sausage also cut into cubes. Then add the mushrooms, salt, pepper, rosemary and chopped garlic.

Allow all to cook together 10 more minutes and then add the can of tomatoes.

Cook another 10 minutes and add the peas, cover and allow all to simmer until all the meat is done.

For Polenta: Follow directions on box or bag.

When serving place Polenta on bottom of a serving dish then spoon stew over it and sprinkle with grated cheese if you like.

18 Quincy Students Graduate UMass Amherst

Eighteen students from Quincy earned degrees in February from the University of Massachusetts Amherst.

They are:
Rachel Anna Bargoot,

Christopher Joseph Basler, Wei Cai, Stephanie Car-mant, Stephen Edward Condon, Eileen Mary Dev-ane, Ri Neng Huang, Yana Huang, Tien Phu Minh Le,

Cindy Lei, Yuting Lei, Yi Long Liu, Christopher Li-aga, Calvin Ma, Jared An-thony McCleary, Kevin Ng, Maeve Ann Riordan and Alexander Peng Wang.

Rogers Jewelry

1250 Hancock St., Quincy
www.RogersJewelry.com
617.773.3636



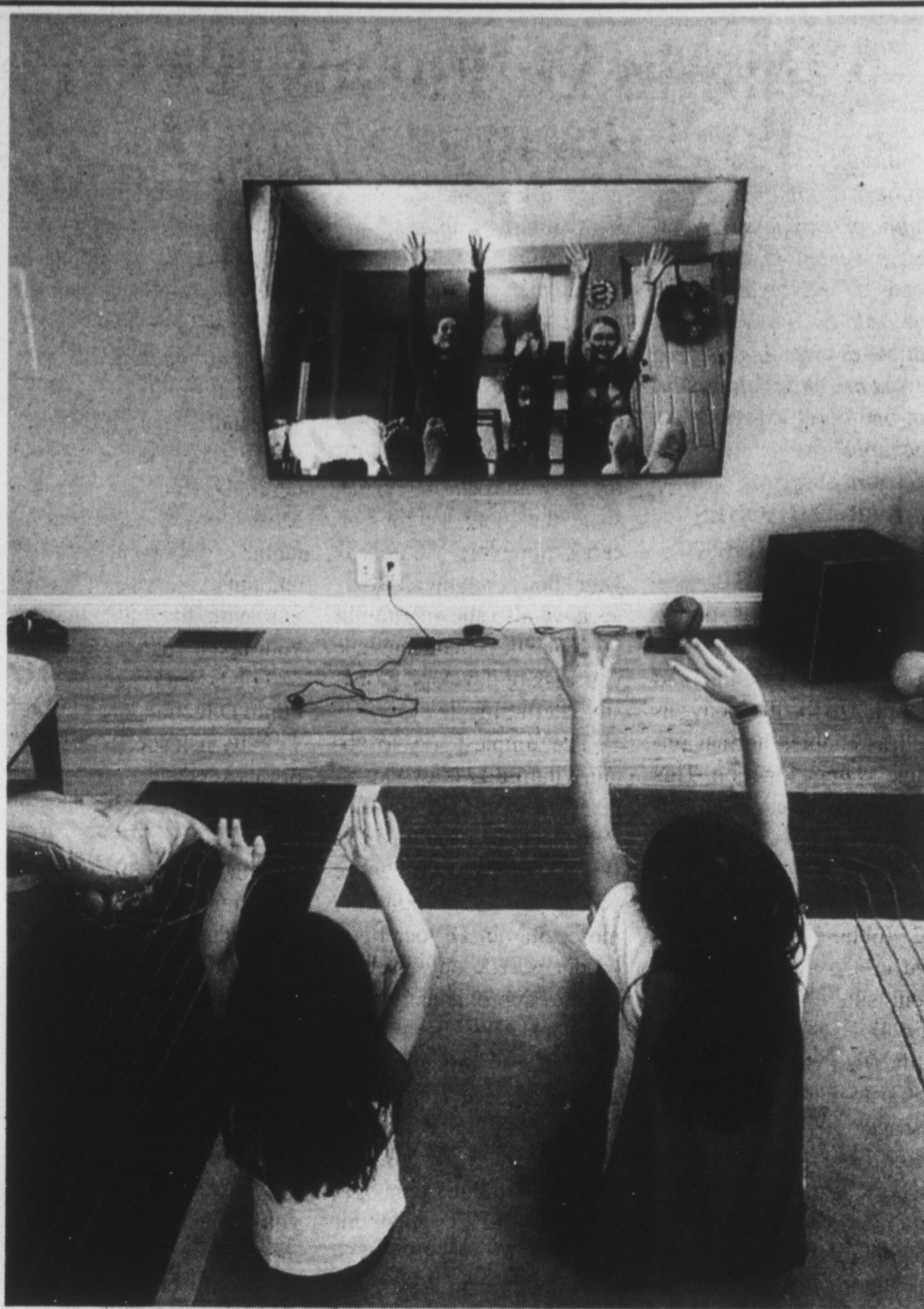
GOLD CHAINS
LOOSE DIAMONDS
WATCHES
ENGAGEMENT RINGS
ESTATE JEWELRY
FINE JEWELRY SALES
GRADUATE GEMOLOGIST
WE BUY GOLD

Rogers Jewelry continuing to serve Quincy for more than 60 years; A full Service Jewelry Store with a Graduate Gemologist on staff. We buy your unwanted jewelry and offer loans as well! We have new inventory daily so be sure to check in frequently.

NEW QUINCY LOCATION! 1250 Hancock St. Quincy, MA 02169



MEGHAN STANTON, a dance student at In Sync Center of the Arts, follows instruction online using a laptop computer in her home. *Courtesy Photos*



IN SYNC STUDENT Rosie Stafford takes a virtual dance class with her big sister.

Stay At Home Dance Students Stay In Sync With Online Classes

By MARK STANTON

The kitchen table has been moved to the living room. The laundry baskets filled with folded clothes are moved out of frame. A phone is videotaping my fifteen-year-old daughter as she performs her solo routine that will be submitted and edited together with other solo routines and will be broadcast on In Sync Center of the Arts Facebook page in three hours' time.

Mom, Dad, the solo artist and her younger sister set up the laptop and get ready for the show. The Facebook post announcing the time of the show is filled with pictures and comments from all of the studio families getting ready to watch the show on their devices. As the show starts Dad glances over at his dancer and he sees a big smile on her face. She has done lots and lots of dance performances, but nothing quite like this. We clap and cheer on the performances just as would if we were sitting in Milton High School watching the dancers live.

During these very uncertain times, with schools and business temporarily closing their doors, In Sync Center of the Arts has continued to offer almost a full schedule of dance and music classes online. Teri Mangiaratti and her staff have worked hard to establish an online presence that is just as strong and nurturing as their studio in Quincy has been for 24 years. Teachers finding space in their houses and apartments while students do the same. Dogs barking and interrupting the flow of class because they are not used to seeing their families doing pirouettes and splits on the living room floors.

And for this, one Dad is extremely grateful. Dance is a big part of my family's lives. Both of my daughters, ages thirteen and fifteen, have danced at In Sync since they were around five years old. My fifteen-year-old spends four nights a week in that dance studio with her friends. She performs so many different styles of dance this Dad could not even name them all. So, with schools and business shutting their doors, to help us bend the curve of COVID-19, a big part of my daughter's life was put on hold. The rehearsals for her upcoming performances cancelled and the uncertainty of if and when we will all get back to our normal everyday lives, having her be able to con-

nect virtually to her teammates has been a breath of fresh air.

My daughters have been a part of some amazing adventures with their In Sync dancing families. So, I was sad for them when the studio temporarily closed because I knew how much they would miss all of it. I say all of it, because this studio isn't just about dancing. It's much, much more than that. My children are growing up there. The teachers are not just there to teach a new combo or move, they are sometimes the perfect shoulder for their students to cry on or the smile they needed to see on a certain day.

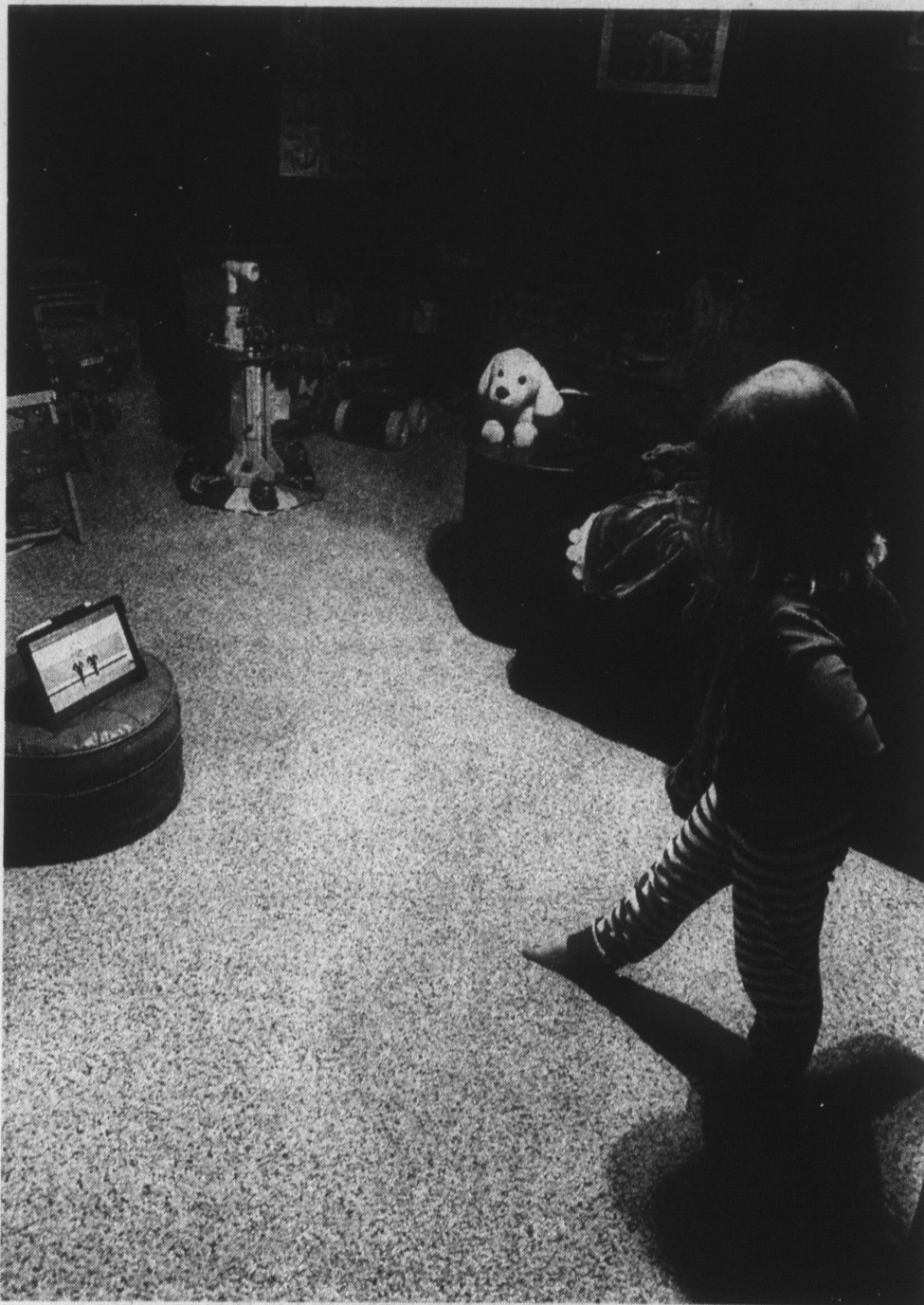
In all honestly, I was not surprised that Teri and her team developed an online class curriculum as quickly as they did. They never do anything halfway. From planning a trip to dance in the Walt Disney World parade on Main Street, bus trips to NYC, and every themed dance recital, the teachers are always going above and beyond for their kids. It's so obvious how much they care, how much they LOVE to teach.

Children, as we know, crave normalcy. With very little about what is happening now fitting into that category parents look for small little ways to bring familiarity back. Cooking a turkey dinner, watching a family movie or just maybe a quick

walk together brings little moments of peace. For parents, peace also comes from seeing your children smile

and hearing that sweet sound of their laughter. In Sync has brought that to daughters lives during this

extremely uncertain time and speaking for this one Dad, I am forever grateful.



MADELINE HARRIS takes a virtual ballet class with In Sync Center of the Arts from her playroom at home during quarantine.

M
A
Y

7

2
0
2
0

QUINT'S
House
of Flowers

Family Owned & Operated
Since 1919

761 Southern Artery
QUINCY

617-773-7620

Vitamin D: Forms, Deficiency, Supplements

Editor's note: due to the coronavirus outbreak and health emergency, Quincy Health Commissioner Ruth Jones is unable to submit new articles to The Quincy Sun. We are running some of her old health articles in the interim. The column below first appeared in The Sun three years ago.

**By RUTH JONES
MSPH, BSN, RN,
BC, CP-FS**

Vitamin D is a fat-soluble vitamin that regulates the absorption of calcium and phosphorus in the body, as well as enables normal immune system function. This vitamin is an essential nutrient imperative for strong bones.

Vitamin D has 2 forms: D2 (obtained from foods you eat) and D3 (obtained from sun exposure). Vitamin D is produced by the body when your skin is exposed to sunlight. You can also get vitamin D through specific foods and supplements. Your body needs vitamin D to assist in the absorption of calcium and phosphorus in your diet, that helps strengthen bones.

Vitamin D deficiency can cause bone loss, low bone density, and heighten your

A Message From The Quincy Health Department

chances of breaking bones. Vitamin D deficiency can also cause rickets in children and a condition called osteomalacia in adults. Symptoms may include weakness and bone pain.

Obesity is a risk factor for low vitamin D levels, since the more weight you carry, the more vitamin D your body requires. Studies have also shown vitamin D deficiency may increase your risk of developing obesity later in life.

The simplest way to obtain vitamin D is by exposing your skin to direct sunlight, specifically, ultraviolet B (UVB) rays. The more you expose your skin, the more vitamin D your body produces. You only need to devote approximately half as much time as it takes your skin to turn pink and get sunburned. This means if you are fair-skinned and typically start to become pink in 30 minutes, you only need 15 minutes of pre-sunscreen sun exposure to produce the vitamin D3 your body needs. The darker your skin, the more time you require in the sun to produce vitamin D. The amount of

vitamin D you get from sun exposure depends on a few variables such as, time of day, your skin tone, where you live, and how much skin you expose.

Usually, sun exposure is the best way to get the vitamin D your body needs. Most foods that contain vitamin D only contain trivial amounts and won't provide you with the total amount your body needs.

Foods that are high in Vitamin D include:

Fatty fish such as salmon or mackerel
Beef liver
Egg yolks
Milk
Orange juice fortified with vitamin D

Fortified cereals
Infant formulas

If you don't get enough sun exposure, and foods are unlikely to give you the amount of vitamin D your body needs, your doctor may recommend that you take vitamin D supplements. There are two forms of vitamin D: D2 (ergocalciferol), found in food, and D3 (cholecalciferol), produced by your body from exposure to sunlight. Most

over-the-counter vitamin D supplements contain vitamin D3, which is not usually vegetarian. If you have apprehensions about this, your healthcare provider may prescribe vitamin D2 supplements.

People may be at risk for vitamin D deficiency if they have an aversion to the sun, suffer from milk allergies, or stick to a vegan diet. People with dark skin may also be in jeopardy for developing vitamin D deficiency. This is because the pigment melanin diminishes their skin's ability to make vitamin D following sun exposure. Other risk factors for vitamin D deficiency include:

Covering your skin with clothing or SPF all the time
Obesity or gastric bypass surgery

Infants who are breastfed and not given a vitamin D supplement

Residing in northern regions where there are fewer hours of sunlight

Being older (your skin is thinner)

Pregnancy

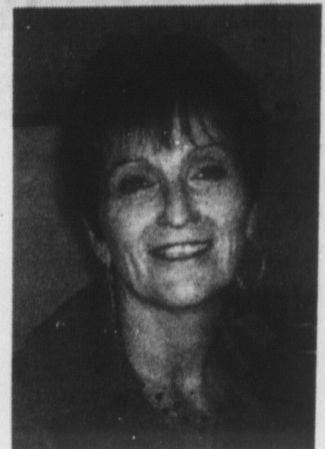
Vitamin D deficiency symptoms may be very unspecific. You might have aches, pains and fatigue or you may have no symptoms at all. If your vitamin D deficiency is severe, you may suffer from bone pain and reduced mobility. In adults, severe vitamin D deficiency is called osteomalacia, and

in children a severe deficiency can cause rickets (softening and weakening of bones). A simple blood test called the 25-hydroxy vitamin D test can measure levels of vitamin D in the blood.

The U.S. recommended daily allowance (USRDA) for vitamin D is 600 IU (international units) per day for those 1-70 years of age. Infants under 1 year need 400 IU, while adults 71 and older require 800 IU.

There is such a phenomenon as too much vitamin D. Vitamin D in excess of 4,000 IU can cause side effects such as anorexia, excessive urine output, heart arrhythmias, and kidney stones. Hypervitaminosis D occurs when people take too many vitamin D supplements. It is not likely that a person would get too much vitamin D from sun exposure because the body regulates the amount it produces. When there is too much vitamin D in the body, calcium levels rise and can lead to hypercalcemia. Symptoms of hypercalcemia include:

Anorexia
Excessive urine output
Heart arrhythmias
Fatigue
Excessive thirst
Dehydration
Constipation
Muscle weakness
Vomiting, nausea, and dizziness
High blood pressure



RUTH JONES

Organs Damaged by Long-Term Vitamin D Toxicity can include:

Heart
Blood vessels
Kidneys

Vitamin D supplements also have the ability to interact with several types of medications. Steroids can interfere with vitamin D metabolism and affect calcium absorption. Weight loss drugs including orlistat (Xenical, and Alli) and the cholesterol-lowering drug cholestyramine (Questran, LoCholest, Prevalite) can reduce your body's absorption of vitamin D and other fat-soluble vitamins. Drugs used to control epileptic seizures such as phenobarbital and phenytoin (Dilantin) can increase the metabolism of vitamin D and subsequently reduce calcium absorption. Statins and diuretics can also increase vitamin D levels. It is important to make sure that your healthcare provider is aware that you are taking any vitamin D supplements to avoid any complications.

Ruth Jones is the health commissioner for the City of Quincy.

Peak Physical Therapy Re-Opens Quincy Clinic For Treatment

Peak Physical Therapy & Sports Performance, a South Shore practice specializing in unique programs that provide comprehensive treatment in orthopedic, spine and sports medicine specialties, has re-opened clinics to provide patients that need in-person treatment with services. They will continue to treat additional patients virtually through Telehealth.

The clinics closed for two weeks out of concerns for the health and well-being of patients and staff. Peak Physical Therapy has re-opened their Quincy, Norwell, Pembroke and Scituate clinics and their Pelvic Health centers in Norwell and Scituate after implementing stricter precautions to provide an environment that is as safe as possible for patients. The Braintree and Hanover clinics remain closed at this time.

Precautions include:

- No more than 1 front desk receptionist and 2 therapists in the clinic at one time. Less than 10 people in the clinic at any given time
- All treatment sessions have been extended to 45 minutes to allow for less people in the clinic, and ample time to disinfect in between patients
- Treatment areas redesigned to maximize social

distancing

- Patients are asked over the phone whether they have any symptoms related to Covid-19 and asked to not attend if they do. The same questions are repeated upon arrival to their session

- Forehead temperature taken, and if over 100 degrees will not be permitted to attend session and asked to return to their doctor

- All staff and patients wearing masks

- Gloves are offered to all patients, but optional

- All patients asked to wash and fully sanitize hands before and after treatment

The current COVID-19 pandemic has allowed physical therapy practices

to temporarily treat patients through Telehealth and it is approved for insurance. This has allowed patients to continue their rehabilitation program from the safety of their homes. Telehealth enables the staff to perform initial evaluations of new patients as well as continue the rehabilitation programs for existing patients.

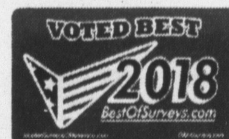
"As healthcare providers our top concern is the health and well-being of our patients. Our move to Telehealth physical therapy was and continues to be a great success but we are happy to re-open our clinics to treat our patients with every precaution in place," said Eric Edelman, PT, owner of Peak Physical Therapy & Sports Performance.

HEARING POWER IS BRAINPOWER

Learn how to engage your brain's full potential.
Schedule a hearing consultation today.

Tobias
Hearing Center

4
YEARS IN BUSINESS

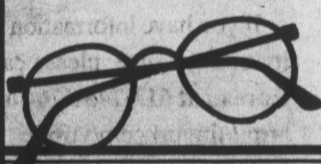


617.934.4656
Quincy • 382 Quincy Ave

We accept most insurance plans including MassHealth

TobiasHearing.com AUBIGY

See Your Future Clearly!



Everything from the simplest repair to the most advanced lenses and frames.

KING OPTICAL

20 School Street West • Braintree

(Off Washington Street)

(781) 843-2133

www.kingoptical.net

NeighborWorks Housing Solutions Provides Vital Services During Pandemic

With the COVID-19 pandemic exacerbating the financial state of many individuals and families, NeighborWorks Housing Solutions, a housing service provider in southern Massachusetts, is providing several crucial services to assist those in need.

In keeping with its mission, NHS continues to provide foreclosure counseling as well as landlord services, financial counseling, rental assistance, and other housing resources.

NHS will now be providing its CHAPA and HUD-certified homebuyer education for free online to all, information is available at www.nhsmass.org.

Additionally, NeighborWorks Housing Solutions is the only organization throughout southern Massachusetts that administers the state's Rental Assistance to Families in Transition (RAFT) financial assistance program.

On March 25th, Governor

nor Baker announced new funding under the RAFT program that will provide short-term emergency financial assistance for families and individuals to stabilize their situations. This program will help eligible homeowners and renters by assisting with mortgage payments, rent, utility bills, and other costs. This special program targets households facing instability as a result of a COVID-19 (coronavirus) related housing crisis due to a loss of wages or increase in expenses (e.g., medical expenses).

Currently NHS is experiencing double the normal daily rate of inquiries in the RAFT program. Since the governor's announcement of COVID RAFT funds, the organization has assisted 123 households that have been approved to receive RAFT funds, as well as another 214 households that have submitted their applications and are waiting for additional documentation to

move onto the next phase.

In all over 900 applications for assistance have been submitted with another 40 to 60 households on average joining the queue daily. In response, NHS has incorporated an "all hands on deck" mentality to help people move through the grant process more efficiently.

Those interested in applying for RAFT can visit the NHS website www.nhsmass.org or call 781-422-4204.

Additionally, NHS recently established a Housing Hotline (781-422-4208) for individuals or families with questions regarding evictions or foreclosures. All call lines offer assistance in multiple languages.

NeighborWorks® Housing Solutions also owns and operates more than 1,000 units of housing throughout southern Massachusetts.

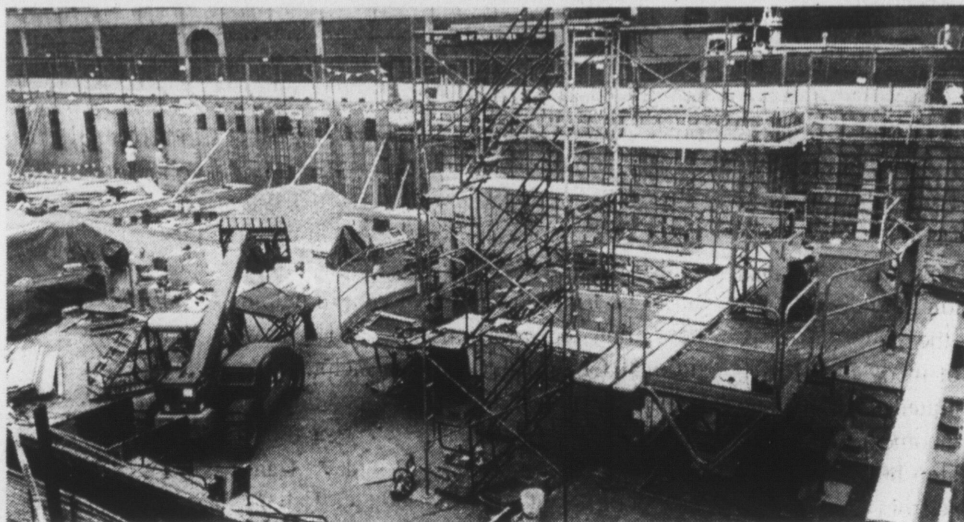
Construction work continues on three of its latest housing developments — a group home for adults with

intellectual and development disabilities in Quincy through a partnership with Work Inc., eight units of housing in Marshfield for formerly homeless veterans, and 48 units of affordable housing, known as Sycamore on Main. This development is located on Main Street in downtown Brockton and will feature mixed-use retail or restaurant space on the ground floor and one- and two-bedroom apartments on the four floors

above. This new development is expected to be completed and occupied by early 2021 and is one of several new exciting developments in downtown Brockton.

"We know our communities have been impacted deeply by the pandemic, and our cities and neighborhoods have been hit hard economically. Families are dealing with the loss of loved ones, and potentially their livelihoods," said Robert Corley, chief executive

officer of NeighborWorks Housing Solutions. "Our team has quickly mobilized electronically to help safely meet the needs of those in our community. We will continue to work with our partners and be a resource to those we currently serve, and those coming to us for the first time. Most importantly, we want people to know that they do not have to navigate through all of this alone, and we are here to help."



WORKSITE OF Sycamore and Main in Brockton. Courtesy Photo

On Wednesday, April 29, at approximately 9:35 a.m., Officers Kelley and Hartnett were dispatched to the wooded area behind Walmart located at 301 Falls Blvd. on the report of a possible assault with a knife. Knowing that the area is used as a large homeless camp, K-9 Officer Parisi, Anti-Crime Officers Dougan and Donnelly assisted.

Upon arrival, the officers approached numerous tents and tarps in the makeshift campsite surrounded by piles of trash and discarded clothing. Officers Donnelly and Dougan, who are familiar with many of the homeless population in the city, made contact with the female caller, who has a long history of drug use, namely Crystal Meth.

She told the officers she has been staying at the campsite for weeks and all was going well until a new female (the suspect) showed up a day earlier and started stealing the property of others. The campers approached the suspect and were able to get back their property. As a group, they told the suspect that she had to leave which she did.

This morning, the suspect returned to the campsite and

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

began accusing the victim and her boyfriend of stealing \$20 from her. She then pulled out a knife, pointed it in the direction of the victim and began yelling, "You can't separate me from my boyfriend" along with other obscenities.

The victim said the suspect and the male were in a dating relationship but it was over. At this point, fearing for her safety, the victim called "911."

Officer Donnelly questioned the suspect, who appeared to be on Crystal Meth, about what occurred and as he did this,



LT. DAN MINTON

he noticed her left hand fingers were curled upward into her sleeve. She was uncooperative and attempted to walk away but the officer, fearing for the safety of all involved, ordered her to drop the knife to which she refused. Officers Donnelly and Kelley grabbed her and swiftly removed the hidden knife.

The 29-year-old Fall River resident was placed under arrest and charged with assault by means of a dangerous weapon, to wit a knife. The black handled utility knife with metal blade and black tape wrapped around it was placed into evidence.

Officer Donnelly then checked the tent where the suspect's ex-boyfriend resided to make sure he was not injured. The male did not respond to the officer's verbal commands to wake up so he entered the tent to check on him. After shaking him numerous times, the male said he was a sound sleeper but was ok. Most likely he was faking his sleep so as not to get involved.

Nice Work!

QUINCY POLICE CRIME AWARENESS JOURNAL

Quincy Police Statistics

April 24 – April 30

Calls: 770

Arrests: 6

Stolen Vehicles: 1

FRIDAY, APRIL 24

LARCENY (PACKAGE), 11:39 a.m., Town Hill Street. Serviced.

VANDALISM/PROPERTY (TIRE SLASHED), 11:42 a.m., Eustis Street. Serviced.

VANDALISM/PROPERTY (GRAFFITI), 3:49 p.m., Hancock Street and Hollis Avenue. Sign on corner graffiti with profanity, wants sign taken down. Reporting person reports inciteful words sprayed over the original sign. Sign removed.

BREAKING AND ENTERING/PAST (DWELLING) 5:57 p.m., Water Street. Happened sometime in the last week and a half. Caller just returned from Chicago. There were squatters in the home when she was gone.

SATURDAY, APRIL 25

LARCENY (GAS), 11:56 a.m., Liberty Street Automotive, Liberty Street. Reporting party noticed gas caps all open to vehicles in lot; has suspect on camera walking up the tanks and either pouring something into the tanks or siphoning the gas from the vehicle.

SUNDAY, APRIL 26

LARCENY/MOTOR VEHICLE (BOBCAT TRAILER), 10:42 a.m., 40 Nelson St. Report to be filed.

LARCENY (MEDICATIONS), 1:45 p.m., Brook Road. Reporting party told officer will call her. Party not answering. Called back several times no answer. Caller

called back case given per Sgt. D. Flaherty.

LARCENY (4 COMPUTERS), 2:04 p.m., Hancock Street. Owner says storage in basement has been raided; four computers, monitors, speakers.

VANDALISM/PROPERTY (MOTOR VEHICLE), 3:48 p.m., Quadrant Circle. Caller reports someone she knows keyed her car.

VANDALISM/PROPERTY (PAST), 8:14 p.m., South Central Avenue. Large window hit by unknown object, windshield shattered.

MONDAY, APRIL 27

INDECENT EXPOSURE (URINATED), 11:54 a.m., Parkway Mobil, 1269 Furnace Brook Parkwy. Urinating in lot. Party trespassed by K9 Donovan and attendant on scene.

LARCENY (LAUGHING BUDDHA STATUE), 12:51 p.m., Longwood Road. Ring "Neighbors" App video emailed out QPD wide, seeking ID. Occurred April 26 at approximately 6:45 a.m.

TUESDAY, APRIL 28

VANDALISM/PROPERTY (POSSIBLE BREAK), 7:18 a.m., Pond Street. Construction site was possibly broken into. Damage noted. Dent in side of mobile storage container unable to determine if an intentional act or if a hit and run accident.

LARCENY/MOTOR VEHICLE, 6:17 p.m., 7-11 Store, 721 Hancock St. Report to be filed. Vehicle had been left running.

THURSDAY, APRIL 30

LARCENY (COMPUTER), 7:58 a.m., Farrington Street. Caller ordered a computer from Dell. They have it

listed as delivered but caller said he has not gotten it yet. Strong language barrier.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: Nelson Street.

CAR BREAKS: Davis Street (2), Billings Road, Sixth Avenue, Thornton Street, Rice Road, Copeland Street, Dickens Street, Hamden Circle, Marlboro Street, Chickatabot Road, Agawam Road.

BREAKS AND ATTEMPTED BREAKS: Alton Road, Hughes Street, Plymouth Street, Town Hill Street, Bowes Avenue, 95 East Squantum Street.

BREAKS AND ATTEMPTED BREAKS: Water Street

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hotline at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentrement at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us — Lt. Dan Minton

M
A
Y

7

2
0
2
0

\$2 Million Available For Quincy Small Businesses

Cont'd From Page 1

establishing will provide small grants, up to \$10,000 per, to assist them to hopefully keep them moving so they will be able to re-open," Koch said.

"It's incumbent upon all of us to do everything we can to help our brothers and sisters in need."

The mayor said the program would provide eligible small businesses with grants of up to \$10,000 each. There are four qualification preferences for the program: A business must have fewer than 20 employees, less than \$1 million in gross revenue, must be the owner's primary source of income, and have demonstrated a significant loss of income since March.

Certain businesses are ineligible from the program, including real estate, multi-level marketing, tattoo parlors, and retailers of alcohol and marijuana, among others. Also excluded are franchisees of national or regional chain businesses; independently-owned franchisees will be considered on a case-by-case basis.

The city's planning department will be responsible for vetting the applicants and distributing the grants. Koch said funding would not be awarded on a first-come, first-serve basis.

"This is not first-come, first-serve. Applications

will be processed and people will be dealt with and handled, so don't feel like you're in panic mode and you have to get in line," the mayor. "We're going to keep it open until May 15, the deadline, and if we have to extend it, we will."

Fatseas said the application process would be user friendly and his entire 17-person staff is willing to help businesses through the process.

The city receives roughly \$1.8 million annually from the CDBG program, Koch said. The CDBG money set aside for the small business grants comes from additional CDBG funding set aside in the CARES Act, he stated.

Lynch, a South Boston Democrat, said the block grant program gives local and state officials the ability to use federal funds where it they feel it can be most impactful.

"The CBDG moneys gives the authority to our governors and our mayors, who we think have a better grasp on the needs within the state," Lynch said.

"I have high confidence in Charlie Baker and Mayor Koch - that putting money into that CDBG pipeline will get it to the people who need it most, because they are here every day, they are on the ground, they get the

complaints and the phone calls."

Cahill noted the Chamber has helped distribute money from the city's Affordable Housing Trust Fund to hospitality sector employees who are out of work because of the pandemic. Nearly 400 workers had received assistance totaling just under \$500,000 from that program and a similar one administered by Quincy Community Action Programs as of April 30.

"This program is coming at the right place and the right time, because we've been helping the employees and now we're going to be helping the small business people. The small business grant fund is a phenomenal idea," Cahill said.

"I believe, from what I've seen so far, they have structured it perfectly - trying to help the smallest of the small businesses, the folks that are really going to struggle to re-open but are committed to re-opening."

Cahill said business owners have been concerned about their ability to pay rent and the grant program would help them be able to do so.

"They can rest assured when their rent is paid that their building is still going to be there when they re-open and maybe get some supplies and get started," he said.

School Board To Name Interim Superintendent

Cont'd From Page 2

serves a transparent process.

"I would be a touch more comfortable if we posted the interim job internally and then those that are interested in it internally could submit their interest," he said. "Up to this point we don't know who is interested [or] not interested and going through that process in a public way, I think, provides a level of transparency and accountability that the public deserves."

Koch, in response, said it was insulting to suggest the interim position be posted.

"The superintendent of schools chose Kevin Mulvey to be the deputy superintendent, which this committee then confirmed, and the deputy superintendent has a primary role in the running of the day-to-day operations of the system," Koch said. "I think it is insulting to suggest we actually post this to get other people to apply for a role that clearly the deputy should do."

Committee member Emily Lebo said naming Mulvey to the interim job without allowing others to

apply could prevent candidates from applying for the full-time superintendent's position because they would think he is the heir apparent for the opening.

"I'm not minimizing what Mr. Mulvey's role is...in his role he has done an extraordinary job and I don't think anyone would say otherwise," Lebo said. "However, I think that it is really important to not look like this is an heir apparent and we scare away other really talented people in our midst who could compete for this job."

Gutro then made a motion for the committee to post the interim superintendent job internally and to have whoever fills that

role do so until Sept. 1. The committee would have the option to allow the interim superintendent to stay on for another 90 days if needed.

Committee member Paul Bregoli said he was opposed to putting a time limit on the position.

"I don't think we should have a time limit on the interim superintendent's length of stay. I think we don't need it," Bregoli said. "If that stays in, I vote no."

The committee voted 4-3 in favor of Gutro's motion to post the position internally. Andronico, Lebo and Kathryn Hubley joined Gutro in voting in favor of the motion while Bregoli, Koch and Frank Santoro voted against it.

Joyce & Gendreau
Jewelers

Custom Designs • On-Premise Repairs
Quality Jewelry • Great Values
Over 100 Years of Honesty and Reliability
Friendly, Family Business

52 Billings Road No. Quincy
Facebook/JoyceandGendreau 617.328.0084

Papa Gino's, D'Angelo Salute Hungry Heroes With Free Meal Deliveries For Healthcare Workers

Cont'd From Page 4

roots in the communities we serve, we want to do our small part to fuel and care for the people who are caring for us during this crisis."

As always, the health and safety of the healthcare workers and Papa Gino's and D'Angelo team members is a priority, and the donations will be carried out using proper social distancing practices. No-Contact Delivery, and in coordination with each facility's designated representatives.

The restaurants have committed to delivering meals to healthcare workers at facilities across New England every week for 10 weeks.

REGGIE'S OIL
CO., INC.

Joseph P. Regglanni
92-94 (Rear) Franklin St.
Quincy, MA 02169

Office Hours:
M-F 7:30 am - 5:00 pm

(617) 471-2095
(24 Hour Emergency Service)
www.reggiesoil.com

We are a local, family-owned & operated oil company located right here in Quincy. We've been providing a quality product & superior service to our customers here in Quincy & throughout Southeastern MA for more than 50 years...and we always will!

SALES, SERVICE, INSTALLATION

LOCKSMITH SERVICES

COMMERCIAL

- Access Control
- Wireless Locks
- Electric Strikes
- Exit Hardware
- Door Openers/Closers
- Commercial Mailboxes
- High Security Key Systems
- Master Key Systems
- Handicap Access Hardware

AUTOMOTIVE

- Fit Keys to Autos/Rekeying
- Lockouts/Repairs
- Cloned/Transponder Keys

SAFES

- Sales/Repairs/Installations
- Combinations Changed
- Fire & Burglary Resistant Safes

RESIDENTIAL

- Deadbolts Installed
- Baldwin/Emtek Hardware
- Rekeying/Lockouts

www.granitelock.com
617-472-2177
617-479-3341 (Fax)
MA Sys. Con. Lic. 7025-C

755 Southern Artery, Rte. 3A Quincy, MA 02169

"Rock Solid Security"

Teacher APPRECIATION Week!

Thank you to all of Quincy's teachers and their work getting our students back in class.

And to all the "Substitute Teachers" working with their children at home.

Emily Lebo
Quincy School Committee



Real Estate

Quincy Real Estate Transactions April 27 - April May 1

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
James & Maureen Murphy	61-63 Quincy Shore Drive Trust	\$155,000.00	64 Atlantic Street
Jayna Dolby	James T. & Yen N T Keeley	\$400,000.00	11 Sumner Street, Unit 1
Maria M. Gomez	Markie D. Werner	\$599,000.00	999 Hancock Street, Unit 312
Garfield Street LLC	Uday K. Cheedella & Sumanprava Giri	\$535,500.00	51 Garfield Street, Unit B
Daniel J. & Mary B. Smith	Joao Almeida	\$720,000.00	55-57 Ruggles Street
Laura J. Hanson	Colin C. Arnpriester	\$400,000.00	41 Randlett Street
Norma Lee Rodberg Irrevocable Trust	Yunqin Shi	\$448,000.00	32 Campbell Street
Garfield Street LLC	Mark A. Wisnes & Jennifer Kavanagh	\$579,400.00	51 Garfield Street, Unit A
Feng Z. Liang & Deqiang Mei	Andrew Beynen	\$234,900.00	802 Willard Street, Unit E2
Shumins Mill Street LLC	Igor & Elena Romashko	\$580,000.00	42 Mill Street, Unit 7
Matthew P. Kelley & Melissa Kelley-Clark	Justin M. Watson	\$395,000.00	31 Rhude Street
Raymond G. & Christina M. Hamel	Mary C. Pacione	\$357,000.00	16 Roach Street
William R. & Marianne C. Sherman	Thomas J. Kelly 3rd, Kristen A. Kelly, Sharon Kelly	\$690,000.00	59 Ashworth Road
Morrison Family Trust	Austin L. Rowe	\$195,000.00	16 Doyle Terrace
Wright Family Irrevocable Trust	Karen T. King	\$470,000.00	974 Sea Street
Wanpeng Xu	Cheuk Ying Tiffany Cheung & Yan Cheung Cheng	\$335,000.00	1025 Hancock Street, Unit 9J
Edward Cheung & Rina Lim	Hok F. Yeung & Man H. Chan	\$285,000.00	179 Presidents Lane, Unit 3E
Chunchi Chen	Ann M I Mena	\$250,000.00	133 Comm. Shea Blvd., Unit 108
Bemley Realty Group LLC	Mintis Hankerson & Abdoulaye Sow	\$567,500.00	46-48 Quarry Street, Unit 3
David A. Habeeb & Amanda R. Pattavina	Joshua C. & Anna Miron	\$535,000.00	97 Colby Road
Karen Bossi	Arthur R. Cohen Living Trust	\$310,000.00	123 Elm Street, Unit D9
Thomas J. & Nancy F. Gallagher	Joseph A. Wencek	\$350,000.00	1 Cityview Lane, Unit 703

The Most Important Work You Will Ever Do

By JULIANN GALLIGAN

Although becoming a Realtor has been one of the better decisions that I have made in my life, I have come to realize that embarking on such a career has presented many challenges,

many of which I must say I hadn't expected and/or wasn't fully prepared for. It did not take long to realize that I was quite literally and figuratively holding the keys to peoples lives in my own two hands.

Being a Realtor is so

much more than just "selling houses" or "buying houses" or just "renting apartments." You are responsible for solving real estate "problems." You are responsible for finding people their HOMES, their sanctuaries, their comfort zones.

I cannot tell you how many times I have listened to clients apologize for showing them property at night when they get out of work or after their children are in bed or on weekends or to go back for a second or third showing. My reply is always that there is "no

apology necessary. I am the one to be thanking you, I am the one actually honored that you would entrust me to assist you in discovering what is to be the biggest most financial and emotional decision that you will ever make in your lifetime. The biggest asset that you will most likely ever own!

If I have an issue with having to take some extra time in helping you decide this important decision then I'm sure not in the right line of work. It would be like a person becoming a teacher that doesn't like children! Or a veterinarian that doesn't like animals!

Not only will this home be built with structurally supported material such as wood, brick and mortar etc. it's what is inside that home that will actually make you feel as if you have made the right decision. If you're going to be providing a home for your family, you also need to know the surroundings. For instance, if you have children, "what are the schools like?" "Are they close by?" "Are there parks nearby?" Will they need to take a bus, drive or walk? If I am working in a nearby town, "what will my commute be like?"

"Do I drive in or take public transportation?" "Is there even public transportation close by?"

I heard a saying that I will never forget. It said "The most important work you will ever do will be within the walls of your own home."

Now more than ever, people all over the world have

gotten to know their homes a little bit better both inside and out. Everyone has had to take a "pause." If you're anything like me and I'm sure many others, you've cleaned out every closet, possibly more than once, the garage, the basement, lawns or maybe you've taken on a DIY home project. "Home" is where it's at, there's no other place to be.

While your closet, basement or garage can only be so clean and your shrubs, plants and lawn can only be so green, what makes a house a home fills in all the lines between. So when it's time to get back to "normal" or shall I say the "new normal"? Because I truly believe that there's no going back to the "normal" from which we came, will we be wishing for these days back again?

When there really was no place to be? No rushed or late dinners, soccer practice to be at? Hours of homework with the kids after a

Cont'd On Page 21

Century 21
Annex Realty, Inc.

49 Beale St., Quincy, MA 02170
617-472-4330
www.c21annex.com

Over 70 Seller and Buyer Agents specializing in Residential, Commercial Real Estate, Bank Owned Properties, Short Sales and Rentals

ANNEX REAL ESTATE SCHOOL
Offering Salesperson's, Broker's and Continuing Ed. classes

"STILL NUMBER ONE"

RE/MAX
Realty Pros

Buying, Selling or Investing?
Call Tom McFarland
For All Your Real Estate Answers

QUINCY - (617) 851-0900
On the Web visit McFarlandproperties.com

QUINCY
www.stamosandstamosrealtors.com

Stamos & Stamos Realtors
747 East Squantum St.
Squantum, MA 02171
617.328.9100

Red Door
Real Estate

A Trusted Name In Real Estate

Madelene Cheney
Owner

(617) 894-1124

DIAMOND
PROPERTY MANAGEMENT

PROUDLY SERVING
South Shore,
Boston,
North Shore

Multi-Family • Single Homes
Condos • Townhouses
Apartment Buildings • Commercial

Call for a Free Property Evaluation & Quote Today!
30 Day Free Trial

Visit Us
massdiamondproperty.com

Call us
860-235-4624

FLAVIN Insurance Agency

Complete Insurance Service Since 1925
Auto • Home • Condos • Apartments
Travel Trailers • Umbrellas • Flood • Business
Boats • Commercial Auto

Representing
QUINCY MUTUAL GROUP
SERVING YOUR INSURANCE NEEDS SINCE 1851.

Call or drop in for Premium Quote

Flavin & Flavin
1085 Hancock St. Quincy Center
Visit: www.flavinandflavin.com

617-479-1000

M
A
Y

7

2

0

2

0

Dorothy Quincy Homestead: Historic Preservation Month

By ALEXANDRA
ROLLINS

History lives here in Quincy as much as anywhere: Spring is upon the Dorothy Quincy Homestead and throughout this lovely city once again, and even amidst such unsettling times, we see certain signs that humanity and nature thrive.

Within the Homestead, we are thrilled to report that we have completed the work to analyze the structure and its history. The results, hundreds of pages, are startling. An example: dendrochronology shows that the timbers were cut in 1680, when building was begun. A closer look using the same technology reveals that many of the timbers were reused from a 1630 building. This exceedingly early reuse - perhaps the earliest known in New England - increases the mystery and the lure of the building to those of us who are devoted to its preservation. What does it mean other than that it was a lot of work to find the right tree of the right species, to cut, limb and haul it, and then contour it into the right shape for use? Honestly, we have yet to say more than we New Englanders are thrifty. We knew that already!

The full-building work is on hold while we await word on grant applications. Meanwhile, the Homestead Volunteer Corps from all

over the region and City of Quincy can declare with pride that the conservation of the dining room has been completed. Conservation work on that lovely and complicated room started in 2005-06 with the Chinese wall paper; it was moved along by the Department of Conservation and Recreation with window conservation; and given the final push in 2016. That year, the National Trust for Historic Preservation awarded seed money to the Homestead to conserve the room, paying for paint sampling that analyzed every finish layer applied since 1706 when a local craftsman built the room. Then, The National Society of The Colonial Dames in The Commonwealth of Massachusetts pitched in match money, the Society of Colonial Wars paid for refinishing the floors, and Quincy's Community Preservation Committee generously put us over the top by committing funds to complete the paint and furniture conservation. We are so grateful to each of these entities and to the individuals who believed in the work.

When is the unveiling? Soon we hope! There are surprises that we know you will enjoy, including the stunning shell-carved cupboard painted in vibrant colors picked out in gold leaf, all hidden behind a door.



CONSERVATION WORK has been completed in the dining room of the Dorothy Quincy Homestead. This project included restoring the cupboard and wallpaper. *Courtesy Photo*

Come now to enjoy the lovely grounds and the exterior of this singular structure, the earliest publicly-accessible treasure in Quincy and a National Historic Landmark. Come later to enjoy the interior and the

tales that the docents relate about the family, the community, the gardens, the architecture, and John Hancock's last remaining chariot. All told, this property is an extraordinary reflection of human history over four

centuries.

Follow us on Facebook: Quincy Homestead 1686

Since 1904, the Dorothy Quincy Homestead has been owned by the Commonwealth of Massachusetts and managed by the Depart-

ment of Conservation and Recreation (DCR) in cooperation with the NSCDA-MA (The National Society of The Colonial Dames in the Commonwealth of MA), a 501(c)3 non-profit organization.

BBB Alert: Coronavirus Price Gouging Is Up

Consumers Should Report Inflated Prices

By BETTER
BUSINESS BUREAU

Price gouging is up as communities across North America react to COVID-19 (coronavirus), according to the Better Business Bureau.

BBB has seen an increase in complaints from consumers about price gouging for critical items such as bottled water, hand

sanitizer, face masks, and food supplies as "social distancing" restrictions continue in many locations. Consumers are urged to re-

port price gouging at BBB.org/AdTruth. The nonprofit organization says it will follow up with companies that have inflated prices in the

wake of the crisis and will work with attorneys general and other appropriate agencies to address particularly egregious cases.

Although the legal definition of price gouging var-

ies by jurisdiction, BBB says raising prices to an unreasonable extent beyond a business's own increased costs is a violation of its Standards for Trust, which encourages businesses to

build trust through honesty, transparency, and integrity. BBB suggests business owners and managers use its Standards for Trust as best practices for operating un-

Cont'd On Page 15

Sarah Clancy To Graduate Saturday From Univ. Of Mississippi

Sarah Maria Clancy of Quincy is among the more than 5,400 candidates for graduation at the University of Mississippi who will be celebrated during a live, virtual celebratory event on Saturday, May 9.

Clancy, who is an accountancy major, is a candidate for a Bachelor of Accountancy degree in the Patterson School of Accountancy.

QUINCY IS YOUR CITY.
QUINCY COLLEGE IS YOUR COLLEGE.

**\$300
TUITION VOUCHER**

As fellow members of the Quincy community, Quincy College is offering Quincy residents a \$300 Tuition Voucher to be used towards Summer Enrollment. We're in this together.

* Limit of one Summer tuition voucher per student. No cash value.

**ALL QUINCY, MA RESIDENTS ARE ELIGIBLE FOR
THIS TUITION DISCOUNT.**

info.quincycollege.edu/voucher /// 617-984-1710



QUINCY COLLEGE

YMCA Helps S.S. Restaurants While Serving Quincy

JP Fuji Group Serves Meals At Emergency Shelter

For 24 years, the South Shore YMCA's signature fundraiser, The Taste of the South Shore, has brought together the area's premier chefs, restaurants, bakeries, wineries and breweries to donate their time and talent to raise money for the Y's community support programs.

"The Taste" would have been held April 28th at Lombardo's in Randolph, but due to the COVID-19/Coronavirus crisis, the Y elected to postpone the event until Sept. 23. Now, instead of coming together to serve and support their community at the event, these very same restaurants are suffering. Like other local businesses, they have had to furlough employees, and some are facing closure.

To help these longtime Y supporters, in March, the South Shore YMCA launched a weekly COVID-19 Community Support Challenge to rally the community and raise money to hire these area restaurants to provide warm meals and a bit of joy for the Y's food pantry participants, emer-

gency shelter guests, isolated seniors in local senior housing, and kids and teachers at the Y's two emergency childcare centers. The Y is actively seeking donations to the challenge, and funds raised pay local restaurants for meals that will be delivered to people in need.

One day last week, the Y asked last year's Taste of the Shore participant Jimmy Liang, president and CEO of the JP Fuji Group and Fuji WoC, to prepare meals for the Quincy YMCA's temporary emergency shelter. Fuji WoC also prepared meals for children at the South Shore YMCA's emergency childcare centers, feeding children of essential employees, medical workers and first responders. The meals were paid for by donations from the community received as part of the Y's challenge.

"This is about supporting our supporters. We recognized this project as an amazing opportunity to help local restaurants while also supporting the Y's emergency efforts," said Paul Gorman, president and CEO



SOUTH SHORE YMCA CEO Paul Gorman (left) with Jimmy Liang, CEO of JP Fuji Group and team. Liang and his group recently prepared meals for the Quincy YMCA's temporary emergency shelter. *Courtesy Photos*

of the South Shore YMCA. "They need the business, and the Y needs warm meals and financial support for our food pantry, emergency shelter and emergency childcare centers. We are very thankful to Jimmy and Fuji for being a part of this program."

Mayor Thomas Koch paid a visit to the Quincy YMCA temporary shelter, in partnership with Father Bill's & Mainspring, to thank the South Shore Y,

Fuji and other restaurants for stepping up to support the community. "I am extraordinarily grateful for the SSYMCA's partnership on this important effort to protect some of the most vulnerable members of our community," Koch said.

"This is one of the many reasons we have been supporting the South Shore Y for more than a decade and a half. The things that they are doing for the community are amazing," said Liang. "We have always been proud to support the Y at The Taste of the South Shore. Now, we are thankful that in this time of crisis, the Y and the community are here to support us as we work together to support the people of Quincy."

The idea for the Y's COVID-19 Community Support Challenge began

with longtime South Shore YMCA supporter and Executive Board Member Kathie McDonough, saw an opportunity to simultaneously support the region's most vulnerable people and area restaurants in danger of closing. She offered to pay for 300 meals to be delivered to Germantown Neighborhood Center families.

Since then, other restaurant owners have raised their hands to step up for the challenge, including Frank Ricci of Greenside Grille, Julie and Mark Ellis at The Chef's Table, Dave Lombardo of Lombardo's-to-Go, Paul Wahlberg of Wahlburgers and Alma Nove, Brian Houlihan and The Tinker's Son, and George and Elissa Montilio of Montilio's Bakery.

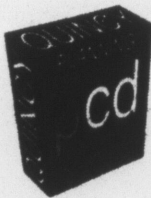
"We are grateful to Fuji

at West of Chestnut, The Tinker's Son, Montilio's, and Wahlburgers and others for preparing delicious meals for our shelter guests over the past month," said John Yazwinski, President & CEO of Father Bill's & MainSpring. "We thank the South Shore YMCA for organizing this thoughtful and creative Community Support Challenge, and we appreciate the Y's partnership in providing this temporary shelter site to help protect our guests and staff during the COVID-19 crisis."

For more information on the challenge and how you can help the South Shore YMCA, contact Mary Orme, orne@ssymca.org, 781-264-9453, or visit ssymca.org/covid19support to support the challenge through a tax-deductible donation.



City of Quincy
DEPARTMENT OF
**PLANNING & COMMUNITY
DEVELOPMENT**



Small Business Grant

Mayor Thomas P. Koch has established the Small Business Grant Program to assist in the stabilization of existing small businesses within the City that have had significant business disruption due to the impact of COVID-19. These grant funds will assist small businesses in the City to cover rent/mortgage and other costs. The application will be available through **May 15th**.

Please visit www.quincyma.gov to begin your application.

For further information pertaining to this program or for assistance with the application, please contact James Scribi, Operations Supervisor for Economic Development, at jamesscribi@quincyma.gov or 617-376-1378.



SOUTH SHORE YMCA Emergency Childcare kids enjoy food prepared by Fuji WoC.

M
A
Y

7

2
0
2
0

Social Security Matters

Ask Rusty: Should My Wife Take Her Social Security At Age 62?

By **RUSSELL GLOOR**

**AMAC Certified Social Security Advisor
Association Of Mature American Citizen**

Dear Rusty: I have been advised by my financial planner to start my wife's social security benefits at the age of 62 (she is now 61). I am 65 and still employed, not on Medicare, and not taking social security benefits. My wife's benefits are much less than mine. I hope to wait until age 70 before starting my benefits. My income is currently \$160,000. Do you see this as a wise choice to start my wife's SS benefits at age 62? **Signed: Planning Ahead**

Dear Planning: Whether your wife should start her benefits at age 62 depends upon whether her own benefit at age 70 would be more than she is entitled to as your spouse at her full retirement age (FRA). You can get these estimates from Social Security. If her own benefit would eventually be higher than her spousal benefit from you, she can wait to get her own higher benefit at age 70 (as you are). But if her benefit as your spouse will be the highest she can attain, then claiming her own benefit before you claim yours could be a good choice, but there are some things to consider if she does that:

First, if your wife claims at age 62 (or any age before her FRA), that will mean that her eventual spousal benefit when she claims it (when you claim your SS) will be less than 50% of the benefit you are entitled to at your full retirement age. Taking her own benefit earlier than her FRA will mean her spousal benefit from you will be reduced to less than half of your FRA benefit amount, even if that spousal benefit starts after she has reached her FRA.

Second, if your wife is still working, by claiming her own benefit before her FRA she will be subject to Social Security's "earnings test" which limits the amount of money she can make without SS taking back some of her benefits. For 2020, the annual earnings limit is \$18,240 (changes annually) and SS will take back benefits equal to half of any earnings which exceed that amount. The earnings limit becomes less severe during the year your wife reaches her FRA and goes away entirely after she reaches her FRA, but if she works while collecting early SS benefits the earnings limit could affect her benefits.

Third, your wife's Social Security benefits will become part of your taxable income (assuming you file "married-jointly"). Taxation of your wife's Social Security benefits will be determined based upon your combined income if you file your taxes as a married couple. At your combined earnings level, up to 85% of your wife's SS benefits will become part of your taxable income.

I'm not suggesting you not follow your financial planner's advice; I only want to make sure you're aware of all the factors involved when benefits are claimed early. Sometimes, a wife claiming at age 62 is a prudent choice as your financial planner has suggested. But sometimes understanding the above factors may lead to a different strategy.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

BBB Alert: Coronavirus Price Gouging Is Up

Cont'd From Page 13

der the current restrictions (BBB.org/Standards-for-Trust).

The BBB adapted its standards for marketplace trust to the coronavirus pandemic:

- **Build Trust**—Refrain from taking unfair advantage of a public emergency such as the coronavirus situation. As much as possible, keep prices at a reasonable level. Consider your daily operations as business-as-usual but with

the adjustments required to help prevent the virus from spreading.

- **Advertise Honestly**—Do not fuel fears. More than anything, you need to act as a calming and reassuring partner to your customers. Continue with standard ethical advertising practices but add a reference that you're following public health protocols to stem the transmission of the virus.

- **Tell the Truth**—The virus may impact deliver-

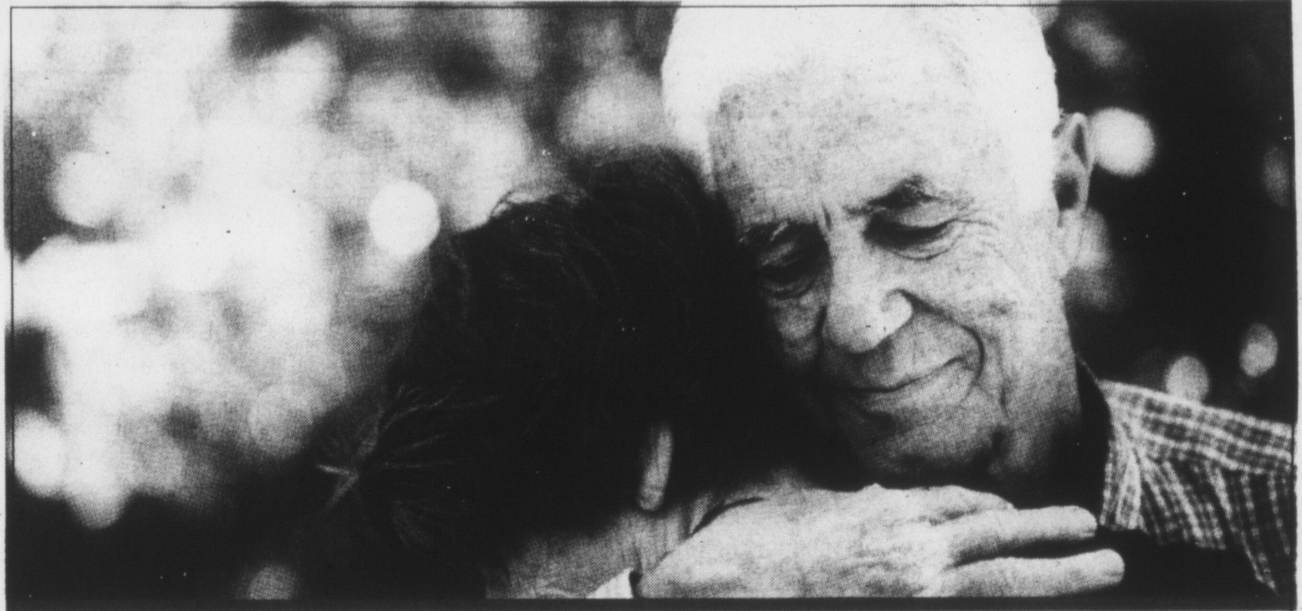
ables. Be honest with your customers regarding timelines and product availability. Set realistic expectations if your delivery or service is impacted by illness or precautions. Set clear expectations with your customers. They will respect that you are thinking about them and taking this seriously.

- **Be Transparent/Honor Promises**—If you are unable to fulfill commitments, communicate immediately with your customers, rather than disappointing them and

having to rationalize the reasons after the fact. Work with your customers to find solutions.

- **Be Responsive/Embody Integrity**—Demonstrate purpose and support for your community. Businesses can play a vital role in maintaining strong communities, even in challenging times.

For more consumer and business tips on the topic, go to BBB.org/Coronavirus and BBB.org/smallbusiness.



We're here for you.

Now more than ever, we want to extend a loving hand to South Shore families who are experiencing hardship amidst COVID-19. Our team is working tirelessly to respond to the growing needs of our communities, and is now offering the following to aid in the reduction of virus transmission and social isolation:

**Remote funeral planning meetings
by videoconference**

**Live streaming and recording of
funeral ceremonies**

**Tribute videos honoring the deceased
posted on Keohane.com**

**Private gatherings of up to 10
family members**

While the future is becoming increasingly unclear, you can trust in our staff's continued commitment to provide a high level of service to you and your loved ones. If you have any questions, please visit www.Keohane.com, or call us at 1-800-Keohane.

I make house calls!



Interior decorating,
home décor sewing,
downsizing/decluttering,
home staging,
decorating seminars

Secretary of the Interior

Creative solutions at reasonable rates
Call Barbara at 617-921-6033
www.sec-interior.com



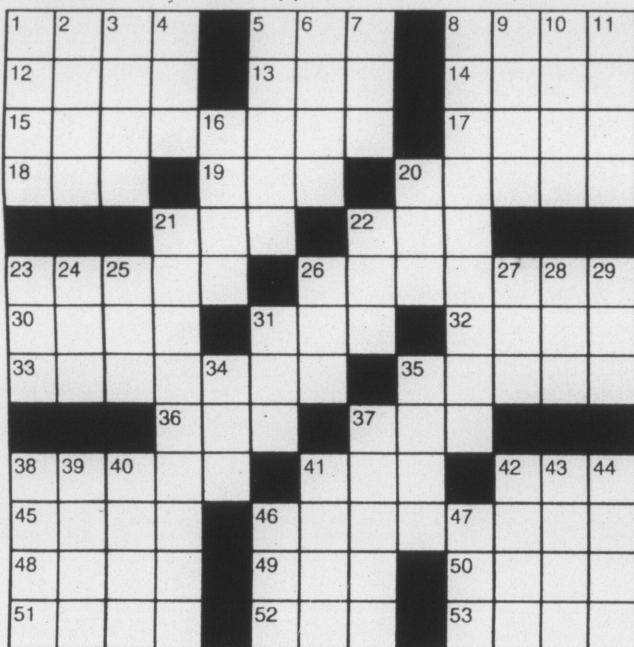
Keohane
FUNERAL HOME

QUINCY | WEYMOUTH | HINGHAM
www.Keohane.com

SUN FUN PAGES

King Crossword

- ACROSS**
- 1 Kills, slangily
5 Make up your mind
8 Padlock fastener
12 Polio vaccine pioneer
13 Born
14 Sheltered, at sea
15 Reacted to sun glare
17 Hot dog holder
18 Sugar suffix
19 Charged bit
20 Chin indentation
21 Kreskin's claim
22 Montana or Namath
23 Baghdad resident
26 Feast
30 Frill for Fonteyn
31 Bear hair
32 Radius neighbor
33 In need of laundering
35 Bishop's head-dress
- DOWN**
- 1 — buco
2 Webpage list, often
3 Chimney channel
4 Tackle the slopes
5 Winning
6 Hammerhead part
7 Slugger
8 Williams
9 Buffoon
10 Lotion additive
11 Ego
12 Unless, in law
13 Opposed
14 Present
15 Corral
16 Engine
17 Fish's flipper
18 Fire residue
19 Pinnacle
20 Hotel chain
21 Enticement
22 Ostrich's kin
23 A bit too tight
24 Doctrines
25 "Gosh!"
26 Skillet
27 They occur in March and September
28 Pickle container
29 "Monty Python" opener
30 Trench
31 — standstill
32 Unopened flower
33 Last: Abbr.
34 Away from WSW
35 Pitch
36 Only a small number
37 Neither mate
38 Carte
39 Fit of resentment
40 Neighbor of Niger
41 Piece of work
42 Expression
43 Notoriety
44 Actress Paquin
45 Dazzle
46 Cronos
47 Journey segment
48 AOL, for instance



© 2020 King Features Synd., Inc.

MAGIC MAZE • ALL —

V J G T D T Z W T Q N K H D A
X U R E H O P M J G D A X V S
Q N K I C G E F D A X P V T Q
O M J H F E I G C A U Y W U R
P N L J H T I N A D F D B S D
Z X V T R H Q P E R S O R M R
K I H T C E P S E R E U D F A
D B Z Y W R S V A N O H V T O
R Y Q O N E O E F F O S T E B
L K A I R D L O T E C N O T A
H F D D C C A Z L L A N I X W

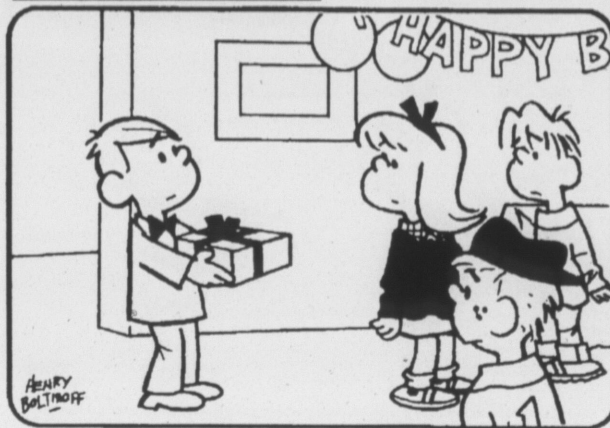
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Abroad Day In all The rage
At once Dressed up In one piece Together
Bets off Due respect Night Told
Clear Fours Over

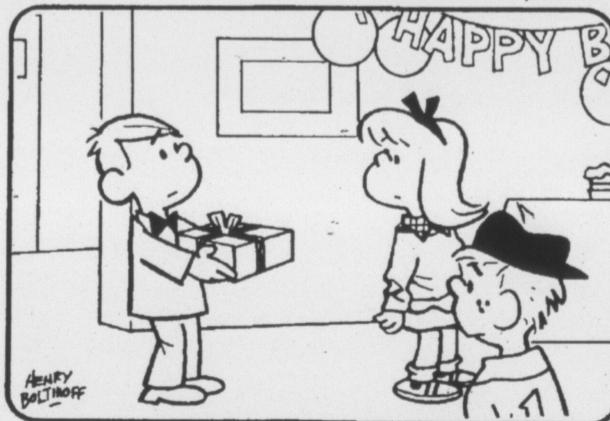
©2020 King Features Syndicate, Inc. All rights reserved.

HOCUS-FOCUS

BY HENRY BOLTHOFF



Find at least six differences in details between panels.



Differences: 1. Door is added. 2. Balloon is added. 3. Girl's sweater is different. 4. Boy is missing. 5. Cake is added. 6. Gift bow is different.



1. GEOGRAPHY: Which is the only country to have three capital cities?

2. MOVIES: What year did the first Academy Awards ceremony take place?

3. GENERAL KNOWLEDGE: In police radio code, what does 10-31 mean?

4. U.S. STATES: What state would a Hoosier come from?

5. LANGUAGE: What does the Latin phrase "carpe noctem" mean?

6. GAMES: What color property is Kentucky Avenue in the Monopoly board game?

7. ANIMAL KINGDOM: What do you call an animal that eats plants and meat?

8. SCIENCE: What is the study of mycology?

9. MEDICAL: What is a more common name for varicella?

10. AWARDS: Which group has received the most Nobel Peace prizes?

Answers

1. South Africa -- Capetown (legislative), Bloemfontein (judicial) and Pretoria (administrative)

2. 1929

3. Crime in progress

4. Indiana

5. Seize the night

6. Red

7. An omnivore

8. The study of fungi

9. Chickenpox

10. The International Committee of the Red Cross, with three awards

(c) 2020 King Features Synd., Inc.

Wishing Well®

3 8 7 8 4 6 7 5 7 8 7 8 4
D A H S A N A M V S E I K
6 7 5 7 2 3 2 4 5 3 8 6 2
O F O I Y O O I O N S W U
5 3 6 4 6 7 2 3 4 7 6 4 3
D O C N O R D T D M N L H
4 3 6 3 2 6 7 2 8 2 5 2 6
Y E T S E E W S T E I R N
8 6 7 5 3 2 3 5 6 4 3 2 4
O T I M I V T P E G A E E
5 2 7 3 7 6 3 5 2 8 4 2 4
R A L T L D E O T T S R T
2 4 2 8 2 8 5 8 4 8 4 5 5
E U A H T E V R R S E E S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

ARIES (March 21 to April 19) A seemingly stalled romantic situation could benefit from your reassurance that you want this relationship to work. And if you do, use a tad more of that irresistible Aries charm.

TAURUS (April 20 to May 20) You're attracted to a situation that appeals to your Bovine intellect. And that's good. But don't neglect your passionate side when romance comes calling later in the week.

GEMINI (May 21 to June 20) That career-change opportunity that didn't work out when you first considered it could come up again. But this time, remember that you have more to offer and should act accordingly.

CANCER (June 21 to July 22) There could be some tensions in relationships -- domestic or workaday. But a calm approach that doesn't raise the anger levels and a frank discussion soon will resolve the problem.

LEO (July 23 to August 22) It's a good idea to begin preparing for that career change you've been thinking about for a while. Start to sharpen your skills and expand your background to be ready when it calls.

VIRGO (August 23 to September 22) Bless that Virgo skepticism that has kept you from falling into traps others seem to rush into. But you might want to give a new possibility the benefit of the doubt, at least on a trial basis.

LIBRA (September 23 to October 22) A legal matter you hoped could finally be settled could be a pesky problem for a while, until all the parties agree to stop disagreeing with each other. Be



patient.

SCORPIO (October 23 to November 21) Someone might use deception to try to push you into making a decision you're not fully comfortable with. But those keen Scorpio senses should keep you alert to any such attempt.

SAGITTARIUS (November 22 to December 21) Romance dominates this week when Cupid spears the Archer, for a change. Positive things also are happening in the workplace. Expect important news to arrive by the week's end.

CAPRICORN (December 22 to January 19) Anyone trying to bully the Sea Goat -- whether it involves a personal or a professional matter -- will learn a painful lesson. Others also will benefit from the Goat's strong example.

AQUARIUS (January 20 to February 18) Congratulations. With things going the way they are, you should be able to spare some time and take a break from your hectic schedule for some well-earned fun and games.

PISCES (February 19 to March 21) Your sharp Piscean intuition should be able to uncover the true agendas of those who might be trying to catch the Fish in one of their schemes.

BORN THIS WEEK: Your flair for innovative art and design keeps you at least a step ahead of most everyone else.

(c) 2020 King Features Synd., Inc.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: C equals T

UMZ ETCKWR CYLC KYQWUTKVM L

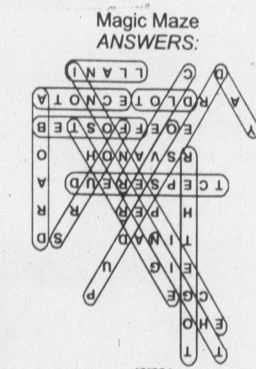
BLRTVG PXG'E LZBXV BLVV BQWR

PQLKM: "RG CYQMM ETUE."

©2020 King Features Synd., Inc.

King Crossword — Answers

Solution time: 21 mins.



CryptoQuip answer

grace: "My Three Sins." New sitcom that chronicles a family guy's awful fall from

M

A

Y

7

2

0

2

0

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Jennifer Lopez and her main squeeze, Alex Rodriguez, aka A-Rod, have joined forces with J.P. Morgan Chase Bank in bidding for a sizable ownership of The New York Mets baseball team. The catch is they'll have to raise upwards of \$2.6 billion to make the deal.

Cameron Diaz made 43 films and is a major star. Yet in 2018 she walked away from it all. On Jan. 5, 2015, at age 47, she wed musician **Benji Madden**, of The Madden Brothers and the pop-rock band Good Charlotte. On Dec. 30, 2019, she gave birth to their daughter, **Raddix Chloe Wildflower Madden**. Her last film was the reboot of "Annie," starring **Jamie Foxx**. Bookies in Vegas are already laying odds as to how long she'll be able to stick with just motherhood before being lured back to movie-making.

If you were a fan of "The Saint," either the '60s TV series with **Roger Moore** or the 1997 film with **Val Kilmer**, get ready for **Chris Pine** to be Simon Templar in a reboot.

When **Doris Day** passed away on May 13, 2019, at age 97, due to pneumonia, her net worth was \$200 million. Quite an accomplishment when you learn that in April 1968, when longtime husband and manager **Marty Melcher** died, she was broke thanks to his bad investments and the embezzling ways of his partner, **Jerome Rosen-**

thal, who helped himself to her money. She sued and regained \$22.8 million from him.

A recent auction brought in \$3 million, and among her treasures were her 1930 Ford Model A Rumble Seat Roadster, called "Buttercup," with 35,142 miles. It sold for \$96,000. Her 1957 Golden Globe Award for World Film Favorite earned \$25,600, while her "Pillow Talk" Globe went for \$22,400. Her Columbia Records gold record for "Que Sera, Sera" (1956) went for \$15,625 and "Secret Love" (1959) sold for \$16,000.

A brooch worn when she put her footprints in Grauman's Chinese Theatre's exclusive Forecourt of the Stars went for \$40,625, while her "Doris Day Show" director's chair set sold for \$16,000. A 20-pound elephant jardiniere, a gift from **Rock Hudson**, garnered \$15,625. Her over-look sign from her home took in \$16,000, her mom's 14k gold and gem set went for \$21,875, while her 14k gold poodle charm bracelet sold for \$15,625. One of her own original oil paintings sold for \$31,250, while a **Tony Bennett** oil painting sold for \$15,625.

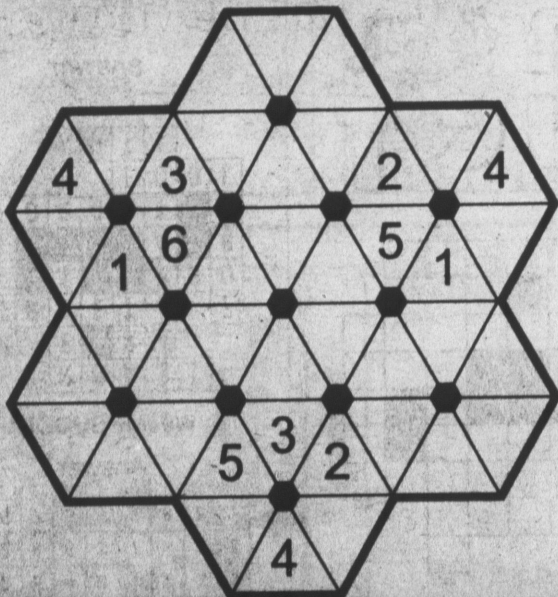
The heir to her estate was her grandson son, **Ryan**. All the proceeds from the auction went to The Doris Day Animal Foundation, which she established in 1978. The times I met and photographed her, she was an absolute delight, a sunny day!

King Features Synd., Inc.

SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

© 2020 King Features Synd., Inc.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	÷		+		11
+		×		÷	
	×		-		8
÷		+		+	
	-		×		14
5		7		9	

DIFFICULTY: ★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

1 2 3 3 4 6 7 8 9

©2020 King Features Syndicate, Inc.

KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Seed Tape Box

It's spring and time to plant the seeds that grow into vegetables and flowers that often are tasty salads for deer, rabbits, squirrels and other local wildlife. In 1790, a Shaker religious community started to sell packets filled with seeds saved from the previous year. It was a new idea. Seeds for farmers had only sold in bulk quantities. At first the packets held only vegetable seeds, but by the mid-1800s, flower seeds also were sold. Sometime before 1918, Shaker seed tape was invented and sold.

Today, gardeners can buy seed tape for hundreds of plants or make their own. Just unroll some toilet paper and press one or two seeds into the paper at spaced intervals. Then roll up the paper until it's time to plant. The seed tape (toilet paper) can be stretched into a shallow line in the dirt, then covered with more dirt, watered and kept free of weeds. Rows of plants will come up in a few days.

The American Seed Tape Company of Newark, New Jersey, had a seed tape brand called Pakro that advertised in farm publications from 1918 to at least the 1920s. Recently, a Wm Morford advertising auction offered an early cardboard Pakro seed tape display box that held 60 different types of seed tapes in original small boxes with color pictures like those on the packets. The 15- by 18-inch display sold for \$1,033.

Q: I have a vintage hammered aluminum chafing dish with original glass bowl, but I believe the aluminum "cup" placed in the space for the heating ele-

ment isn't original. The space is the perfect size for a tea light candle, but I hesitate to put a direct flame under the glass. What was used originally, and what would be safe to use now? Would Sterno be acceptable?

A: Don't use canned heat (Sterno) if the glass dish is directly over the heat. A tea candle will help keep the food warm if the food is hot when it's put in the dish. Canned heat can be used if the chafing dish is the kind that has a metal outer dish that holds water, which heats the glass dish. A chafing dish that uses a water bath to keep the food warm has the French name "bain-marie."

CURRENT PRICES

Fireplace fender, rectangular panel, cherubs, scrolls, ball finials, c. 1880, 10 1/2 x 41 in. \$390.

Doorstop, organ grinder and monkey, red jackets, double sided cast iron, 1920, 10 in. \$480.

Plate, yellow hand, figure, holding urn, green, blue, Viola Frey, c. 1986, France, 6 1/2 in. \$550.

Baby Grand Piano, Steinway & Sons, high gloss black, E grade, bench, c. 1999, 60 x 57 in. \$2,400.

TIP: Recycle your unused ashtrays as drip-catching candleholders, trays for change on your bedroom dresser or as a dish for imitation sweeteners.

For more collecting news, tips and resources, visit www.Kovels.com

(c) 2020 King Features Synd., Inc.

Strange BUT TRUE

By Lucie Winborne

• Chickens can see and dream in full color. They also can taste saltiness, but not sweetness.

• Albino lobsters are the only variety that doesn't turn red when cooked. But don't count on testing this anytime soon, as the odds of catching one in the wild are estimated at one in 100 million!

• In 1834, American physician John Cooke Bennet added tomatoes to ketchup, which previously consisted of fish or mushrooms. As tomatoes contain a healthy dose of vitamins and antioxidants, Bennet then branded his sauce as a cure for diarrhea, indigestion, jaundice and rheumatism.

• Japanese high schools often enforce strict conformance when it comes to hair. Half of Tokyo's schools require students whose locks aren't naturally black to prove it with baby pictures, while in 2017, a Japanese student sued her school after being forced to darken her hair with dye.

• Contrary to what you'd

likely expect, this juicy citrus fruit wasn't named for its bright hue. Instead, the word "orange" came to us from a transliteration of the Sanskrit "naranga," which was in turn derived from the Tamil "naru," meaning "fragrant," which describes its blossoms.

• Singularity chess is played on a board that's distorted in the center, allowing for some pieces to make U-turns and attack the same square in a variety of ways, while bishops can change square colors.

• The first vending machine was invented by Greek mathematician Hero of Alexandria and dispensed holy water after a coin was inserted. Hero also came up with the first steam engine and the first wind-powered machine -- a whopping 2,000 years before the Industrial Revolution.

• Russian author Vladimir Nabokov composed most of his major novels on index cards, storing blank ones under his pillow in readiness for a visit from the muse.

Thought for the Day: "The most wasted of days is one without laughter." -- e.e. cummings

(c) 2020 King Features Synd., Inc.

Now here's a tip!

by Jo Ann Derson

• "If you seal your jelly jars with wax, here's a good tip: Place a small piece of string into the wax before it hardens. Then, you'll be able to pull on the string to remove the wax when you are ready to enjoy your homemade goodies!" -- U.L. in Maine

• Get your charcoal grill to light quickly by sacrificing a handful of Doritos in a paper bag. Light the bag and get ready to BBQ!

• "I had a pair of tights that had a run, so I was getting ready to toss them, but I cut off the leg and tied a travel size bar of soap in the middle, right about where the knee would be. I knotted it on either side so the soap would stay in place. I use it as a self-foaming back scrubber, and it really

works well." -- P.B. in North Dakota

• "If you have an item that must be cooked in the oven, see if there's any other foods you can prep cook with it. Better to have the oven on a couple days of the week instead of every day, and you can reheat a quick dinner another night." -- B.J. in Pennsylvania

• Use melted ice cream in place of cream in recipes for sweets. I use it as my own secret weapon when making frosting for cupcakes.

• "My husband just loves homemade meatballs, because they are juicier than bagged and frozen ones, which can turn out very dry. To hold the moisture, I use lightly ground oatmeal in place of breadcrumbs. I just toss a cup of oatmeal in the blender and give it a whirl. It doesn't need to be fine. The oatmeal really retains moisture and makes them so good!" -- J.J. in Florida

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

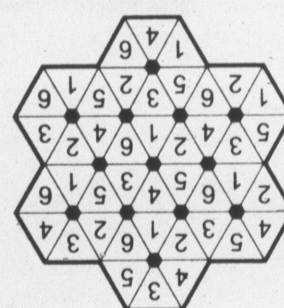
(c) 2020 King Features Synd., Inc.

Go Figure! answers

5	7	9			
3	-	1	x	7	14
÷		+			+
6	x	2	-	4	8
+		x		÷	
9	÷	3	+	8	11

SNOWFLAKES

solution



Sticklers Answer

PHONE
SHONE
SHORE
SHARE
STARE
START

STICKELERS

by Terry Stickels

Here's a "trickledown" puzzle. The rules are simple; you merely change one letter on each line to make a new word and continue until you reach the final word.

START

PHONE

EXAMPLE: COAT

VASE

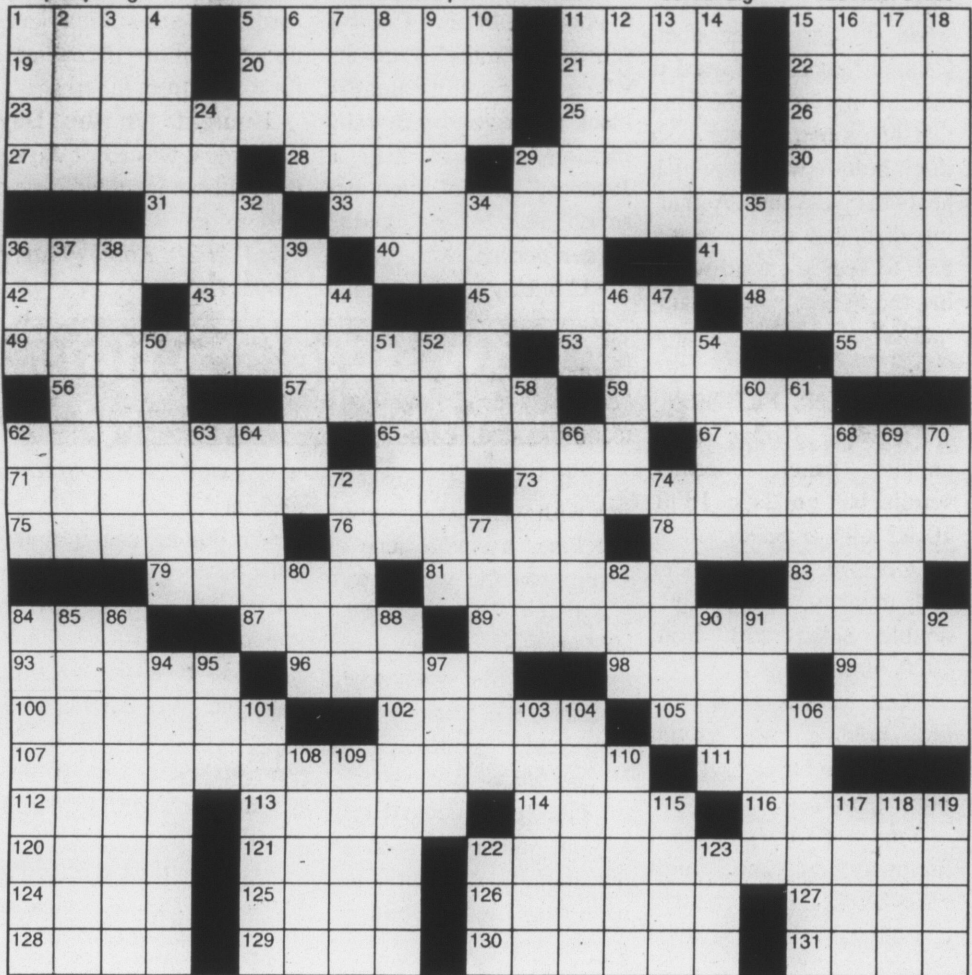
ANS: COAT
COST
CAST
CASE
VASE

©2020 King Features Syndicate

Super Crossword

TWO-CHANNEL CONNECTION

- ACROSS**
- 1 Old Glory, for one
 - 5 Up in smoke
 - 11 Refluxes of tides
 - 15 Ankle-knee connector
 - 19 I, to Greeks
 - 20 "Speak up!"
 - 21 Ark captain
 - 22 Chipotle item
 - 23 "Great job, play more!"
 - 25 Be sweet on
 - 26 Wilson of film
 - 27 One half of a 45
 - 28 Eat
 - 29 Stingy type
 - 30 Get a B, e.g.
 - 31 Mauna —
 - 33 Sharp rise in new findings?
 - 36 Napoleon's birthplace
 - 40 Gem, e.g.
 - 41 Writer — Jackson Braun
 - 42 — out (supplement)
 - 43 Ice melter
 - 45 — word (coinage for one occasion)
 - 48 Throbs
 - 49 Perpetual pampering?
 - 53 Country singer Evans
 - 55 Born, to Gigi
 - 56 Gridiron gp.
 - 57 Repulsive
 - 59 Fiennes or Macchio
 - 62 Fishermen, often
 - 65 "Hear No Evil" star
 - 67 Really move on the dance floor
 - 71 Round of applause all for oneself?
 - 73 Company symbol on a container of breathing gas?
 - 75 Capital of Croatia
 - 76 Scrape the bottom of
 - 78 Flushes
 - 79 Antipasto bit
 - 81 Loved by
 - 83 "Beso" (1962 hit)
 - 84 56-Across stats
 - 87 Old phone part
 - 89 Distinctive feature of blasting material?
 - 93 Is on hold, say
 - 96 Spanish for "silver"
 - 98 Draft-eligible
 - 99 Item in a pod
 - 100 Congenital
 - 102 Bands of three
 - 105 Most morose
 - 107 Quaint theater
 - 111 Post-it note abbr.
 - 112 Soccer immortal
 - 113 Change formally
 - 114 Slugger Willie
 - 116 Evade artfully
 - 120 "Woe is me"
 - 121 — de foie gras
 - 122 Alternate title for this puzzle
 - 124 Madison Avenue prize
 - 125 Hens and cows
 - 126 Bright-shining
 - 127 Appellation
 - 128 Composer Jerome
 - 129 Acoustic pair
 - 130 Pint-size
 - 131 Otherwise
 - 38 Calling the shots
 - 39 Nearly
 - 44 WJM anchor
 - 46 Pop singer
 - 47 Chunk of history
 - 50 Animal at "una corrida"
 - 51 East — (Asian nation)
 - 52 Spotted, as money
 - 54 Playwright Edward
 - 58 Ad catchphrase
 - 60 Little lake
 - 61 Texas — (poker game)
 - 62 Singer
 - 63 Stunt legend
 - 64 Very zealous
 - 66 Put out
 - 68 Freaks out
 - 69 Tunes out
 - 70 Canon — Rebel
 - 72 Best possible
 - 74 Bad-pun responses
 - 77 Keep waiting
 - 80 Mr. Big
 - 82 However, briefly
 - 84 Pair of identical products sold as a unit
 - 85 Writer Steel
 - 86 "Babbitt"
 - 88 White
 - 89 Rabbit's woe
 - 90 Tree flutterer
 - 91 New royal of 1981
 - 92 Kit —
 - 94 Confronts
 - 95 Canonized
 - 97 Walked (on)
 - 101 Slip away
 - 103 Electrical resistance measure
 - 104 Subject to legal action
 - 106 Singer
 - 108 Large city in Nebraska
 - 109 Ward off
 - 110 Ordinance
 - 115 Withered
 - 117 "You're on!"
 - 118 Mouth parts
 - 119 Lightish sword
 - 122 Salary ceiling
 - 123 Actor Bruce



Celebrity extra

by Dana Jackson

Q: When will the season finale of "S.W.A.T." air? Were they done filming before the pandemic stopped production? -- E.O.

A: The final episode of the current season of "S.W.A.T." should air May 20 on CBS. Many shows had to cut their seasons short by a few episodes, but "S.W.A.T." only had to shave it by one. The "missing" episode is an eventful one that reflects back on the 1992 Los Angeles riots. The original air date was supposed to be April 29, which was the 28th anniversary of the riots.

According to Deadline.com, Shawn Ryan, the showrunner behind "S.W.A.T.," stated that the flashback-heavy hour now "will probably become either our season premiere or an early episode in season four, but we WILL get around to filming that episode, because that's a special one, to look back at the riots through the perspective of a teenage Hondo [Shemar Moore]."

Q: I want to see the new series "Mrs. America" about the ERA movement, but I don't have Hulu.

I'm tired of there being so many streaming services, and I don't want to pay all the monthly fees, so I'm just keeping cable and that's it. Will "Mrs. America" be on DVD or something someday? -- K.J.

A: The streaming service Hulu has made a deal with the FX channel to air all its content, but "Mrs. America" is the first FX show to premiere on Hulu first. Word is that in a few months, "Mrs. America," which stars two-time Oscar winner Cate Blanchett, will air in its entirety on the FX network, which you can find on cable, so keep your fingers crossed.

I don't see as many series available on DVD as there used to be, but you can always check Amazon in about six months to see if a boxed set is available.

"Mrs. America" is a nine-part series about the birth of the Equal Rights Amendment (ERA) in the 1960s. Blanchett plays Phyllis Schlafly, a conservative opponent of the movement, and Rose Byrne ("Damages") stars as feminist activist Gloria Steinem.

Q: Is it true that the actor who stars in "Better Call Saul" has coronavirus? Is he going to be OK? -- O.G.

A: If you're referring to Bob Odenkirk, who plays the sneaky lawyer Jimmy, AKA Saul, on the "Breaking Bad" spinoff, it was actually



CATE BLANCHETT in 'Mrs. America'

Photo credit: Pari Dukovic/F

his son, Nathan, who had the coronavirus. Fortunately he's recovered, and it looks like Bob did not contract the bug.

Odenkirk started out his career as a writer for sketch comedy shows like "Saturday Night Live," and Nathan appears to have inherited his father's talents, as he's writing for the humor magazine "Inquirer." Nathan previously worked a production assistant on "Jimmy Kimmel Live!" and also has a few acting credits.

Fortunately, "Better Call Saul" had already finished production of season five before the pandemic, so this is one series that isn't being postponed or cut short. The season finale aired April 20 on AMC.a.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803. (c) 2020 King Features Synd., Inc.

Even Exchange by Donna Pettman

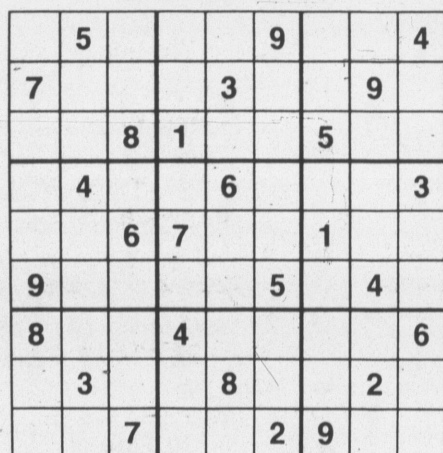
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|--------------------------|-------------|------------------------|-------------|
| 1. Desist | — E — — — | Run after | — H — — — |
| 2. Funny Fudd | — M — — — | Church leader | — D — — — |
| 3. Regional articulation | — — — — N — | Agree to take | — — — — P — |
| 4. Beatles' drummer | R — — — — | Parlor game | B — — — — |
| 5. Male title of respect | — I — — — — | Gather up courage | — U — — — — |
| 6. Dwelling | — U — — — — | Trigger or Secretariat | — R — — — — |
| 7. Haphazard | — — — — D — | Kidnapper's demand | — S — — — — |
| 8. He wanted "more" | O — — — — | Finger splinter | S — — — — |
| 9. Florence Nightingale | — U — — — — | From Lillehammer | — O — — — — |
| 10. Twisted hairdo | — — — — D — | Thinking organ | — — — — N — |

©2020 King Features Synd., Inc.

Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging ♦♦♦ HOO BOY!

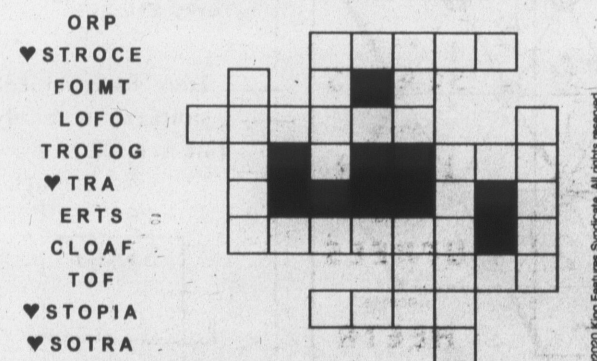
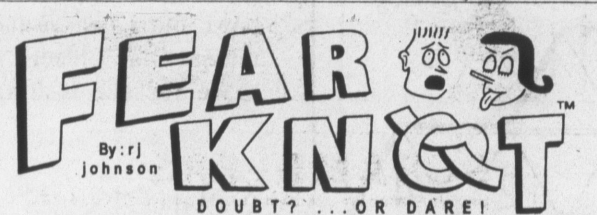
© 2020 King Features Synd., Inc.

Super Crossword Answers



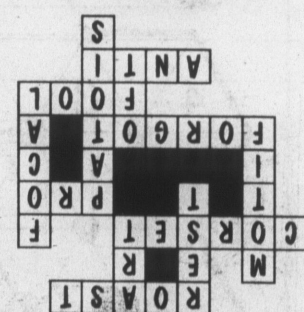
Even Exchange answers

- | | |
|-------------------|--------------------|
| 1. Céase, Chase | 5. Mister, Mustier |
| 2. Elmer, Elder | 6. House, Horse |
| 3. Accent, Accepi | 7. Random, Ransom |
| 4. Ringo, Bingo | 8. Oliver, Silver |
| 5. Nurse, Norse | 9. Nurse, Norse |
| 6. Braid, Brain | 10. Braid, Brain |

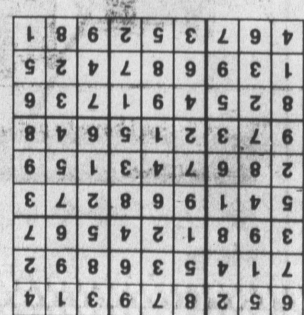


Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

FEAR KN&T answer



Weekly SUDOKU Answer



M
A
Y

7

2
0
2
0

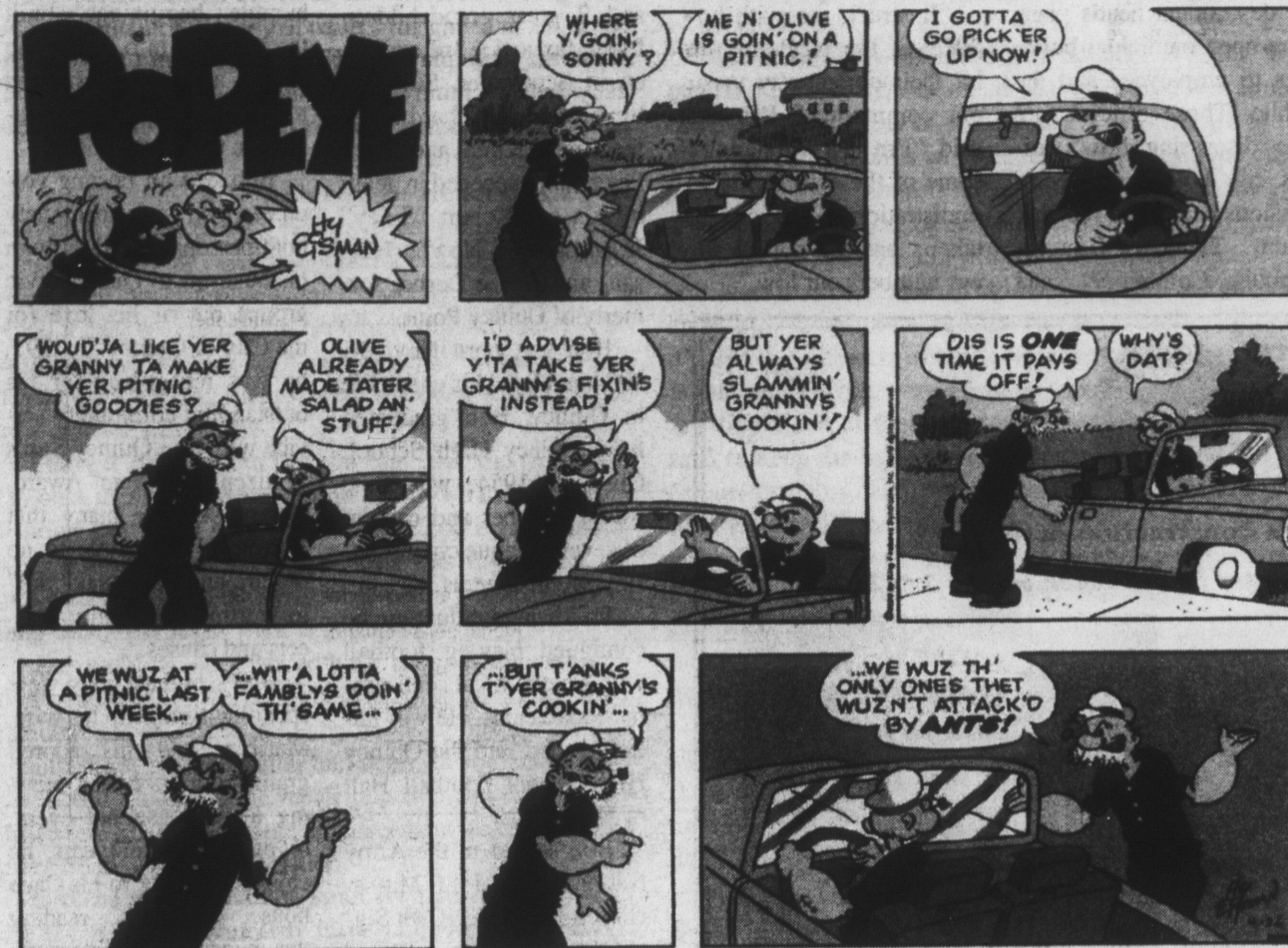
Amber Waves



R.F.D.



The Spats



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Touch
SCARES
Sharp
LATER
Dabbs
UFREES
Cosmos
HEETR

TODAY'S WORD

"You're lucky, I have to put up with him AND his _____!"

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

2	5	3	1	5	6
6	3	6	4	1	1
5	5	6	2	2	1
5	1	6	3	2	4
1	3	2	5	6	5
4	2	1	6	6	3

©2020 Concepts Puzzles Dist. by King Features Synd., Inc.

CDB Treats For Pets

DEAR PAW'S CORNER: Should I give my dog CBD-infused pet treats to calm his anxiety? What other methods are available for giving CBD to pets? -- Carlos in San Diego

DEAR CARLOS: With an increasing number of products for pets containing cannabidiol (the non-psychoactive ingredient in marijuana), it can be hard for owners to figure out what is going to be safe and effective for their dog or cat.

Many owners swear by CBD, noting that it has been effective in reducing their pets' pain from arthritis or injuries, and in alleviating chronic anxiety that would otherwise have to be treated with medications that may have side effects over the long term.

The smaller your dog, the lower the dose of CBD that's recommended. Large dogs can usually take a larger dose. So check the treat's package closely to find out how much CBD your dog will get with each treat.



Many owners opt instead to purchase CBD oil or tincture so that they can control the exact dosage their pet gets. The liquid is added to a pet's food using an eyedropper, which is usually included with the bottle.

The American Kennel Club has even sounded off on CBD oil, and while they're still unsure about its actual benefits to dogs, the AKC recommends that owners buy the highest quality CBD oil they can find, focusing on organic products as much as possible to ensure that no pesticides or fungicides find their way into the bottle.

Always consider CBD treats as medicine, not food or a reward. Stay within the dose recommended for your pet.

Send your tips, comments or questions to ask@pawscorner.com.

(c) 2020 King Features Synd., Inc.

TOP VIDEO RENTALS AND SALES

Top 10 Video On Demand

1. The Gentlemen (R) Matthew McConaughey
2. The Way Back (R) Ben Affleck
3. The Call of the Wild (PG) Harrison Ford
4. Underwater (PG-13) Kristen Stewart
5. Dolittle (PG) Robert Downey Jr.
6. Birds of Prey: And the Fantabulous Emancipation of One Harley Quinn (R) Margot Robbie
7. Little Women (PG) Saoirse Ronan
8. 1917 (R) Dean Charles Chapman
9. Star Wars: Episode IX: The Rise of Skywalker (c) 2020 King Features Synd., Inc.

Hitori answer

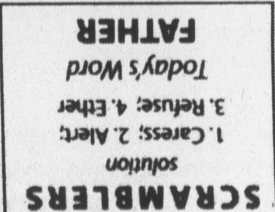
3	9	9	1	2	4
5	9	5	2	3	1
4	2	3	9	5	1
1	2	2	9	5	5
1	1	4	1	1	6
2	5	3	1	5	6

er (PG-13) Carrie Fisher
10. Onward (PG) animated

Top 10 DVD, Blu-ray Sales

1. Star Wars: Episode IX: The Rise of Skywalker (PG-13) Disney/Lucasfilm
2. Dolittle (PG) Universal
3. Jumanji: The Next Level (PG-13) Sony Pictures
4. Little Women (PG) Sony Pictures
5. Just Mercy (PG-13) Warner Bros.
6. 1917 (R) Universal
7. Underwater (PG-13) FOX
8. Frozen 2 (PG) Disney
9. Midway (PG-13) Lionsgate
10. Joker (R) Warner Bros...

Sources: comScore/Media Play News



Health Commissioner: 'We're Not Out Of The Woods Yet'

Cont'd From Page 1

meeting that night. Of those cases, 371 had recovered and 80 have died.

There were 11 new cases reported on Monday, which Jones said is fewer than the 20 or more new cases reported on a daily basis earlier on during the pandemic.

"Today we had 11 new cases where back in March we were 20, 30, even 40 cases a day, so we have definitely seen a decrease in the amount of positive cases," she said. "We're not out of the woods yet, but we do see our infection rate coming down a bit."

The Massachusetts Department of Public Health reported 1,000 new cases on Monday, bringing the statewide total to 69,087. The statewide death toll increased by 86 to 4,090. The DPH also reported 9,622 new tests on Monday, raising the total number of tests reported since the outbreak began to 324,268.

Jones said her department had been working with Walmart during the past week because she was concerned about the number of positive cases reported among the store's employees. The department's inspectors had visited the store on a daily basis to address issues around social distancing and crowd control.

"My concern was that we were seeing an increase in cases and an increase in people that were contacts to cases and saying they went into Walmart and were not feeling well shortly after that," Jones said.

Eleven employees had tested positive for COVID-19 as of Monday, including some who recovered and went back to work. Jones was notified on Monday that a store employee, who she described as an elderly woman, had died from the disease.

Walmart agreed to close the store Monday and will not be able to re-open until enough employees to staff the store test negative for COVID-19.

"They agreed to close. They will disinfect and deep clean the entire store. Every employee will be tested, and the store will not re-open until they have enough confirmed negative employees to actually go in and work in the store," Jones said, adding that Manet Community Health Center has agreed to assist with testing the store's workers.

Jones also said there was a cluster of cases at the Staybridge Suites hotel in North Quincy. There are currently 48 U.S. Navy personnel, who had been assigned to a ship now undergoing repairs in Boston, staying at the hotel, of whom 18 have tested

positive for COVID-19. The sailors are all being quarantined at the hotel and will all be tested.

The hotel's staff have already been tested and all came back negative, Jones said; the staff also has the necessary personal protective equipment.

There are no other guests at the hotel.

Coronavirus cases have been reported at each of the city's nursing homes, Jones said, including one nursing home with more 100 cases. She said more than half of the deaths in the city have been residents at nursing homes.

There were six current COVID-19 cases at Quincy Housing Authority buildings as of Monday, Jones said. There were more than 13 cases in QHA properties at one point, she said.

"Our Quincy Housing Authority buildings have done very well," Jones said. "In all of our buildings, we have only a total of six cases...and that's not a high number, so I think they are doing a really good job there of protecting the residents."

Gov. Charlie Baker has ordered all non-essential businesses in the state to close until May 18 amid the pandemic. The governor also put together a task force - including government officials, health experts and representatives from different industries - to determine a plan for a phased re-opening that will be released on that date. The mayors of Easthampton and Lawrence

are both on the task force.

Chris Walker, the chief of staff to Mayor Thomas Koch, said Koch has been discussing re-opening plans with Baker on an informal basis.

"The governor has asked the mayor to advise him on this in an informal role. They talk multiple times a week," Walker said. "The governor will throw ideas off of him. The mayor will throw back some concepts or things he's hearing on the ground."

Walker said he expects the May 18 report outlining the plans for the phased re-opening would focus more on conditions under which various businesses could re-open rather than setting out a timeline for them to do so.

"I think more so than dates or anything tied to a specific timeframe, what the governor is planning on doing is setting the actual conditions for things to happen," Walker said.

"He may say to a certain sector, you need to do A, B, C, D and E for you to open safely. When you can do that and you can show you can do that, then you can start to gradually phase in your opening."

Walker said Koch has also begun discussing with his department heads plans to re-open municipal buildings to employees and the public. Those officials are also discussing how various city boards and commissions can begin meeting again. The City Council, School Committee and

Quincy College Board of Governors have been meeting via video conference since late March, while others, including the Zoning Board of Appeals and Board of License Commissioners, have not been meeting. The Planning Board is expected to meet via Zoom, a video conferencing provider, on May 13.

Baker also issued an order, effective Wednesday, mandating the wearing of a mask or other face covering such as a bandana or scarf in public, including when visiting businesses or riding public transportation.

Jones said wearing a mask is required outdoors if social distancing is not possible but would not be necessary if someone were to go for a run by themselves and could maintain the needed space between themselves and others.

Several city councillors who spoke during Monday's meeting credited Jones and the Health Department for their efforts to contain the coronavirus in Quincy.

Ward 4 Councillor Brian Palmucci noted 150 deaths and more than 3,000 cases have been reported in Brockton, a city with roughly the same population as Quincy.

"It struck me with how different the pandemic has hit their community versus our community," Palmucci said. "I'm just wondering if some of the actions the administration and the city has taken...are the reason why our numbers are low."

Jones said her department partnered quickly with the mayor's office to coordinate the city's response to the epidemic, which she said has made a difference in the number of cases seen in Quincy. The entire staff of the Health Department, she added, had previously been trained in contact tracing.

"Everything we are doing and the hours we are doing it - we are here six to

seven days a week doing it - I think it pays off in the end," Jones said.

City Council President Nina Liang credited Jones and the Health Department for being proactive and working with Walmart to address issues at the store.

"That's music to my ears to know they are no longer operating right now, because they obviously weren't staying on top of this," Liang said.

OBITUARY

Robert H. Derbes, Sr.

Robert H. Derbes, Sr. passed, Sunday, May 3, 2020 of natural causes.

For 63 years the beloved husband & soul mate of the late Marilyn (Cricher) Derbes, cherished father of Cindy Lou Ohlson and Stephen of Quincy, Elizabeth Latini and Jim of Uxbridge, Michelle Routhier and Robert of Quincy, Nadia Ohlson and Patrick of Newton, NH, and Michael Derbes and Kristen of Valrico, Fla. as well as the devoted Jiddo to his grandchildren Stephen Jr., Zachary, Tiffany, Robbie III, Taylor, Rorie, Nicole, Jessica, Jeffrey, Robert III, Nicholas, Jack, Michael Jr., and 2 great grandchildren Lucy, Jax and a 3rd expected in September. Survived by brothers, Richard, Toffee, Frank, Kimal and sister, Peggy and preceded in death by his son Robert "Siney" Jr. and parents Nowfe (Hassan) and Toffee Derbes formerly of Quincy Point.

Bob was born Nov. 24, 1934 and lived his entire life in Quincy. Bob graduated from Quincy High School, Class of 1954, where he was a member and captain of several league championship football teams.

Following graduation, he continued playing football with several local semi-professional teams. He was later inducted into the Quincy High School Football Hall of Fame.

Bob served in the Army National Guard of Massachusetts with the 109th Signal Battalion. He received an honorable discharge in 1960, with the rank of sergeant. Bob graduated from the Wentworth Institute where he studied civil engineering. He also received a commercial pilot's license.

Bob and Marilyn settled on Endicott Street in Quincy where they raised their family and several years later purchased a summer home in East Dennis on Cape Cod, which became a very special place for their family gatherings. Bob was an



ROBERT H. DERBES, SR

avid sports fan who enjoyed following the Red Sox and was a longtime New England Patriots season ticket holder.

Bob retired after a successful career as founder of Derbes Brothers Construction Company and, from humble beginnings, built the business into one of the largest and most respected road construction companies on the South Shore.

Bob was an unsung volunteer who gave generously both personally and through his business to Quincy civic groups out of his love for the City of Quincy. In 1997, he was recognized for his outstanding community service with The Quincy Sun's "Citizen of the Year" Award. It was said by many that Bob acted with little to no fanfare and never said "no" to worthy community projects and causes.

Bob's biggest joys were spending time with his wife, Marilyn, and his adored grandchildren, never missing a game, school event, or party. In later years, he enjoyed tending to his Cape house landscape, reading the newspaper, discussing current events, and enjoying a lobster dinner.

He enjoyed traveling but Cape Cod in the summer was his first love.

A celebration of Bob's life will be held at a later date.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Downtown Construction Activities

Proposed work activities for the week of May 3rd, 2020



- The outboard lane of Dennis Ryan Parkway remains closed for reconstruction of the roadway and sidewalk in this area. Due to the unfortunate weather last week, the contractor will fine grade and pave this section this week.
- The brick band construction continues at Cottage Ave and the contractor will be pouring the section of sidewalk in front of Alba's restaurant around the newly constructed landscape island.
- Construction of the north foundation wall and piers continue at the General's Bridge project. The abatement work continues at the old Commonwealth/Revel building on Parkway. The demolition of the old Commonwealth building remains scheduled to commence in the upcoming weeks.
- Cut and cap of the existing utility services will continue this week to the buildings from the Payless Shoe Source store to the Noodle Design restaurant next to the Community Dentist of Quincy on Hancock Street. These buildings are scheduled to be demolished in the next couple of weeks.

(The photo on the above left is a view of the cut and cap operations of the existing water and sewer services. The photo on the above right shows the new landscape island in front of Alba's Restaurant.)

<https://www.quincyma.gov/mvcity/> or follow @CityofQuincy on Twitter.

Contact Patrick McCarthy for construction question's at: 781-264-4646 or email at: pmccarthy@woodardcurran.com

More obituaries
On Pages 22 - 25

M
A
Y

7

2
0
2
0

Fuel Stabilizer, Battery Charging, Tires, 'Rolling Coal'

Ask John Paul: AAA New England's Car Doctor

We were advised by the governor and the President to limit leaving our homes. I filled the tank of my car with gas. Since then I have used only about one gallon of the approximately 15-gallon tank capacity. How do I balance my desire to always have a full tank of gas with the possibility that the gas in the tank will get old if I do not drive much during this pandemic?

It takes a while for gas to get stale, but still, I would recommend adding a fuel stabilizer. You can buy fuel stabilizer at hardware or auto parts stores and you simply add it to the gas tank and take a short ride to have it mix with the fuel.

I own a 2011 Infiniti G37X Sport sedan with 150,000 miles on it. For about a year, every time I take it to the dealer, they report the rack and pinion has a fluid leak from both ends. However, the power steering fluid level remains within specifications. I took the car to another mechanic for a second opinion and he says there is no issue that requires replacement. There is no change in the driving or steering quality. The dealer quoted price for replacement is \$2,300. The car is probably only worth \$4,000 in value right now. I am not really excited about a repair bill that is more than 50 percent of the car's remaining value. What is your advice?

I'm sure the rack and pinion unit has a slight leak and that leak won't get any better by itself. That being said, if this was my car, I don't think I would do anything until you have to routinely add power steering fluid.

I have a 2019 Prius Prime (plug-in hybrid) vehicle which I have not driven for two weeks as I am trying to stay home during these times. How often should I start my vehicle? How many miles should I drive to get the most benefit to my vehicle? Should I use both electric and gas on the short drive? Which strategies are best for my plug-in hybrid vehicle?

Charging the battery periodically even using house current certainly can't hurt. As for driving the car, I would give it about 20-30 minutes of exercise every three weeks to keep all of the moving parts moving.

I just got a call from the Subaru dealer about an urgent repair/recall on the catalytic converter for my 2015 Subaru Outback. They will collect the car at the door for the service. I can't find anything on the internet about this recall and yet the phone number from which the call came seems legit. What do you know about this?

According to the NHTSA website there are currently five recalls on the 2015 Outback none are for the catalytic converter. I did see a few reports of the front exhaust pipe which is part of the catalytic converter cracking. This would be covered under the emissions warranty. Although not a recall it may be a repair that Subaru is suggesting being investigated during service. Now of course while the dealer has the car, they may suggest other work that will be needed now or in the near future.

I have a 2010 Toyota Corolla that over the winter every once in a while, water would run down near the front window post. Now that it got warmer and even after this week's downpours, no water. This was my nana's car and it only has 40,000 miles on it, and I want it to last a long time. Any ideas what is going on.

The problem may be nothing more than condensation building up behind the interior trim. In winter when the defroster is on condensation builds up behind the trim against the windshield pillar and drips. In warmer weather that doesn't happen. The repair is to remove the trim and drill a few small holes in the reinforcement vanes in the trim pieces to allow more circulation.

Is there a definitive life span for tires? My car tires are six years old, but only have 11,000 miles of usage. Does tire rubber get brittle after a certain period and should I replace six-year-old tires even with low mileage, but no other obvious deterioration?

Tires will deteriorate and crack and can be prone to failure as they age. Some vehicle manufacturers will recom-

mend tire replacement at six years old. The trade group for the tire industry - The Rubber Manufacturers Association - doesn't put a specific date on when to replace a tire. How a tire ages is somewhat determined about how the car is garaged, usage and the age of the tire when it was installed (all tires have a production date code). If this were my car, I would carefully inspect the tires for any signs of weather-related cracking and if any are noticed I would replace all four tires. In addition, if the serial numbers on the tires indicates the tires were 10 years old and this was a vehicle driven regularly, I would replace the tires.

I have a 2010 Chevy Impala; frequently I hear a noise when I turn the wheel. A Chevy dealer and independent repair shop couldn't find anything wrong. However, the problem persists. Can you help?

The good news is the repair shops didn't find anything seriously wrong. Two things come to mind. The first is that some part of the trim surrounding the steering wheel is expanding and contracting with temperature and causing the noise. The second possibility is the intermediate shaft for the steering system is the source of the noise. My suggestion is a long test drive with a technician so you can demonstrate the noise, so they hear what you are hearing.

I need collision work-dent repair performed without repainting the car. There is a large big black scratch on rear of right passenger door. I don't want to use my insurance, but I also want to be treated fairly.

I would go to a body shop (more than one) and get an estimate, so you have an idea of cost. Depending on the damage, if the factory paint isn't cracked a "paint-less dent removal" technician may be able to clean up the black paint transfer and smooth out any panel damage. This is typically much cheaper than a traditional body shop.

My 2006 Grand Marquis needs to have the climate control system fixed. When the car is running it will not stop the engine heat from coming into the car when air conditioner is turned on. I have gotten very high estimates to repair this problem. Considering the age of this car I am not sure it is worth this much repair costs. What should this repair cost? This car has low mileage and lots of life left in it.

More than likely the blend door actuator is faulty. The part isn't terribly expensive, but the repair involves almost complete disassembly of the instrument cluster/dash to replace the part which is why the repair is pricey. One other possibility, these controls are vacuum operated; if there is a vacuum line leaking or the vacuum reserve tank is faulty, the climate control system will not operate properly.

I have a 2016 Toyota Highlander with 55,000 miles on it. My Toyota Service Department is telling me that it's due for a fuel injector service which will cost \$170. Is that necessary or can I just go to an automotive store and buy a can of fuel injector cleaner to add to the gas tank to keep the injectors clean?

Fuel injectors can get dirty and clog with fuel deposits. That being said there is no place in the Toyota routine service table that fuel injector service is recommended by Toyota. If this were my vehicle, I would use TopTier fuel. TopTier fuel has additional additive mixed with the fuel to keep fuel injectors, valves and the combustion chamber clean. For a list to TopTier stations go to www.toptiergas.com.

Now with limited driving due to the recent health crisis, when do I get the oil changed on my car? Based on the driving I am doing now, it only looks like I'll be driving about 4,000 miles this year. Anything else I should do?

Most vehicles use both time and mileage to determine service. Since you are driving less, use the time measurement. As an example in my car it is recommended that I change the oil at 7,000 miles or six-months. I generally drive quite a bit, with recent changes; I will change the oil at about six months from the previous oil change. It is a good idea to also drive your car once a week or so to help keep the



JOHN PAUL
AAA's Car Doctor

battery charged, wear any surface rust off the brake system and exercise the car a bit.

I have a 2011 Chevy truck and suddenly the heater fan quit working. I usually try to fix smaller repairs like this myself and replaced the motor and checked and bypassed the resistor and still the motor doesn't turn. Any thoughts would be appreciated.

The first step is start with the basics and to check for current to the motor. In this case a volt meter may mislead you and a test light could be a better tool. The meter may show 12 volts but may not have the current necessary to run the motor. Check the under hood fuse box, where the fuse that protects the blower circuit is located. If the fuse is good, then check the power supply to the fuse. A broken or crimped wire at the firewall connection could certainly cause this problem.

I was with a group of high school kids at an event (I'm the car-pool dad) and a jacked-up diesel truck drove by and it was spewing black smoke. The kids were commenting about it "rolling coal." What on earth does that mean and what was up with this truck?

Rolling coal is a slang term for modifying a diesel engine to billow large amounts of soot by burning extra fuel. The extra fuel allows the engine to produce more power. Doing this modification violates the Federal Clean Air Act. In fact a couple of television hosts were recently ordered to pay \$750,000 in fines for modifying and selling diesel trucks that violated the Clean Air Act.

I just purchased my first new car and I love it but one thing has me concerned after a long drive when I shut the car off; it crackles like a popcorn maker. What is wrong and should I be concerned?

This is a normal occurrence, it is nothing more than the exhaust system and heat shields expanding and contracting as they cool. The exhaust pipes especially as the catalytic converter can reach temperatures of 1,500 degrees. As the heatshield around the converter cools it can make a snap crackle and popping noise.

I have a 2005 Hyundai Santa Fe and the engine has started to knock. The vehicle has 190,000 miles on it and runs great but has this slight knocking noise. I noticed most recently after I changed the oil. I have always used the correct oil and a quality oil filter. What do you think is wrong and how long can I drive it this way?

At this point you need to do a little more trouble shooting to determine where the noise is coming from. Using a piece of hose (three-foot piece of garden hose would work) as a stethoscope will help determine if the noise is coming from the top or bottom of the engine. Listen at the valve covers and the oil pan. If the noise is in the oil pan, there is most likely a worn connecting rod or crankshaft bearing. Depending on what is wrong and how you drive. I remember an older guy that I knew had a Ford F-150 with a bad rod bearing and he drove that truck (nice and easy) for years until the engine finally made so much noise it was too embarrassing to drive.

The Most Important Work You Will Ever Do

Cont'd From Page 12

full day you yourself just had? no rushing to get out of the house in the morning?

While the heaviness of sadness fills all of our hearts with the sickness and loss of lives this horrific pandemic has caused, the Stay At Home Advisory has given a bit more meaning to what it really means to stay

at home, think of this time to find within yourself and each other how absolutely important home really is.

It's what you make of it, it's the most important work you will ever do.

Julianne Galligan is a Realtor with Flavin and Flavin Real Estate, 1085 Hancock St., Quincy; 617-479-1000 or 781-292-0253.

Empowerment Grant For Small Businesses

The State Treasurer's Office of Economic Empowerment is funding the Empowerment Grant for Small Businesses to support the needs of Massachusetts small businesses during the COVID-19 pandemic. The grant application period opened today and will close on May 29, 2020.

The Office of Economic Empowerment is seeking to award small businesses in Gateway Cities across the state. The goal of the program is to stabilize and support the well-being of small businesses by providing access to capital and building financial empowerment through one or more trainings. Grants of up to \$2,500

are available and will empower small business owners to support business continuity and foster ingenuity amid the COVID-19 pandemic.

Applicants are eligible if they are considered a small business, have been in operation for at least one year, and are registered in Massachusetts. Preference

will be given to those that operate in a Gateway City. Minority-owned, women-owned, veteran-owned, and/or immigrant-owned small businesses are encouraged to apply.

To submit applications, visit: <https://www.mass.gov/how-to/the-empowerment-grant-for-small-businesses>.

OBITUARIES

Robert J. Hall Sr., 82

Robert J. "Bob" Hall Sr., 82, of Quincy, formerly of Braintree, died April 25.

He was born in Quincy to the late William J. Sr. and Mabel E. (Pratt) Hall. Mr. Hall was a graduate of Braintree High School Class of 1956.

After high school he enlisted in the United States Navy where he was awarded a Good Conduct Medal. He was so proud to be a crew member of the USS Ticonderoga (CVA-14), that he would often refer to it as "my ship." After being honorably discharged on Oct. 31, 1960 he became a reservist for 3 years.

Mr. Hall was employed as a steam engineer at the former Quincy City Hospital for 42 years and was licensed as an engineer 3rd class by the Department of Public Safety. He was the shop steward for most of his career and fought hard for employee rights. Mr. Hall was a town meeting member in Braintree for many years.

He loved telling stories about his time in the Navy, such as being an MP while stationed in California, leave time in Japan, and going "around the horn" in Panama. Mr. Hall enjoyed taking trips with his family to western Massachusetts, upstate New York, New Hampshire, and Canada. As his wife would say, Mr. Hall liked putting around. Whether it was just around the yard, meeting friends for

coffee, going out for breakfast, searching for Hall China to add to his collection, or looking for odd stuff at a yard sale, he greatly enjoyed the simple things in life. You couldn't visit Mr. Hall without playing a couple hands of rummy. He loved rummy and had an uncanny way of winning most games. Mr. Hall adored his pet bird, but more than anything else, he loved his family with all his heart. He had an undeniable charm and sense of humor that will be missed by so many.

Beloved husband of the late Alice E. (Stewart) Hall. Devoted father of Deborah Cooney and son in law John of Abington, Edith Bullard of Brockton, Karen Ruhl and her husband Keith of Sharon, Susan Buckley and her husband Mark of Weymouth, Elizabeth Cabral and her husband Gregory of Hallowell, Maine, Robert Jr. and his wife Mecca of Caribou, Maine, and the late Alice Campbell. Loving grandfather to 15 grandchildren and 17 great grandchildren. Bob was preceded in death by his siblings Barbara (Hall) Metzger, William Hall Jr., David Hall Sr., and James Hall. He is also survived by many nieces and nephews.

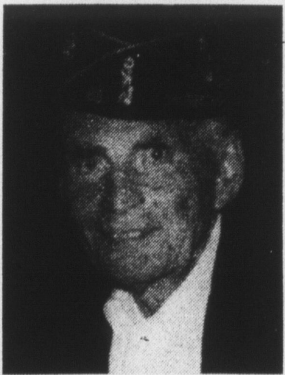
Services will be held at a later date.

Arrangements made by Clancy-Lucid Funeral Home, Weymouth.

Memorial donations may be made to Norwell Visiting Nurse Association and Hospice Charitable Fund, Hospice Services, 120 Longwater Drive Norwell, MA 02061 nvna.org/nvna-and-hospice-charitable-fund.

IN MEMORIAM

May 4, 1924 -
- May 2, 2017



JAMES M. GRALTON

Our Forever Love.
We miss you more
and more every day.

We know that you
would be here with us
today if only Heaven
were not so far away.

Love always and
forever, Mary, Robert,
Maureen, Kathryn,
Karen, Garrett,
Connor, Erin, Tim,
Bridget, Eileen, Donald,
Fallon, Grace, Robbie,
Nora. First there
were two, then there
were six, then there
were seventeen.

Gregory K. Rector, 60

Gregory Keith "Greg" Rector, age 60, of Quincy, formerly of Dorchester, died April 28 at Beth Israel Deaconess Medical Center in Boston.

Born in Boston, he was raised in Dorchester and Quincy. The son of the late Jack R. and Margaret M. (Welch) Rector. Mr. Rector graduated from Quincy High School (1978). His career was in law enforcement, as a correctional officer with the Suffolk County Sheriff's Department. Mr. Rector enjoyed his career and the relationships he built throughout the years.

In his spare time, he was a head usher at St. Mary's Parish in Quincy. He enjoyed spending time with his family and walking Wollaston Beach. He loved Dunkin', gardening, watching the Red Sox and visiting Las Vegas.

Mr. Rector was kind, loving, generous, selfless and good hearted. He will be missed by his aunts, uncle and many cousins as well



GREGORY RECTOR

as the many friends he met throughout his life.

He was the devoted brother of Robert "Bob" Rector, his wife Marie Perfetti of Braintree and Sharon Rector of Germany. He was the loving uncle of Courtney Rector of Quincy and Nicole Rector of Germany.

Funeral services will be held privately.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to St. Mary's Parish, 115 Crescent St., Quincy, MA 02169.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Richard C. Coffey

Richard C. Coffey of Braintree, formerly of Quincy, died April 28 at South Shore Hospital.

Born in Boston, he was raised in Mattapan and lived in Quincy for many years before moving to Braintree in 2003. He worked for the MBTA as a yardmaster for many years before retiring.

Beloved husband of Joan M. (Gleavy). Father of Darcy and Kellie Lamothe, both of Braintree, Richard Lamothe of Boston, and Kerri Brewster and her husband Mike of Hanover. Proud Papa of Harrison Brewster. Brother of Margaret Hartz



RICHARD C. COFFEY

of N.M. and the late Dennis Coffey. Also survived by many nieces, nephews and cousins.

Funeral services are private and a celebration of his life will be held at a later date.

Memorial donations may be made to the American Cancer Society at cancer.org.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.

Patricia Kenney LaRosa

Patricia (O'Gorman) Kenney LaRosa, a longtime resident of Quincy, died peacefully on April 25.

Born in Lowell, she was the daughter of the late Sylvester O'Gorman and Ruth (Clancy). She was the beloved wife of the late Alphonse LaRosa, and the mother of Robert J. Kenney and his wife Sheryl of Pembroke and John S. Kenney and his wife Beverly of Braintree. She was the grandmother of Ross, Cassandra, Ian, Amanda, Katherine, and Zachary.

She was a retiree of New England Telephone Co.

In light of current circumstances, services will be private with burial at

PATRICIA KENNEY
LAROSA

the Massachusetts National Cemetery in Bourne.

Memorial donations may be made to Hebrew Senior Life, 1200 Centre St., Roslindale, MA 02131.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

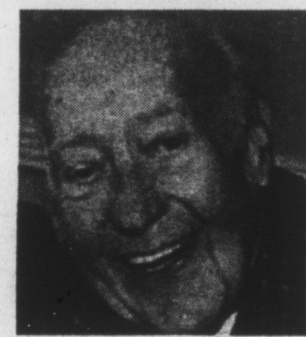
Francis J. McLaughlin

Francis J. "Frank" McLaughlin of Virginia Beach, formerly of Quincy and New Hampshire, died April 22.

The beloved husband of 66 years to the late Mary F. (McCarthy) McLaughlin. Loving father of Stephen McLaughlin of Quincy, Kevin McLaughlin of Essex, David McLaughlin of Alabama, Janice Soler of Virginia and Karen McLaughlin of Rockland. Brother of the late Ruth McLaughlin. Cherished grandfather of 11 grandchildren Ryan, Nicholas, Benjamin, Leahora, Aaron, Ashley, Marissa, Inga, Ellen, Anna and Mia.

Mr. McLaughlin was born and grew up in Cambridge. He proudly served his country in the United States Army during the Korean War. After his military service, Mr. McLaughlin began his career as a firefighter with the City of Quincy.

In his free time, he enjoyed painting, bowling, golfing, and spending time with his many New Hampshire friends getting coffee or lunch. He was an avid Red Sox fan and loved spending time with his family.



FRANCIS J. McLAUGHLIN. Together with his late wife Mary, they shared 24 years in the North Conway area of New Hampshire before moving to Virginia.

He will be remembered as a devoted husband, a loving father, a cherished grandfather, and a dedicated firefighter who will be sadly missed.

In consideration of current events and keeping in mind our number one priority of protecting our families and our community, Mr. McLaughlin's services are private.

Memorial donations may be made to Quincy Fireman's Relief Association, 40 Quincy Ave, Quincy, MA 02169.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.



"Caring for your life's journey"

- ◆ Funerals
- ◆ Cremations
- ◆ Pre-Arrangements

Service times and directions at:
www.dolanfuneral.com

THE DOLAN FAMILY
W. Craig
Paul F.
Frederick J.
Courtney

1140 WASHINGTON STREET
DORCHESTER, MA 02124
(617) 298-8011

460 GRANITE AVENUE
MILTON, MA 02186
(617) 698-6264



Over 70 Years Of
Personalized Service

SWEENEY BROTHERS

Home for Funerals, Inc.

RICHARD T. SWEENEY, JR.

FRANCIS M. SWEENEY • RICHARD T. SWEENEY III

1 INDEPENDENCE AVENUE

QUINCY, MASSACHUSETTS 02169

(617) 472-6344 • www.thesweeneybrothers.com

M
A
Y

7

2
0
2
0

Therese A. Maloney, 90

Therese A. Maloney, age 90, of Quincy, formerly of Boston, died April 26.

She was born, raised, and educated in Quincy. She was a graduate of The Woodward School, Class of 1947, and the College of Saint Elizabeth in Morristown, New Jersey, Class of 1951. She firmly believed that the education she received at these institutions was instrumental in preparing her for a lifetime of leadership.

Miss Maloney spent her professional career living in Boston's Back Bay and working for Liberty Mutual Insurance Company. She joined the company in 1951 as a ratings analyst and determinedly and steadily worked her way to increased responsibility and leadership. She was the first woman at Liberty Mutual to attain the positions of assistant vice-president, vice-president, senior vice president, and executive vice president, ultimately retiring as executive vice-president and manager of corporate underwriting and policy development. She served as one of the company's top five executives before retiring to Quincy in 1994.

Miss Maloney carried on a tradition of service and education instilled by her parents. She earned numerous professional designations during her career, including chartered property and casualty underwriter (CPCU) and associate in risk management. She was the third woman to earn the CPCU designation. In 1981, she graduated from Harvard Business School's Advanced Management Program.

Miss Maloney served on numerous boards including the Board of Directors at Liberty Mutual. She served on the Board of Trustees for many years at the College of St. Elizabeth as well as the



THERESE A. MALONEY

college's Alumnae Association Board of Directors. She also served on the board at the United Way of Massachusetts Bay and served on numerous advisory councils including at Suffolk University Business School and at The Fletcher School of Law and Diplomacy.

In retirement, she continued making use of her skills volunteering for the Executive Service Corp. advising nonprofit organizations on strategic planning. She also volunteered at The Woodward School and at her church.

Miss Maloney was recognized for her commitment to giving back by numerous organizations. She twice received the Heritage Award from the United Way of Massachusetts Bay. She received the Mother Xavier Award from the College of St. Elizabeth in 1988; this is the college's highest award given to an alumna. The college also recognized her significant contributions by honoring her with the President's Award in 1997.

Miss Maloney was key in leading a successful New England region capital campaign for the college. She was also instrumental in establishing an Endowment for Faculty Development at St. Elizabeth to support faculty sabbaticals, research, and other growth opportunities. In 2015, she was honored by her alma mater, The Woodward School, receiving the "Women of Distinc-

tion" Award in recognition of her lifetime of achievements.

Miss Maloney was a longtime parishioner of Saint John the Baptist Church in Quincy. She was a woman of deep faith. In retirement, she volunteered for the church where she especially enjoyed visiting housebound seniors to deliver to them the sacrament of the Eucharist. She was a former member of the Neighborhood Club of Quincy. She enjoyed attending family gatherings and especially enjoyed supporting the activities and accomplishments of her many nieces, nephews, and their families.

She will be lovingly remembered for her joy in celebrating Christmas and for her appreciation of the arts, particularly music.

Beloved daughter of the late F. Adele (Powers) and James H. Maloney, D.M.D. The last of seven siblings, she was predeceased by Mary A. Maloney, James H. Maloney, D.M.D., Sister Cathleen A. Maloney, S.C., Thomas M. Maloney, Sr., Esq., Richard G. Maloney, Esq., and Philip L. Maloney, D.M.D. She is survived by many loving nieces and nephews, great nieces and great nephews, and great-great nieces and great-great nephews.

In light of current events, funeral services were private. Interment took place in Mount Wollaston Cemetery.

Memorial donations may be made to the College of Saint Elizabeth, Office of Institutional Advancement, 2 Convent Rd., Morristown, NJ 07960 or The Woodward School, Attn: Development Office, 1102 Hancock Street, Quincy, MA 02169.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Anthony J. Donatella

Anthony J. "Tony" Donatella of Quincy died April 28.

Mr. Donatella was a firefighter on the Boston Fire Department and retired after 34 years of dedicated service. He was highly respected by those who worked alongside him and throughout Boston Fire. As described by his peers, Mr. Donatella was relentless and driven in his pursuit to get the job done and helped motivate others to do the same. He was extremely hard working.

If he wasn't on duty at the firehouse, you could find him working his second job repairing cars and restoring old ones, a hobby he most enjoyed. Mr. Donatella also served for the U.S. Army in Korea between 1963-1965 and was awarded badges for sharpshooting, basic MSL and good conduct. He was a mentor to many, mainly to his daughter Paula and

his son Anthony. Throughout his lifetime, those who knew Mr. Donatella have always had kind words or a fond memory to share. He will be sorely missed by all who knew him.

Son of the late Antonio and Angelina (Cocozza) Donatella. Beloved husband of 58 years to Patricia (Jansky) Donatella of Quincy. Loving father of Paula Fortin and her husband Robert of Hingham and Anthony Donatella and his wife Laurie of Somerset. Cherished brother of Mary Bertucelli

of Florida, Uncle to Anthony Bertucelli and Angela Szeher. Devoted "Papa" of Zachary and Isabella Fortin, and Brendan, Julia, and Nicholas Donatella.

A memorial service will be held at a later date.

Memorial donations may be made to the Boston Fire Department Relief Fund, 115 Southampton St., Boston, MA 02188.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.



Honor Your
Loved One's
Memory
With Flowers

cliffords.com
1.800.441.8884

Rosalie M. DiRico, 96

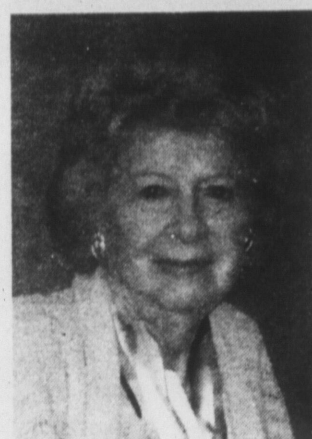
Rosalie Madeline (McWilliams) DiRico, age 96, of Quincy, passed away, peacefully April 24.

She was born on Nov. 11, 1923 in Boston, to the late John and Margaret Jane (Duggan) McWilliams. Mrs. DiRico was a graduate of Hyde Park High School, Class of 1942. She continued her studies at Bryant and Stratton College. In 1943, Rosalie went to work for New England Merchants Bank in Boston until 1949.

On Feb. 19, 1949, Rosalie McWilliams married Alfred DiRico at Most Precious Blood Catholic Church in Hyde Park. They celebrated their reception at the beautiful Hotel Somerset in Boston and then set out on a two-month honeymoon to Europe on the Queen Mary.

Mrs. DiRico had such a zest for life and brought love, compassion, and kindness wherever she went. Mrs. DiRico's greatest love was for her family, always placing her husband and children first in her life. She was a pillar of strength and always their source for encouragement. She loved dancing, social events and weekly bowling at The Neighborhood Club of Quincy with all her wonderful friends. She also loved golfing at Wollaston Golf Club in Milton. Mrs. DiRico and her husband, Fred, summered on Cape Cod and enjoyed Florida during the winter. They loved watching their favorite Boston sports teams together, as well as thoroughbred horse racing, as Fred was an owner and breeder.

Beloved wife for sixty-six years of the late Alfred "Fred" DiRico. Devoted mother of Frank DiRico and his wife Jennifer of Key Largo, Fla., Paul DiRico of Marshfield, Mark DiRico



ROSALIE M. DIRICO

and his wife Lisa of Norwell, Joseph DiRico of Quincy, John "Jack" DiRico and his wife Krista of Marshfield, Margaret Carr and her husband Chris of Wilton, Conn.

Loving grandmother of Sarah, Elizabeth, Katie and

Emily DiRico; David Kelly and his wife Lisa, and Fred DiRico; Alexandra Lescarbeau; Jack, Matthew and Cameron DiRico; Timothy and Brian Carr.

Due to the COVID-19 pandemic, funeral services were private. Interment took place at Blue Hill Cemetery, Braintree. A memorial Mass and celebration of Mrs. DiRico's life will be held at a later date.

Memorial donations may be made to Saint Mary's Church, c/o 757 Hancock St., Quincy, MA 02170.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

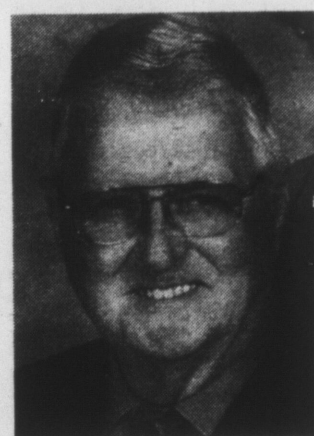
Gerald B. Ross, 87

Gerald B. Ross, age 87, of Quincy died April 30 at home.

Born in Framingham and later moved to Dorchester, Mr. Ross graduated from Dorchester High School for Boys and was a veteran of the United States Navy and served with distinction in the Korean War.

He retired as chief clerk of Conley Terminal in South Boston after 43 years of membership in the International Longshoremen's Association. Mr. Ross was a member of the Quincy Elks, the Quincy Neighborhood Club and a longtime parishioner of St. Agatha Church in Milton.

Beloved husband of 55 years to Suzanne Ross. Father of Michael Ross and his wife, Kathleen and Stephen Ross and his wife, Krista. Proud grandfather of Kaitlyn, Madeline and Brandon Ross. Brother of Char-



GERALD B. ROSS

lene McLellan and the late Charles Ross.

Funeral services will be private, and a memorial mass will be held at a later date to celebrate Mr. Ross's life.

Memorial donations may be made to the Norwell Visiting Nurses Association, 120 Longwater Dr., Norwell, MA 02161.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.

More Obituaries Online:
www.TheQuincySun.com



HAMEL-LYDON CHAPEL

& CREMATION SERVICE OF MASSACHUSETTS

Pre-Planning • Funerals • Cremations

"We are a family owned and operated business, and we take seriously the health and safety of your family and ours. We are deeply saddened by the devastating impact of COVID-19 globally and in our communities. During these challenging and ever-changing times, you can rest assured that we at Hamel-Lydon Chapel will recommend only safe and healthy options to remember and memorialize those whose families place their trust and confidence in our capable hands. As always, we will be here when you need us. Wherever and whenever that may be."

-Christopher P. Goulet & Michelle A. Lydon, Directors

(617)472-5888

650 Hancock Street, Quincy, MA 02170 • HamelLydon.com

OBITUARIES

Carol L. MacMillan, 88

Carol Louise (Salmi) MacMillan, 88, of Norton, died peacefully April 22.

Born in Quincy, she was the daughter of the late Neil Alan Salmi and the late Elvira Helmi (Newhouse) Salmi. Carol grew up in Quincy and graduated Quincy High School in 1950.

Mrs. MacMillan went to work at Raytheon in Quincy in 1951 and worked there until her retirement in 1997.

She was the devoted mother of Cynthia Ann Cavanaugh and her husband James Cavanaugh (Mansfield) and Bruce James MacMillan and his wife Elena MacMillan (Rochester). She especially adored her grandchildren, Lisa Linde and her husband Dave Linde (Needham), Melanie Wolloff and her husband Joshua Wolloff (Wrentham) and Christian Cavanaugh (Norton) and Stephen MacMillan and his wife Elizabeth MacMillan (Rochester). Her great grandchildren Anna and Paige Wolloff, Luke and Cole Linde and Haley MacMillan were her most special blessings.

She was predeceased by her husband, Albert "Scotty" MacMillan, her brother



CAROL L. MacMILLAN

Neil Salmi and her sister Lina Ehrstein.

Mrs. MacMillan moved to Randolph in 1961 and lived there until moving to Wingate Senior Nursing in 2014. She loved being a big sister, being by the ocean, going to the theater, the movies and out to eat, shopping, reading and her beloved cats and dogs including all the neighborhood strays.

A celebration of life will be held at a later date.

Memorial donations may be made to an animal shelter of your choice.

Arrangements are by the Peck Funeral Homes of Braintree and Weymouth.

Services for Mrs. MacMillan will be private, in the near future.

Elsie R. Whitman, 97

Elsie R. (Johnson) Whitman, 97, of Attleboro, formerly of Holbrook and Quincy, died May 1.

She was born in Norton to the late Ana Wright and Charles Johnson. She and her husband, Vernon, raised their family in Wollaston and owned Whitman's Auto Service, a.k.a. Trucks of Quincy, in N. Quincy. After retiring, they moved to Holbrook after and spent winters in FL with their RV and side-kick family cat, Bandit. Mrs. Whitman was a lifetime member of the First Baptist Church of Wollaston. She loved cooking, gardening, crocheting, puzzles, reading football, music, and most of all, spending time with family.

Beloved wife of the late Vernon Chipman Morse Whitman. Loving mother of Nancy Whitman McCue of Attleboro, Robert V. Whitman of Quincy, Alan L. Whitman of Hanover, and

the late Judith Ellen Johnson and Warren T. Whitman. Devoted sister of Harold Johnson of Rockland, Roy Johnson of Weymouth, and the late Walter Johnson, Earl Johnson, Annie Homgren, Marie Johnson, Jean Harris, Ethel Corliss, and Arthur Johnson. Dear grandmother of Justin, Derek, Lauren, and Tom. Also survived by many nieces, nephews, great-grandchildren, and great-nieces/nephews.

The family wishes to extend thanks to Hope Health Hospice Care for the loving care they had given Mrs. Whitman and her family during her illness over the years.

All services are private.

Interment at Knollwood Cemetery, Canton.

Memorial donations may be made to the Alzheimer's Association at alz.org.

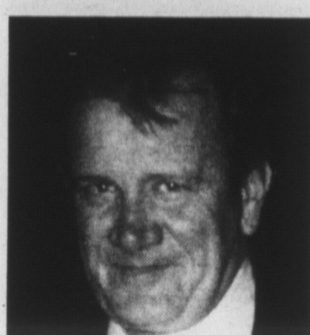
Funeral arrangements were made by Hurley Funeral Homes.

Ellwood J. Nordstrom

Ellwood J. Nordstrom of Weymouth, formerly of Quincy and Walpole, died May 1.

Mr. Nordstrom worked for Norfolk County Sheriff's Office for 20 years. He enjoyed fishing, model trains and spending time with family. He especially loved watching his grandsons play sports. He will be deeply missed.

Beloved husband of the late Janice (Bevilaqua) Nordstrom. Devoted father of Ellwood J. Nordstrom, Jr. and his wife Lori of Weymouth. Step-father of Tracy Landers of Quincy, Laurie Lambert of Quincy, Patrick Donovan of Quincy and the



ELLWOOD J. NORDSTROM

late Mark Donovan. Loving brother of Earling Nordstrom of FL and Christine Vlugt of CA. Cherished PA to 10 grandchildren.

Funeral arrangements were made by McDonald Keohane Funeral Home, Weymouth.

Robert N. Mood, 76

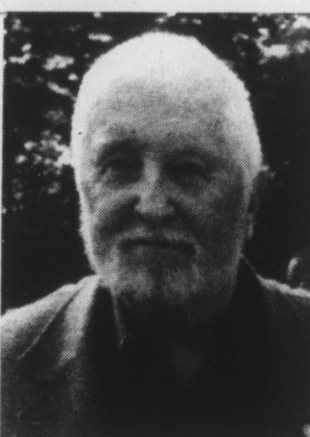
Robert N. Mood, Lieutenant, Quincy Fire Department, Retired, age 76, a longtime resident of Quincy, died peacefully April 28 at Brigham and Women's Hospital in Boston.

Born in Boston, to the late Lewis N. and Marion G. (Goreham) Mood, he was raised and educated in Dorchester and Quincy. Mr. Mood was a graduate of Quincy High School, Class of 1964. He had attended the former Vesper George School of Art in Boston and received an Associate's degree from Bunker Hill Community College. He had lived in Quincy for most of his life. As a child, he spent his summers in Nova Scotia.

Mr. Mood served in the U.S. Navy as a machinist's mate petty officer third class during the Vietnam era. His last duty assignment was aboard the USS Brownson (DD-868). He received the National Defense Service Medal and Vietnam Service Medal with Bronze Star. He retired after 28 years in the Navy reserves a senior chief petty officer.

He was proud to have served as a lieutenant in the Quincy Fire Department. Mr. Mood was appointed to the department on April 29, 1970, promoted to lieutenant on Oct. 24, 1992. He retired on July 26, 2002 after thirty-two years of service. He also authored "A History of Municipal Fire Protection in the City of Quincy" published in 1976.

He was a talented musician and played many instruments, including the bagpipes. Mr. Mood enjoyed history, genealogy, and his time working as EMS for the Red Sox. He was also an artist who made many paintings and drew the yearly fire retirement banquet poster. He loved spending time with his children, grandchildren, as well as his family in Nova Scotia. Bob was an



ROBERT N. MOOD

active member in most bodies of Freemasonry as well as the Odd Fellows.

Mr. Mood had a great sense of humor and would often speak of the time he made the Queen of England laugh. He would tell everyone about how the "Queen told me I was all wet" from waiting outside to meet her. Mr. Mood traveled the world and had many great stories. He had a knack for telling a story so well, it would feel like you were there when it happened.

Beloved husband of the late Carmela (Durante) Mood. Devoted father of Vincent L. Mood of Quincy, Regina M. Mood and her partner James Cushing of Hanover, Robert N. Mood, Jr. and his wife Jennifer of Holbrook, and Nicholas D. Mood and his wife Jana of Quincy. Loving grandfather of Kevin, Molly, Emma, Jack, Erik, Emma, Cole, and Felicity. Dear brother of the late Ray Goreham. He was also survived by many nieces and nephews.

In light of current events, funeral services were private. A memorial service will be celebrated, and military honors will be rendered, at a later date.

Memorial donations may be made to the Last Call Foundation by visiting lastcallfoundation.org

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Filomena Ricci, 100

Filomena "Fanny" "Fil" (Sabatini) Ricci, age 100, a longtime resident of Quincy, died peacefully April 29 at Hancock Park Rehabilitation and Nursing Center.

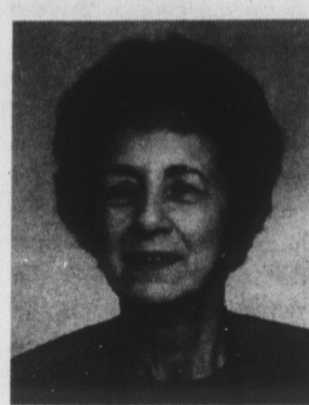
Born in Everett, to the late Daniele and Luisa (Marcelli) Sabatini, she was raised there and was a graduate of Everett High School, Class of 1937. She had lived in Quincy for most of her life.

Mrs. Ricci was a homemaker but had also worked at the former Hart's Jewellers in Quincy Square where she was a popular sales representative and buyer for many years.

She was a longtime parishioner of Saint John the Baptist Church in Quincy. She was member of the former Saint John's Ladies Sodality, the bowling league, and the M3 senior citizens group.

She was devoted to her family and was well-known for her cooking and baking skills.

Beloved wife of the late Nando Ricci. Devoted mother of Rhoda A. Hagan and her husband F. Thomas of East Falmouth, Diana L. Christian and her husband Howard of Braintree. Loving grandmother of Cheryl Ann Hagan Aruda of Everett, Linda Marie Hagan of Falmouth, Kara Marie



FILOMENA RICCI

Trokey and her husband Matthew of New York, and Damien H. Christian of Cambridge. Cherished great grandmother of Eloise Christian Trokey.

The last of three siblings, Mrs. Ricci was predeceased by Mary Cipriani and Joseph Sabatini. She is also survived by several nieces, nephews, and their families.

In light of current events, funeral services were private. Interment took place at Blue Hill Cemetery, Braintree. A memorial Mass and celebration of Mrs. Ricci's life will take place at a later date.

Memorial donations may be made to the Activities Fund at Hancock Park, 164 Parkingway, Quincy, MA 02169.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, MA 02169.

Paul J. McMahon

Paul J. McMahon, of Quincy, died unexpectedly at home on April 5.

Mr. McMahon and his family moved to Quincy from Randolph when he was three years old. He graduated from North Quincy High School in 1979 and Massachusetts Maritime Academy in 1983. Mr. McMahon served in the Naval Reserves and retired from Sarnafil in Canton.

He was a member of the Massachusetts Maritime Academy Alumni, and he supported ChildFund International, he enjoyed skiing and was an avid sports fan. Mr. McMahon was a devoted parishioner at St. Ann's Church in Quincy. He was a wonderful son, brother, uncle and friend. He will be sadly missed by all who knew him.

Loving brother of Kevin F. McMahon and his wife Joan of Bedford, NH, Stephen A. McMahon of Weymouth, Brian J. McMahon of Meriden, NH, Gerald R. McMahon of Weymouth, and Carol J. Morin-Dragon and her husband Donald Dragon of Daytona Beach, FL. Paul was predeceased by his parents, Arthur and Joan (Cronin) McMahon and his sister Kathleen M.



PAUL J. McMAHON

Mormino. He is also survived by his brother-in-law Kevin Mormino, several nieces, nephews, grandnieces, grandnephews, cousins, and by his aunt Maryellen Monteith and her husband William.

Services will be held at a future date.

Memorial donations may be made to the charity of your choice or to the Massachusetts Maritime Academy Sea Term Scholarships in memory of Paul McMahon '83. MMA donations can be made online at maritime.edu/give or mailed to: Advancement Office, MMA, 101 Academy Drive, Buzzards Bay, MA 02532.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

In loving memory of
DR. BRUCE ELLIOT FISHMAN

on his birthday
May 9, 2020
who passed away
peacefully at home
on Jan 17, 2020.

To live in the hearts
of those we love
is never to die.

Deeply missed by family & friends.

MAY

7

2020

OBITUARIES

Daniel F. Dennehy Jr.

Daniel F. Dennehy Jr. of Quincy died May 1.

Beloved husband of Bernice Hannan of Quincy. Loving father of Amanda Dennehy. Cherished grandfather of 5 grandchildren in N.S., Canada. Son of the late Daniel F., Sr. and Gertrude Dennehy. Loving brother of 10 siblings and the late Joanne Hadayia. He also leaves many nieces and nephews and 4 step children.

Mr. Dennehy served honorably in the U.S. Army. He volunteered for many years at the many V.A. hospitals. He was a long-time member of the Elks and American Legion Post. He was a graduate of B.C. High and UMass Boston. Mr. Dennehy worked for State Street Bank and latter was a coun-



DANIEL F. DENNEHY JR. selor for Nin Fen Corp and CASCAP Inc.

He was a very honorable man who strongly lived his faith daily.

Due to current health conditions services will be private. A Mass of Christian Burial will be performed at a future date to be announced to family and friends.

Funeral arrangements were made by Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.

Lucille M. Baker, 88

Lucille M. "Lucia" (Vitulano) Baker, age 88, of Rockland, formerly of Weymouth and Quincy, died peacefully April 27 at South Shore Rehabilitation & Skilled Care Center.

Born in Quincy, to the late Salvatore and Annina (Paglione) Vitulano, she was raised and educated there. Mrs. Baker was a graduate of Quincy High School. She had lived in Rockland for the past few years, previously in Weymouth for twenty years, and prior to that in Quincy.

Mrs. Baker was a homemaker who was devoted to her family. She was well-known for her cooking and enjoyed gardening and flowers.

Beloved wife of the late Norman R. Baker. Devoted mother of Patricia L. Logan and her partner David Sansone of Holbrook, Lisa M. Megna and her husband Peter of Florida, and James

C. Shea of Arizona. Loving grandmother of Jennifer Maranda, Matthew Cedarquist, Raven Megna, Tristan Megna, Seamus Shea and Shannon Shea. Cherished great-grandmother of Cain Maranda, Kai Maranda, and Nicholas Firmo.

One of nine siblings, Mrs. Baker is survived by Michael Vitulano of Quincy, Mary Carter of Hanover, Frances Kennedy of Quincy and Eleanor Grozinger of Quincy. She is also survived by many nieces and nephews.

In light of current events, funeral services were private.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy, MA 02169.

Quincy Point Congregational

Quincy Point Congregational Church invites the public to join for a virtual worship each Sunday at 10 a.m.

Every week features special music by section leaders, the director of Music, Jeanne Lucas and Jonathan Roberts as accompanist.

Online go to Facebook or YouTube and search for Quincy Point Congregational Church. You can also visit the worship link at www.quincypointcong.org.

On TV, if you have Xfinity or a smart TV, press your voice remote and say, "Quincy Point Congregational Church on YouTube." Worship is also broadcast on Wednesdays at 6 p.m. on Quincy Access TV- Channel 8. Log in or tune in, watch,

listen and sing along.

The church office will remain open, Monday through Friday from 9 a.m. to 2 p.m. Call or email the church if you have any concerns or questions.

If you are on social media (Facebook, Twitter or Instagram), check out the new daily motivation series with youth group leader Angelina DeCristofaro. Each day there is a new post or video to inspire you. #dailymotivationswithAngelinaD.

The church is also collecting photos for a daily social media pictorial series #signsofifeandhope. If you take a photo that you would like to share, send it to office@quincypointcong.org along with a short description if desired.

Laura M. Pacini, 85

Laura M. (Amadei) Pacini, age 85, of Whitman, died May 3, 2020.

Mrs. Pacini grew up in the South End of Boston and, throughout her life, family was always first. She was an amazing cook and made everything from scratch, including her pasta. Anyone that knew Mrs. Pacini, knew about her love for ice cream.

She was the beloved wife of the late Giovanni L. Pacini. Loving mother of Giovanni A. Pacini, Jr. and his wife Christine of Squantum; Gina M. O'Neil and her husband Michael of Stoughton; and Mario Pacini and his wife Barbara of Foxborough. Proud "Grandma/Mimi/Ma" of Nicholas, Olivia, Chiara, Marco, Juliana, and her step grandsons, Daniel and Javier. Loving sister of Anna Zanelli of Quincy. Aunt of Marco Zanelli. Laura and her husband were lucky to be part of a group of life-



LAURA M. PACINI

long friends, affectionately known as "The Gang."

Mrs. Pacini's family will have a private viewing and service at this time. A memorial funeral Mass will be celebrated in the future at Sacred Heart Church in Weymouth for all to attend.

Memorial donations may be made to the MA COVID-19 Relief Fund c/o Foundation for Business Equity, 265 Franklin Street, Box 304, Boston MA 02110.

Funeral arrangements were made by McDonald Keohane Funeral Home, Weymouth

Louise A. Knowles, 91

Louise A. (DiGiulio) Knowles, 91, of Weymouth, died in her home with her family by her side on May 1.

She was born and raised in Quincy by the late Nicholas and Maria DiGiulio. Mrs. Knowles later became a longtime resident of Weymouth where she raised her family. She was an avid reader, enjoyed working on crossword puzzles and was a loyal Patriots fan. She loved to spend time with her family, her sisters were her lifelong best friends.

Beloved wife of 49 years to the late W. John Knowles. Devoted mother to Diane Fardy and her husband Tom of Plymouth, Scott Knowles and his wife Christine of Abington and Gayle Maglio and her husband Donald of Abington. Cherished sister and best friend to Alice Jacobson of Weymouth and the late Virginia Merluzzo and Eleanor Leary. Proud grandmother of Hayley Saunders and her husband Christopher of Hanover,



LOUISE A. KNOWLES

Marykathryn McLaughlin and her husband Matthew of Whitman, Alexandra Knowles of Abington and Erica Knowles of Boston and great grandmother of Lucas, Logan, Landan, Louis and Leo McLaughlin and Fintan, Maeve and Addison Saunders. Also survived by many nieces and nephews.

Funeral arrangements were made by McDonald Keohane Funeral Home, Weymouth.

Memorial donations may be made to Hospice of the South Shore, 30 Reservoir Park Dr., Rockland, MA 02370 or to South Shore Health, 55 Fogg Rd., Weymouth, MA 02190.

First Baptist Church Of Wollaston Remote Worship Service

First Baptist Church of Wollaston, 81 Prospect Ave., Quincy, offers an online remote worship service.

Pastor David Choi will preach his sermon: "Honor our Parents" (Deut 5:16).

The online dial-in/web meeting weekly schedule is:

- Sunday 10:30 a.m. - Worship Service
- Tuesday 6:30 p.m. - Fellowship/Sharing and Prayer Time

- Wednesday 6:30 p.m. - Community Group Meeting - Gospel of John
- Thursday 6:30 p.m. - Bible Classes - Epistle of Paul to Romans
- Friday 11 a.m. - Prayer

Group Meeting

Go to the Home page of the church website: www.firstbaptistchurchofwollaston.org/ to join the online Sunday worship service and activities.

Jimmy Coughlin Qualifies For Ballot For Norfolk County Sheriff

Jimmy Coughlin, a retired State Police detective captain running for Norfolk County sheriff, has officially qualified for the ballot after collecting nearly double the 1,000 signatures required.

Coughlin, a Dedham Democrat, said in a campaign press release:

"I am so honored that during these incredibly challenging times, well over one thousand neighbors in Norfolk County signed our nomination papers. As a retired public safety professional, my top priority is

the health and safety of our communities, which is why we accomplished our signature collection in a manner that complied with social distancing and all other health directives."

Coughlin continued:

"As we've shifted our priorities from door-knocking to directly calling voters, the message we're hearing is clearer than ever - residents of Norfolk County want a law enforcement professional in charge of this important public safety position. Right now, we

need to ensure that our Corrections Officers, staff, and inmates have the necessary protections from COVID-19 in our jails and correctional facilities. That means providing proper PPE, prioritized (and regular) testing, transparency in reporting of cases, and working closely with those on the front lines to provide them with the appropriate resources."

Coughlin served with distinction on the Massachusetts State Police for 29 years, starting as a trooper in uniform, and being pro-

moted up the ranks to detective captain, where he held several management positions.

Coughlin is a dedicated member of his community - coaching youth hockey and little league baseball and is a member of the Sons of the American Legion Post #18 in Dedham. Coughlin is a lifelong resident of Dedham where he and his wife, Leslie, raised their four children. Coughlin is a graduate of UMass Amherst and has a Master's Degree in criminal justice from Anna Maria College.

INVITATION TO BID

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:
POLICE DEPT. (1)YAMAHA F300UCA and (1) YAMAHA LF 300UCA MAY 21, 2020 @ 11:00 A.M.
Four Stroke Outboard Motors (V6 4.2L "Big Bore" Offshore Series Motors) Current model year.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked "BID ENCLOSED" with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R. Bidder must abide by the prevailing wages as established by the Massachusetts Department of Labor and Industries, if applicable.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, Mayor
Kathryn R. Logan, Purchasing Agent

5/7/20

\$23 Million Quincy College Budget Approved

Cont'd From Page 3

the fall semester, but Asquino said everything could be moved online "very, very

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P0954EA

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Also Known As:

Brooks S. White
Brooks Spaulding White

Date of Death:

February 27, 2020

To all interested persons:

A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Cambridge Trust Company of Boston, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Cambridge Trust Company of Boston, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 06/03/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: April 28, 2020

PATRICK W. McDERMOTT
Register of Probate

5/7/20

quickly" if necessary.

In addition to passing the college's budget for the upcoming fiscal year, the college governors unanimously approved a three-year contract with Richard DeCristofaro, the school's incoming president. DeCristofaro has been the superintendent of the Quincy Public Schools since 2001.

Taggart Boyle, a spokesman for the college, said

details of the contract were still being finalized the day after the meeting, but DeCristofaro's contract would be for three years with a \$285,000 salary. DeCristofaro's current salary with Quincy Public Schools is \$247,100.

DeCristofaro will officially take over as the college's president on June 13. He thanked the board members for their support after they approved his contract.

"I just want to thank you so very, very much. The trust and confidence you've placed in me is so humbling," DeCristofaro said.

"I'm looking forward to

the challenges, and I know there are many ahead, but I'm also looking forward to the successes. I promise you no one will work harder for or be more dedicated to this college and its mission than this president."

Asquino, the school's interim president, said he

had met with DeCristofaro three times since the Board of Governors voted to hire DeCristofaro on April 9. The two had discussed the college's finances, among other topics.

"The presidential transition seems to be going well," Asquino said.

AAA: Gas Prices Remain Same

Gasoline prices in Massachusetts remain the same this week, according to AAA Northeast.

AAA Northeast's May 4 survey of prices in Massachusetts finds self-serve, regular unleaded averaging \$1.90 per gallon. Massachu-

setts's price is twelve cents above the national average of \$1.78. A year ago at this time, the average price in Massachusetts was 94 cents higher at \$2.84 per gallon.

"As some states begin to re-open businesses, those states will likely see demand increase and pump prices will likely follow suit," said Mary Maguire, Director, Public and Legislative Affairs.

The range in prices in the latest AAA survey for unleaded regular is 95 cents, from a low of \$1.44 to a high of \$2.39. AAA advises motorists to shop around for the best prices in their area. Remember to slow down and move over for any emergency vehicles on the side of the road.

LEGAL NOTICE

NOTICE AND ORDER:

Petition for Appointment of Guardian of a Minor
Docket No. NO19P1883GD

Commonwealth of Massachusetts

The Trial Court

Probate and Family Court

Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021

In the Interests of: John J. Harper
of Quincy, MA
Minor

NOTICE TO ALL INTERESTED PARTIES

1. Hearing Date/Time: A hearing on a Petition for Appointment of Guardian of a Minor filed on 07/29/2019 by Brittany M. Martinelli of Quincy, MA will be held 05/14/2020 3:00 PM Pretrial Conference - Probate and Guardianship.

Located Norfolk Probate and Family Court, Canton, MA
2. Response to Petition: You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to: File the original with the Court; and Mail a copy to all interested parties at least five (5) business days before the hearing.

3. Counsel for the Minor: The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

4. Counsel for the Parents: If you are a parent of the minor child who is the subject of this proceeding you have a right to be represented by an attorney. If you want an attorney and cannot afford to pay for one and if you give proof that you are indigent, an attorney will be assigned to you. Your request for an attorney should be made immediately by filling out the Application of Appointment of Counsel form. Submit the application form in person or by mail at the court location where your case is going to be heard.

5. Presence of the Minor at Hearing: A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.

ORDER TO PETITIONER(S)

IT IS ORDERED THAT copies of this Notice and the Petition for Appointment of Guardian of a Minor be served in hand on the minor, (if 14 or more years of age and not the petitioner), the guardian, the parents of the minor, and any other person if ordered by the Court, at least fourteen (14) days prior to the hearing date listed above. **Service must be made by sheriff, constable, or other person approved by the Court.**

If Service in hand cannot be accomplished on any interested party, IT IS ORDERED that copies of this Notice and the Petition for Appointment of Guardian of a Minor be served on the interested party by leaving at and mailing by regular first class mail to last and usual place of residence of the interested party at least fourteen (14) days prior to the date of hearing listed above.

If the identity or whereabouts of an interested party is not known, IT IS FURTHER ORDERED that copies of this Notice and Petition for Appointment of Guardian of a Minor be served on all interested persons at least fourteen (14) days prior to the hearing date by mailing first class mail and by publishing a copy of the Order and Notice once in The Quincy Sun, Quincy, MA publication to be at least Seven (7) days prior to the hearing date.

If required, service on the United States Veteran Administration and the Department of Children and Families may be accomplished by regular first class mail at least Seven (7) days prior to the hearing.

THIS IS A LEGAL NOTICE: An important court proceeding that may affect your rights has been scheduled. If you do not understand this notice or other court papers, please contact an attorney for legal advice.

Date: February 26, 2020

PATRICK W. McDERMOTT
Register of Probate

5/7/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P0964EA

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Carolyn Marie. Bowe

Tahmash-Runstetter

Date of Death:

February 3, 2020

To all interested persons:

A Petition for Formal Appointment of Personal Representative has been filed by Walter R. Runstetter of Hot Springs, AR requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Walter R. Runstetter of Hot Springs, AR be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 06/03/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: April 29, 2020

PATRICK W. McDERMOTT
Register of Probate

5/7/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO19P1404EA

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Kathleen S. Ridge

Date of Death:

February 23, 2019

To all interested persons:

A Petition for 2nd Amended Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Stephen A. Ridge of Quincy MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Stephen A. Ridge of Quincy, MA be appointed as Personal Representative(s) of said estate to serve With Corporate Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 06/03/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: April 30, 2020

PATRICK W. McDERMOTT
Register of Probate

5/7/20

M
A
Y

7

2
0
2
0

CLASSIFIEDS

SERVICES	SERVICES	SERVICES	SERVICES	SERVICES	SERVICES
DERRICKS PAINTING <i>When Quality Counts</i> Interior/Exterior Home Repairs Gutter Cleaning References Available 617-851-1688 Licensed/Insured 5/28	ACE WATERPROOFING INC. All Construction Exteriors 35 YEARS EXPERIENCE Licensed and Insured acewpinc@yahoo.com Masonry Waterproofing Roofs Call Jim Healy 617-230-4156 6/4	KERRY CONSTRUCTION INC. CARPENTRY, GUTTERS, DECKS REPLACEMENT WINDOWS & DOORS SHINGLE & RUBBER ROOFS FULLY INSURED & LICENSED JIM AT 617-825-0592 9/3	(QUINCY ONLY) Spring Special - Save Up to *50% Off (*Labor Only) Senior Discount 10% Pratt & Son, Inc. Roofing, Siding, Windows, Doors & More! PRATTANDSON.COM Steven L. Pratt President Cell: 508.857.9307 Office: 781.326.4144 CSL #033706 HIC #100046 5/14	T & M Landscape • Spring & Fall Cleanups • Power Washing • Lawn Mowing Services • Yard Mulching • Bushes & Trees Trimmed <i>Free Estimates</i> 617-733-4554 ~AFFORDABLE RATES~ 12/24	
Window & House Cleaning Dust - Vacuum, Etc. Yardwork - Painting Assembly - Chores By Keenan A Houghs Neck Homeowner 617-773-1084 6/18	GENERAL CONTRACTING • Carpentry • Roofing • Siding • Windows • Painting • Bathrooms Also, Handyman Jobs - Great References - Call 617.980.6558 7/16	 PLEASE RECYCLE THIS NEWSPAPER	 Riley Construction Commercial & Residential Roofing All Phases Windows and Gutters Quincy, MA 02169 (617) 472-3335 rileyconstruction@live.com Licensed & Fully Insured Mass Reg #138824 Free Estimates 10/8	J.F. ROOFING Co. QUINCY, MA • Shingles • Rubber • Slate • Copper 2/18 • Vinyl Replacement Windows (617)471-8216	
SERVICES Kevin O'Connell • Landscaping • Gardening • Plantings • Premium Mulches Installed • Home Caretaking 617-922-0034 7/23	FOR HIRE Garages, Decks, Pools, Hot Tubs Taken Away Interior Guts, Rubbish Piles, Green Bagsters Emptied DUMP TRUCK WITH LIFTGATE HOURLY RATES <i>"Your Trash Is My Ca\$h"</i> 617-479-5410 5/21	FOR SALE FOR SALE: Privacy Hedges -SPRING BLOWOUT SALE 6ft Arborvitae Reg \$179 Now \$80 Beautiful, Nursery Grown. FREE Installation/ FREE delivery, Limited Supply! ORDER NOW: 518-536-1367 www.lowcosttreefarm.com	DG'S YARD MAINTENANCE • LAWN MOWING • Mulching, Weeding & Edging • Small Tree Removal • Hedge & Shrub • Overseeding/Sod • Trimming or Removal • FULLY INSURED • Rototilling & Dethatching <i>Serious about Service... Reasonable Rates</i> CLEAN-UPS 617-786-9558...FREE ESTIMATES 11/25	HALLS FOR RENT MORRISETTE LEGION POST 81-83 Liberty St., Quincy Function Hall Available Call for Details 617-770-4876 Internet Capable • Weddings • Showers • Christenings • Meetings After Funeral Gatherings TF	

Want to pick up a copy of The Quincy Sun?

Here are stores in Quincy that sell it on their newsstands:

GOODIE'S STORE 1250 Hancock St., Presidents Place	DAILY MART 291 Quincy Ave.	COPELAND LIQUORS 273 Copeland St.	MULLANEY'S VARIETY 205 W. Squantum St.
NEW STORE ON THE BLOCK 1183 Hancock St., Quincy Ctr. T Station	ROCHE BROTHERS The Falls	7-11 Copeland St.	STOP & SHOP 65 Newport Ave.
HANCOCK MARKET 5 Cottage Ave.	WALGREENS 418 Quincy Ave.	JOE'S PLACE 260 Centre St.	7-11 363 Hancock St.
MIGNOSA'S FRUIT BASKET 138 Granite St.	ARTERY GROCERY 1000 Southern Artery	CORNER FOOD MARKET 1060 Hancock St.	WALGREENS 324 Hancock St.
STAR MARKET 130 Granite St.	7-11 495 Washington St.	200 FOOD MART 200 Sea St.	SAM'S VARIETY 125 Billings Rd.
WALGREENS 132 Granite St.	DAIRY FARM 330 Washington St.	ADAMS SHORE SUPERMARKET 494 Sea St.	LUCKY'S WINE & LIQUOR 66 Newbury Ave.
HANCOCK PARK LOBBY SHOP 164 Parkway	7-11 230 Washington St.	PALMER STREET MARKET 231 Palmer St.	5 CORNER FOOD MART 163 Newbury Ave.
FRANKLIN ST. BP 60 Franklin St.	STOP & SHOP Southern Artery	BERNIE'S GENERAL STORE 1147 Sea St.	ATLANTIC MARKET & LIQUORS 247 Atlantic Ave.
7-11 78 Franklin St.	CVS Southern Artery	WEST ELM VARIETY 139 W. Elm Ave.	CARMINE'S CAFE 69 Huckins Ave.
SHOP N SAVE LIQUORS 20 Independence Ave.	WALGREENS 550 Adams St.	7-11 721 Hancock St.	7-11 751 E. Squantum St.
ADAMS VARIETY 22 Independence Ave.	7-11 650 Adams St.	BEALE ST. NEWS AND TOBACCO 17 Beale St.	LUCKY SHAMROCK 265 Beale St.
DONUT + DONUTS + MUFFINS 33 Scammell St.	7-11 678 Adams St.	CVS 42 Beale St.	ANDRE'S STORE 20 Brook St.
PRESIDENTIAL LIQUORS 25 Scammell St.	VILLAGE COMM. MARKET 100 Willard St.	COFFEE BREAK CAFE 12 Old Colony Ave.	EVEREST MARKET 121 Standish Ave.
	GRANITE MART 308 Willard St.	SUPREME LIQUORS 615 Hancock St.	QUINCY MARKET 33 Washington St.

The Quincy Sun CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169

PAYABLE IN ADVANCE. Payment must accompany order.

RATES

- | | |
|-------------------------|---|
| 1 WEEK | ☐ \$9.00 for one insertion, up to 20 words, 10¢ for each additional word. |
| 2-4 WEEKS | ☐ \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word. |
| 5-10 WEEKS | ☐ \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word. |
| 11 WEEKS OR MORE | ☐ \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word. |

☐ Enclosed is \$ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

Dear Mom,

*With Mother's Day approaching great memories
come to mind of your unconditional love.*

*You cooperated with our Creator and gave me life.
You fed me, clothed me, and held me when
I was sick.*

*You brought me to school on the first day
and made my lunches.*

*You helped me with my homework (especially spelling),
and you helped me learn how to ride a bike.*

*You taught me the importance of family, how to be a loyal friend, and to help others
in need.*

*You and Dad gave me the gift of faith – a belief in God and an appreciation of His
love for us.*

*I remember you and pray for you everyday and I know from your
place in Heaven you are praying for us.*

*On behalf of your eight children,
16 grandchildren and 16 great
grandchildren
– Thank you!*

*Love,
Tom*



Mayor Tom Koch with his mother
Simone Koch.

*It is in that spirit I wish all mothers a
Happy Mother's Day!*

Mayor Tom & Christine Koch

M
A
Y

1
4

2
0
2
0